



Berlin

EDM Service Learning Days

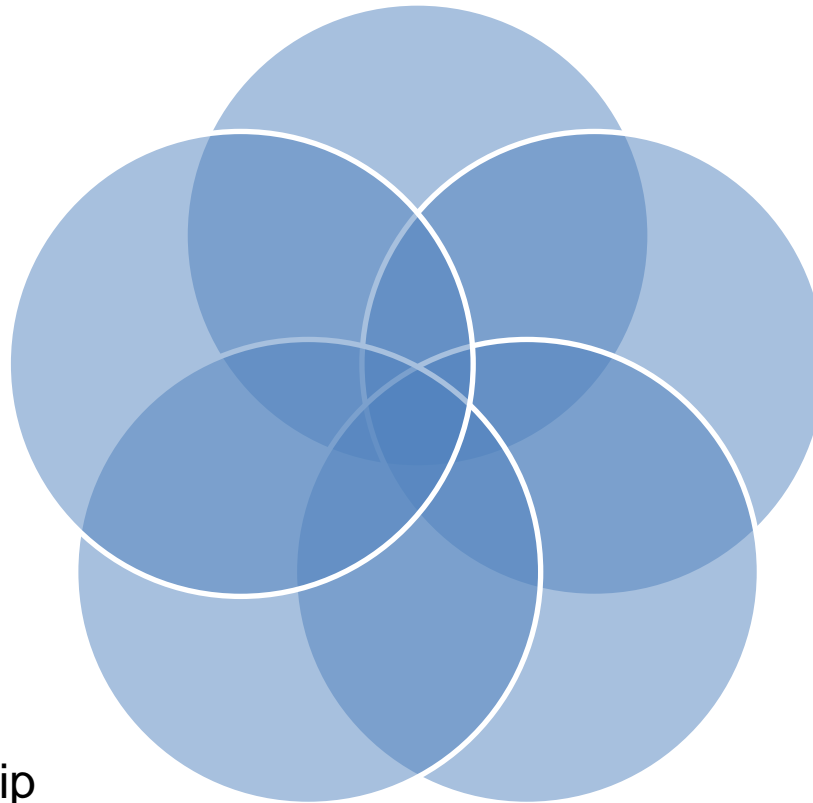
Topics

- Concepts
- Building Strong Home groups
- Tradition Book
- Take care while in service
- Fellowship Development/Outreach
- Consensus Based Decision Making

Concepts

receiving regular communication

Personalities & egos
may come before
principals.



Example/not ego.
Leaders needs to be
humble, listening,
participating. We all
can be leaders.

Enthusiasm is
important. spiritual
principles, focused on
the task

Support & mentorship

Common welfare is
the main issue.

- Service keeps you clean.
- Newcomer group helps leadership grow
- Old timers lead by example.
- Service helps the members and the whole group grow.
- 4th Concept: Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.

Building Strong Home groups

- positive message
- newcomers tag
- hug and a welcome pack
- Keep coming back & don't use for today
- keep it simple-don't confuse them with insights and complicate the programme.
- sharing about something negative= feel bad, a new comer may be discouraged by, but in the sharing there may then be a positive part in the message by adding the worse day in recovery is better than the best day in addiction

How strong home groups operate

- Safe & Positive
- Teaching principles
- Self support
- Good public relations
- Encourage diversity
- Nurture all members

Traditions Workshop

Tradition 9: *NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.*

Accountability-how it connects to the concept of all members being involved-direct responsibility to who they serve-what does it mean-we do things through a committee, not on our own-any member can ask the committee for clarification/why did you do this come to that conclusion-Area.

Questions for NA Tradition Workbook

What would be a good question that would be really useful regarding responsible to those they serve: “Give an example of your own experience when you did (didn’t) act responsibly to those you were serving”

Outreach/Fellowship development

Wonderful things happen when we reach out

“That first meeting was the first time in a long time that someone treated me like a person, and not like a problem or a project“ !

Living Clean page. 128

What does outreach mean?

- Asking for help
- Improving the unity
- Position area for reaching out
- Being proactive
- Offering help from area
- Mentoring and doing it as part of the program-service sponsorship?
- To be willing to help
- Finding isolated members

Who needs us to reach out in our local communities?

- Both addict and Non addicts - through PR getting the message out
- Communities that don't have an established Na and ones that do
- Whoever is missing
- Quality of reaching out
- Minority cultures
- Unity and Service for the groups that need support

How can we do this?

- Travel to a meeting that is lacking members and support
- Gathering information from local meetings, find out how they are doing
- Attending a meeting that hasn't been at area
- Support troubled group until they resolve their issues
- Have a point person to organize trips to groups that need support-Outreach Chair
- Have PR
- Reaching out in different areas

Consensus Decision Making

- Problem-solving, cooperative
- Multiple concerns and info can be considered
- Active listening and sharing information.
- Each speaker is fully heard.
- Differences resolved by discussion.
- Facilitator articulates the sense of the discussion.
- Group as a whole is responsible for the decision, and the decision belongs to the group.
- Facilitator can discern if a minority concerns' warrant a delay in a decision.
- Perspectives are embraced and incorporated into decisions.