

## **August Minutes 2013 (Lorraine & Regina)**

**Attendance:** Lorraine chair, Colin Waterford GSR, Jamie C Waterford, John o C treasure, Conor C PR chair, Marsha literature, Jonny GSR Clonmel, Peter ASR, Tomas GF GSR, John Dominican Sat GSR, Colin P Waterford GSR, Marian Solas & Events Chair, Kathryn B Waterford GSR (new meet at Edmond Rice) Jamie C. Waterford, Tony K. Home group member Dominican, Peter ASR, Damien D. GSR Limerick, Sean H. GSR Fermoy, Seamus O'D. GSR Skibbereen,

**Apologies:** Pam, Pat, Jenni. Danjoe, Regina, Dee

## **Elections:**

Electing a new chair for conventions was discussed in Any Other Business.

## **Sub Committee Reports.**

**Chair expenses** €10.00

**Public relations:** Conor C.

Community public info meeting held in ex prisoners project "UCASADH" in Waterford.

Thanks to Colin P, Keith F and Mark R for their continued support.

Face book advertising total € 108.95

Anyone needing to contact Conor to organise events in their area please contact him on

**0851630753**

**Outreach:** Lisa R.

No report

**Phone:**

**Literature:** Marsha

**H&I:** Danjoe

**Bruee**

Sec: Tom R, Damien D.

Speakers: Tristan, Martin, Alan J, Tom H

No. meetings: 2

Expenses: €10

Group Report: all going well

**Tabor Lodge**

Group Report: Orla J had to step down as secretary Aiden K is new secretary

**Mid-Western Regional Hospital**

Sec: Alan J

Speaker: Tom H

No. meetings: 1

Expenses: €10

Group Report: all going well

**St Michaels**

Sec: Jerry L, Sean D

Speakers: Dara D, Lee

No. meetings: 2

Group Report: all going well

**Farannes Cuan Mhuire**

Sec: Emer W

Speakers: Michelle, Aoife N

No. meetings: 1

Expenses: €10

Group Report: needs female speakers with 6 months clean time.

**Cara Lodge**

Sec: Seamus o D, Brendan O B.

Speakers: Aiden K, Jerry L

No. meetings: 2

Expenses: €20

Average attendance: 3

Group Report: all going well

**St Helens**

Sec: Chris C.

Speakers: John A, Brendan O B

No. meetings: 2

Group Report: all going well

**Ceimele House, Ballybeg, Waterford City.**

Sec: Colin P

Group Report: no meeting this month

**Cork Prison**

Sec: Brendan O B

Speaker: Niall S

No Meetings: 1

Group Report: need speakers and a secretary with a years clean time.

Expenses	
Bruee	€10
Cara lodge	€20
Mid Western Regional	€10
St Michaels	€15
Farrannes	€10
Total	€65

- New meeting starting once a month in Abour House Tuesday 1pm need speakers with a year's clean

**Treasurer:**

Opening Balance: 2,059.00

Donations: 1,491.00

Expenses: 342.50

Closing: 3207.50

**Region:** Peter ASR See attachments

**Group reports:**

**Dominican centre Friday morning 11.30 - 12.30**

Avg att: 4-6

Group announcement: Needs clean time support, To encourage service secretary position is only for one month. Just made the rent for July. The group worries it may close if it doesn't get support.

**Dominican centre Saturday 3.00pm**

Avg att: 32

Donation: € 40.00

Group announcement: All going well

**Churchfield** no report

Avg att:

Donation: €

Group announcement:

**NA Hillside Solas**

Avg att:

Donation: € 45.00

Group report: The OA meeting that takes place directly before the NA meeting has made a complaint about our members coming into their room directly after their meeting, thereby threatening their personal anonymity. The group will ask that members please not go into their room directly after their meeting as it is threatening to them. It is a group conscious decision to ask smokers to stay at the gate to keep noise to a minimum during meetings. A bell has been discussed for the busy meeting to remind addicts to keep sharing times reasonable.

**G.F Strength & Hope** Wednesday 8pm and Sunday 2pm

Avg att: 20

Donation: €60

Group report: All going well, need to put up the Sunday meeting on website

**We do recover Friday 8.00, Sunday 8.00, Wednesday**

1.00

Donation:

Group report: A lot of the service positions remain unfilled. All meetings are going well and there is good attendance. GSR position and Treasurer positions are open. Please announce this in your groups. Friday meeting possibly to be changed to a basic text study group, primarily Rutland St is considering accommodating the idea, but we are also putting it out to every group to possibly take on this idea. Any ideas for this meeting contact Conor C or

Danjoe

Any other business. Please add Wednesday meeting to the meetings list.

**Fermoy:** No Report

Avg att: 30

Donation: €0.00

**Trinity**Tuesday

Group report: Meeting is going well, All positions filled

Donation: €100.00

**Shannon Street;** No report

Group report:

Donation: €0.00

**Women's Meeting**

South Presentation, Evergreen Road Cork. Trough the red door. Monday 6.30

7.45

Group report: Apologies from GSR & no report

**La Verna** Thursdays 8.00 No report

Avg att:

Donation: €110

Group report;

**Skibbereen** Friday night

Avg att: 5-6

Group report; All positions filled, rent paid up to date

Group announcements: Looking for support.

Donation: €50.00

**Youghal Nagle House** Friday 8.00 Sunday 12.00- 1.00

Avg att: 2-4

Group report: Meetings going well, Thank you to outreach for the support

Donation: €0

**Listowel**

No report

**Tralee NA freedom group** No report

**Killarney** No report

**Castle island** No Report

## **Dingle**

Apologies from the Dingle meeting, we are unlikely to make the Aug meeting, we are all working. We have as ever 2 regular members and 3 other 'occasional' members.

As 2 of our occasional members are often unable to attend we are thinking of holding a 2nd meeting in the day to facilitate them, we will forward details if this happens.

As a meeting that rarely attends the area we would like to let ye know we would love to be there, but both work most sundays.

FYI - at the Regional Convention in November there will be a workshop for meetings in remote locations or areas without prior NA meetings on how to build/grow their meeting

## **Waterford City St John's**

Group report: All meetings running well, all positions filled.

Group announcement: Open meeting last Friday of every month. New group in Waterford Edmund Rice building 6pm Saturday

Donation: €25.00

## **Limerick Abbeyfeale Group** No report

Avg att:

Group report:

## **Limerick Henry Street and St John's group**

Avg att:

Group Report: Saturday 12:15 is a meditation meeting

Donation: €474.00

**Aisieri Cahir:** No report

Avg att:

Group Report: filled

Donation: €

## **Clonmel**

Avg att: 20

Group report: Meeting is going well & All positions filled.

Donation: €180.00

## **Ennis friary**

Group Report:

Avg att:

Group Announcements:

## **Old Business**

- Area in September is clashing with the Marbella convention. It was decided that the date of area will change to September 15th **please continue to announce**

- A motion was put forward to request a copy of the minutes of the Eastern area guidelines that have been revamped-Peter has the information requested if the area decides to go forward with implicating changes
- Letter to be sent to web master regarding claiming expenses-Paul submitted his expenses and was paid by the Treasurer. With many thanks and he is willing to stay on as web-master, but cannot attend area due to the familial commitments.
- Literature have requested a disposal service no vote was made for a final decision. Treasurer will be paid €5 per trip to take the recycling waste away.

## **New Business**

**Attention for all GSR's** To be discussed at next group conscious. Area is looking for a vote on whether all southern area groups would like to put on a one day convention next summer 2014. Reintroducing our southern area one day convention replacing our previous southern area convention that took place 1997 to 2004

The numbers that are available in our prudent reserve account.

For area €500

Fundraising and Events (one Committee) 268

Public Relations 500.0

A motion was made and carried to increase the prudent reserves for fundraising to €500

Tony proposed himself as the convention committee chairperson. And further stated that in order to put on a convention a prudent reserve of €1,200 will be needed. The group conscious of the area decided that we would take the question back to our own groups and thereby be in a better position to see whether or not the convention is something people support, or not.

Group decision was further to wait until we see if a chair person is to be elected before voting on and discussing the prudent reserves issues. The consensus was that the convention is a great idea, so GSR's please discuss this at your next business meetings.

- What can groups do to deal with violence? An incident at a meeting resulted in charges against a member. What a group do to protect them. Chair: Once the Garda are involved, we have no opinion as it becomes an outside issue. Connor suggested a member with long term experience and clean time go to the meeting to discuss how to

deal with violent outbursts in meetings. Tony suggested a welcome committee of make members could ask a person to leave. ASR suggested that if a person is violent outside or at the door they be refused entry. Read Disruptive Behaviour pamphlet.

**Next area is on September 15th**