



Sunday 13th December Minutes 2015 – YMCA, Marlboro Street, Cork City.

Welcomed: Welcomed to the Southern Area meeting by Bert McC. at 3pm on 13th December 2015.

Apologies: Therese K, Yvonne K, Marsha, Donnchadh K, Dylan I.

Readings: The concepts were read by Anthony K.

Attendance List: Bert McC (SASC Chairperson), Anthony K (Limerick City Group GSR), Marc C (GSR), Carmel C (NA member), Patrick S (H&I Chairperson), Tony K (SASC Treasurer), Michelle W (SASC ASR), Ciarán H (SASC Literature Chairperson), Jamie B (Outreach Chairperson), Claire A (Georges Quay – Women's Group GSR), Cailim F (Solas Saturday Night Group GSR), Dara L (Skibbereen GSR), Annmarie (Rutland St. Secretary), Tasha F (SASC Secretary).

Elections this month: No one came forward for positions this month.

Sub Committee Reports

Treasurers Report: Tony K.

Opening Balance: €5,833.73

Prudent Reserve: - €5,620.00

Working Balance: € 263.73

Donations Received by NA Groups

Dingle:	€20.00
Dominican, Sat 3pm - Cork	€60.00
St. Johns - Waterford:	€30.00
Rutland Street Fri & Sun – Cork:	€70.00
Solas, Sat – Cork:	€45.00
Skibbereen:	€50.00
Total Donations:	€275.00

Expenses Paid Out to Sub – Committees:

Rent D/D:	€100.00
Area Chairperson Travel Exp:	€30.00
Outreach:	€40.00
H&I Literature:	€60.00
H&I Bruree (Men):	€20.00
H&I Bruree (Women):	€20.00
H&I Ciem Eile:	€40.00
H&I Tabour Lodge:	€20.00
H&I Chairperson Travel Exp:	€30.00
Total Expenses:	€360.00

Summary:

Opening Working Balance:	€263.73
Group Donations:	+ €275.00
Total:	€538.73

Expenses:	- €360.00
Closing Working Balance:	€178.73

- Withdrawal from Bank €25.00 (Outreach + €15 leftover, total €40.00)
- Prudent Reserve was looked and it was voted that it is a justified amount to hold at Area.
- Voting to be had next month on the passing of working balance as donation to Region.

Vice Treasurer Report: Therese K.

Hi everyone, I've been chatting to Yvonne K, the chairperson of Events & Fundraising. She has stepped down as she cannot commit to the position any longer as she has other areas in her life that she is busy with. She sends her apologies for any inconvenience caused but at the moment she is not available for the position but further down the road she would be interested in it again when it comes up. I also sent texts out asking committee members did they need any help in any areas but heard nothing back. I did reminder text about Area on Friday and asked if anyone received my message of 2 weeks ago and no one had. Network must have been down, apologies. Would like to put it out there again, if anyone needs help at Area, don't hesitate to contact me. - Thanks Therese.

Event & Fundraising Report:

Yvonne has stepped down as Event & Fundraising Chairperson due to other commitments she has in her personal life. If anyone is interested in position, please come to next Area on Jan 10th 2016, at 3pm for elections.

Literature Report: Chairperson: Ciaran H and Alt. Literature: Daniel F

Total Sales: €87

Order €800.05

€200 to be used to purchase more literature this month. New cashbox needed as the one in office is broken. - Thanks Ciarán.

Southern Area Phonline Report: Chairperson: Dylan I, Vice chairperson: Needed & Secretary: Needed.

There was 16 calls this month, the breakdown of these calls are as follows:

- 4 members rang the helpline.
- 4 newcomers rang the helpline looking for meetings, some of these were organized to meet members.
- 1 professional rang the helpline.
- 3 concerned family members/friends rang the helpline.
- There were 4 missed calls out of hours all calls were returned.
- there were 2 issues that needed to be raised and these issues are as follows

There was a call from a man in west Cork about an advertisement in a local paper about a meeting that is advertised in Bandon west Cork. This meeting is not on the meeting list but the southern area phone number is in the advertisement.

The Roscre meeting is changing from a Saturday to a Thursday at 6:30. Dara S rang the helpline with this information this is the second time Dara and I have raised this issue and the meeting has not been changed on the list. There is no other issues that need to be raised with the phone this month. - In loving service, Dylan I.

Hospitals & Institutes (H&I) report: Chairperson: Patrick S, Vice Chairperson: Needed, Secretary: Needed

Contact details for H&I:

H&I number: 087 4592117

H&I email: hospitals.institues.nasouth@gmail.com

H&I Meeting Reports:

Limerick

Bruree Men's Unit

Sec: James F
Speakers:
Expenses: €20
Average Attendance: 30
Group Report: Thanks to both Thomas H & Brendan for their service as secretaries. Are trying to get up there over Christmas.

Bruree Women's Unit

Sec: Aileen W
Speakers: Yvonne K & Tasha F
No. Meetings: 1
Expenses: €20
Average Attendance: 15
Group Report: Aileen's position is up since last month, herself & Orlagh J to carry on as alternating secretaries. Meeting going well, no meeting to be had Christmas Day, Hope to be in New Year's Day but still to be confirmed.

5b

Sec: Rebecca McL
Speakers:
No. Meetings: 1
Average Attendance:
Group Report: No meeting this month as speaker could not make it at the last minute. Rebecca's position is up and is hoping to change meeting from first Thursday of month to the second Thursday.

Limerick Prison Women's Unit

Sec: Tasha F
Speaker: Yvonne K
No. Meetings: 1
Average Attendance: 7
Group Report: 1st Meeting held on Thurs 3rd Dec at 6pm. Went very well, it was very positive. It will be on the first Thursday of the month at 6pm. Literature needed.

Cork

St. Helens

Sec: James
Speakers:
Expenses: €
Average Attendance:
Group Report: New secretary to take up position This month, James, Thank you to Stephen for his service. No meeting held due to change of sec. Otherwise meeting going well.

St. Helens

Sec:
Speakers:
Expenses: €
Average Attendance:
Group Report:

Cara Lodge

Sec: Joe E

Speakers: Seamus & Dara C

Expenses: €

Average Attendance: 4

Group Report:

Tabor Lodge

Sec: Aisling

Speakers: Daniel

Expenses: €20

Average Attendance: 17

Group Report: Going well, great interaction

From residents

Farnanes

Sec: Mairead

Speakers: Claire A & Fiona D

No. Meetings: 1

Expenses: €

Average Attendance: 30

Group Report: Meeting going great residents as they would love another meeting, will organise another after Christmas.

Cork Prison

Sec: Anthony M

Speakers: Mick & Gerry

Expenses: €

Average Attendance:

Group Report: Going well, need more

People for panel

Cara Lodge

Sec:

Speakers:

Expenses: €

Average Attendance:

Group Report:

Tabor Lodge

Sec: Paddy

Speakers: Ruth

Expenses: €

Average Attendance:

Group Report:

Cork Prison

Sec: Anthony M

Speakers: Niall

Expenses: €

Average Attendance:

Group Report:

Waterford**Ceim Eile House**

Sec: Vicki

Speakers: Jonathan

No. Meetings: 1

Expenses: €40

Average Attendance: 11

Group Report: Meeting going very well

Outreach Report:

Chairperson: Jamie B, Vice Chairperson: Mathew R, Secretary: Martin L

Contact Details:

Jamie B – 085 7379692

Outreach to Tralee, driver Dan Joe, passengers: Jamie B, Lee O'B & Alan C

Meeting Attendance: 15 highest in recent times, hope to get to Tralee again and numbers stay consistent.

Expenses: €25

Outreach to Youghal, driver Mike C, Passenger's: Jamie B, John F, Irilio P & Paul Mc.

Meeting Attendance: 9 members were happy to have us, sorry to say meeting will be closing next week, meeting open 8 years' no one available to do service.

Expenses: €15

No one was available to visit Skibbereen. Plan for coming month: 1 to Tralee, 1 to Fermoy & 1 more planned but not decided where yet. - Thanks Jamie

Area Group Meeting Reports:

Cork City

Georges Quay Women's Group:

Monday 6.30-7.45pm

GSR: Claire A

Group report: Meeting going well, secretary position not filled. New secretary is needed.

Donation: None this month due to rent and literature being stocked up.

Rutland Street Men's Group: No report given

Monday 7pm

GSR:

Average Attendance:

Group report:

Donation: €

Hillside Solas Monday Night Group:

Monday 8.15pm

GSR: Tony K

Average Attendance: 25

Group report: Meeting going well. All positions filled

Donation: €60

Hillside Solas Saturday Group:

Saturday 8pm

GSR: Cailim F

Average Attendance: 18

Group report: Group needs home group members and members to take up service positions but otherwise running good.

Donation: €

Eason's Hill: No report given

Tuesday 6.15pm

GSR:

Average Attendance:

Group report:

Donation: €

Trinity: No report given

Tuesday 8.00pm

GSR:

Average Attendance:

Group report:

Donation: €

Churchfield: churchfield@nasouth.ie No report given

Wednesday 6.30pm

GSR:

Average Attendance:

Group report:

Donation: €

G.F Strength & Hope: No report given

Wednesday 8pm and Sunday 2pm

GSR:

Average Attendance:

Group report:

Donation: €

La Verna: laverna@nasouth.ie

Thursdays 8.00pm

GSR:

Average Attendance:

Group report: Donnchadh K, position finished but will hold on until new GSR is voted in

Dominican Centre: No report given

Friday 11.30am

GSR:

Average Attendance:

Group report:

Donation: €

Rutland Street We Do Recover Group: wedorecover@nasouth.ie

Friday & Sunday 8.00pm

GSR: Marc C

Average Attendance: 25

Group report: Group is going well. All positions are filled. Friday the 25th (Christmas Day, meeting will run as normal at 8pm.

Donation: €70, group needed to get literature also.

Dominican Centre: No report given

Saturday 3.00pm

GSR:

Average Attendance:

Group report:

Donation: €

Cork County

Fermoy: No report given

Thursday 8.00pm

GSR:

Average Attendance:

Group report:

Donation: €

Skibbereen: skibb@nasouth.ie

Friday 8.00pm

GSR: Dara L

Average Attendance: 7

Group report: Group going well. All positions are filled, thanks to convention committee. Group are querying why there is such a big prudent reserve.

Donation: €50

Youghal:

Friday 8.00pm & Sunday 12.00- 1.00pm

GSR:

Average Attendance:

Group report: Youghal meeting having final meeting on Friday 18th December 2015 due to lack of support. Very grateful to all members for the support over the past number of years and thank you for support.

Kerry

Tralee Community Development: No report given

Monday, Thursday & Saturday 8.00pm

GSR:

Average Attendance:

Group report:

Donation: €

Tralee Our Lady & St. Brendan's Pastoral Centre Group: No report given.

Tuesday & Wednesday 1.30-2.45pm

GSR:

Average Attendance:

Group report:

Dingle, John Street: Contact Tor 0872220853 or Bert 0831246634) dinglemeeting@gmail.com

Tuesday 7:30pm

Average Attendance:

Group report: Group on upswing has had an extra meeting Sat 12th for Tor's clean time birthday

Donation: €20

Killarney Pastoral Centre: No report given

Tuesday 8:00pm & Thursday 7.30pm

GSR:

Average Attendance:

Group report:

Donation: €

Listowel: listowel@nasouth.ie No report given

Friday 8:00pm

GSR:

Average Attendance:

Group report:

Donation: €

Talbot Grove: No report given

Sunday 8:00 pm

GSR:

Average Attendance:

Group report:

Donation: €

Waterford

St. John's / Edmund Rice Group:

Waterford City: St John's Monday 6.00pm; Tuesday 8.00pm; Friday 8.00pm, Saturday 1.00pm & Sunday 8.00pm & St Francis: Wednesday 8.00pm, Edmund Rice Thursday 7pm.

GSR: Patrick S

Average Attendance: 25

Group report: All going well, members of group are putting together a committee for a 3 day convention proposal for 2017, committee will bring proposal for Area next month.

Donation: €30

Limerick

Limerick City Group: limerick@nasouth.ie

Henry Street Monday – Monday, Wednesday & Friday 8.30pm; St John's Church: Saturday 12.15 & 1pm and Sunday 6.30pm

GSR: Anthony K

Average Attendance: 15

Group Report: All is going well, all positions filled

Abbeyfeale: No report given

Monday 8.00pm

GSR:

Average Attendance:

Group report:

Donation: €

Tipperary

Nenagh: No report given

Monday & Thursday 8.30pm

GSR:

Average Attendance:

Group report:

Donation: €

Clonmel: No report given

Tuesday, Friday & Sunday 8.30pm

GSR:

Average Attendance:

Group report:

Donation: €

Aisieri, Cahir: No report given

Wednesday 8.30pm

GSR:

Average Attendance:

Group report:

Donation: €

Roscrea: No report given

Saturday 5pm

GSR:

Average Attendance:

Group report:

Donation: €

Clare

Ennis / Bushy Park Group: ennisfriarygroup@nasouth.ie

Ennis Friary: Monday & Thursday 8.30pm; Saturday 8.30pm, Sunday 8.30pm, Bushy park, Ennis, Co. Clare: Friday 8:30pm

GSR: Mairéad B

Average Attendance: 10

Group report: Going well. Ennis Friary Sat night meeting is at 8.30pm

Ennistymon Group:

Saturday 1pm and Tuesday 8pm

GSR:

Average Attendance: 10

Group Report: Group going very well

Shannon Town Group: No report given

GSR:

Average Attendance:

Group report:

Donation: €

Old business from last month:

- Contact Abbeyfeale group to see if it's still running, if it is running it is to be put back on meetings lists. Tasha F to follow this up and get number of Michelle W for an Abbeyfeale member.
- PR talk in Waterford College went well, no PR Chairperson / committee currently so Patrick S to write a short bit on how to talk went.
- H&I Reserve to be increased, voted yes so increased from €300 to €500.
- Waterford group wants to note that changing 7th Tradition time is working great, now the group can make a donation to area.
- Proposal at Area: Not to make a donation to Region this month.
- Vote by: Withholding current balance pending a decision to be discussed, next month.
- Suggestion to hold a 12 Traditions workshop based on the NAWS mini – workshop pack. This is to gather information from groups on Traditions to be then sent on to World Service to help in the creation of the 12 Traditions Working Guide, similar to *'The Narcotics Anonymous Step Working Guide.'* Following this suggestion, Michelle W to contact RD's about holding a workshop in Southern Area. It is possible to have a Concepts workshop down the line after the Traditions Workshop.
- Discussion had on how to setup a new group that is child friendly. NA Literature should help support this group. Check out the NA Group Booklet and NA Parents & Carers Booklet.

New business this month:

- Good discussion held on Southern Area Prudent Reserve & Working Balance. Our current Prudent Reserve covers all monthly costs of committee expenses and yearly rent needed.
- 12 Traditions Workshop format downloaded from NAWs website, if anyone would like them email please contact on munsterarea@hotmail.com for the workshop format and questions outlined by World Service.
- Child Friendly meeting starting in Kerry, Joanne C attended area with positive information about the meeting starting. Members to forward her on contact details for child friendly meeting secretaries from Dublin, meeting starter pack needed. It will be held at 10am in St. Brendan's, Tralee, Co. Kerry.
- Insurance form is needed for the new child friendly meeting. Tony K will send on new updated one to Joanne C.
- Waterford members forming a proposal for Southern Area Convention to be held in Waterford in 2017.
- Keep an eye on any meeting time, day and venue changes to NA meetings due to Christmas in your local Area's.

Elections Positions Available:

- Public Relations (PR) Chairperson
- Alternate Area Service Representative (Alt. ASR)
- Events & Fundraising Chairperson
- Southern Area Convention Chairperson

Public Relations (PR) Chairperson Guidelines:

Clean Time: 2 – 3years

Commitment: 1 year

Duties:

- To serve as a central resource of PR information and experience for Groups with the Southern Area.
- To be a central point of contact and to help co-ordinate any PR Activity that involves more than one group or that takes place over the entire Southern Area.
- To actively seek out opportunities to carry the NA message through PR efforts, within the Southern Area.
- To organise and conduct PR/PI Learning Days, as requested by the groups.
- Submit written monthly report at SASC meeting highlighting all PR/PI activity including all expenses.

Alternate Area Service Representative (Alt. ASR) Guidelines:

Clean Time: 2 – 3 years

Commitment: 1 year

Duties:

- In the absence of the ASR to serve as ASR.
- To attend the Regional Service Committee of Ireland (RSCI).

Events & Fundraising Chairperson Guidelines:

Clean Time: 2 – 3 years

Commitment: 1 year

Duties:

- Organise regular NA events to promote unity within Southern Area.
- Organise fundraising events in Southern Area as requested by Southern Area Groups
- Manage funds responsibly.
- A detailed financial report is required following each fundraising event, including expenses, profit etc.
- Submit written monthly reports at SASC, meeting highlights all committee activity, including expenses.

Please attend Area if you would like to take up a position at Area or on an Area sub-committee.

Next Southern Area Meeting

Sunday 10th January 2016, 3pm at the YMCA, Marlboro Street, Cork City

Next Region Meeting

Sunday 31st January 2016, 12pm at Blessed Sacrament Hall, Bachelor's Walk, Dublin 1.