



Sunday 11th December 2016 Minutes @ 3pm – South Parish Centre, Rutland Street, Cork.

Welcomed: By the Southern Area Committee Meeting (SASC) Chairperson, Dara L.

Readings: The concepts were read by Eddie K.

Last Month's Minutes: Were seconded by a GSR, approved.

Apologies: Stephen B (SASC secretary), John O'C (SASC convention chair), Joe E (SASC Convention vice-chair), Ger C (GSR Tralee), Pam W (SASC Outreach chair), Ciarán H Literature chair).

Attendance List: Dara L (ASR), Damien D (GSR), Dermot M (SASC phone chair), Carmel C (GSR), Jamie B (GSR), Daniel F (member), Timmy O'C (GSR/ SASC events & fundraising chair), Mark W (member), Eddie K (GSR Carrigaline), Tasha F (member), Larry O'S (member), James O'M (GSR Churchfield), Niall S (GSR Alt.), Justin P (member), Donnchadh K (member).

Elections this month: Tasha F elected as public relations (PR) committee chairperson, members needed to form subcommittee. Vice-chair and secretary positions available.

Positions Available:

Chairperson

Vice-chairperson

Treasurer

Outreach Chair

Current Southern Area Guidelines are available on www.nasouth.ie

SOUTHERN AREA COMMITTEE REPORTS

Treasurers Report:

Donations Received by NA Groups

Skibbereen	€25.00
Schull	€5.00
Strength & Hope Group	€80.00
Killarney Group	€36.50
Rutland St. Group	€50.00
Eason's Hill Group	€10.00
Churchfield Group	€50.00
La Verna Group	€30.00
Waterford Group	€25.00

Total Group Donations: € 311.50

Expenses Paid Out to Sub Committees

Chairpersons travel exp.	€40.00
H&I Secretary Expenses	€100.00
Literature for H&I	€51.92
Phone Line exp.	€10.00

Total Expenses: €201.92

Southern Area's Closing Balance on 11th December is €109.60

Literature Report:

Chairperson: Ciaran H

Vice-chairperson: Dan F

The shops income at the last area was €120.90, and there was an order made for more literature but it hasn't arrived yet.

Area Service Representative (ASR) Report:

ASR: Dara L

Alt. ASR: *Needed*

Present – Maurice O'C (Chair), Andy R (EASR), Grainne H (RD), Tor (Literature chair/ad hoc secretary) Elizabeth WM (Treas.) Brian M (Treas.ISO), Tony D (Events Chair) Colum E (Conv. Treas), Denise O'C (Conv. Chair), Josephine D (N. Area member), Neal T (N. Area Chair), Michael C (N. Area webmaster) Matthew D (NASR)

Apologies – Vernon S (WASR), Dara L (SASR).

Proposals:

"If after the 1st AGM has been suspended due to a lack of quorum, at the next meeting if only 2 ASRs are present that will constitute an AGM quorum

Can all Groups please discuss this and bring your conscience to the next Southern Area

Elections:

Colum E was elected as RD Alternate.

Positions filled and vacant:

Chair – Maurice O'C	Vice-Chair –	Secretary –
Treasurer – Elizabeth W-M	Vice-Treasurer –	ISO Chair –
ISO Treasurer – Brian M	Regional Delegate – Grainne H	Regional Delegate Alt. – Colum E
H & I Co-Ordinator –	P.R. Co-Ordinator –	Literature Chair – Tor
Events Chair – Tony D	Parents & Carers –	Out-going Convention Chair IRCNA31 – Denise O'C
Out-going Convention Treasurer IRCNA31 – Colum E	Convention Chair IRCNA32 –	Convention Treasurer IRCNA32 –

Discussions:**Northern Area:**

Much discussion around the exact year NA started in Ireland and when the 40th Anniversary of NA Ireland is! We agreed to follow the current precedent so it will be 2019

Eastern Area:

Christmas fundraiser Old Skool event is to be held in Filmbase, Curved Street in Temple Bar at 9pm on the 30th of December. **Entry to this event is limited to the first 150** who show up so please arrive early if you want to attend. No tickets will be available in advance.

Donation €578.11 cheque. No ASR alt.

Insurance and NA events

In order to be properly covered by our policy the Regional Treasurer needs clear information about any event – this is for the insurance company so it can specifically cover each event we hold.

- Emailed in at least one week in advance of the event.
- Name of the event
- Date
- Location
- If possible, approximate numbers.
- Contact details for the sub-committee chair and treasurer organising the Event.
(Mobile and email addresses – not for the insurance company but for the Regional Treasurer in case further info is required)

This is being done via email. Please send event info to - naeventsireland@gmail.com

Convention '16 Final Report – Report given.

The convention was a great success with appreciation expressed at different times during the meeting by members that attended, all in all, BRILLIANT CONVENTION!

An offer was made to work on selling the surplus merchandise but the discussion was inconclusive.

Some discussion about whether it would be controversial to complain about the reception staff and their attitude during the weekend. Concern as to whether it would bring us into a breach of Traditions. The conclusion was most of the hotel staff were fantastic but about 3 of the reception staff were rude. Members were also rude to them so it was felt any complaint should be handled very carefully and be moderate in tone. The Chair is to draft a letter to be shared with the steering committee before sending it.

Convention '16 Treasurer's Final Report – Read and emailed in.

Comprehensive report given. Congratulations on a successful event and an inspiring report. Convention surplus €1651.33 + surplus merchandise.

After discussion – A request was made to the Convention '16 Treasurer/RD Alt to work with the Literature Chair and Regional Treasurer to create Word and Excel templates for future conventions. (These could be made available to any event treasurer not just future IRCNA treasurers).

Treasurer's Report Read and will be emailed in. Vice Treasurer Needed.

There is now a prudent reserve! Balance after expenses and prudent reserve €2,274.09

Insurance invoice due soon - €1,700 last year but it is bound to be more this year probably +20%.
See Events Report re Insurance and covering NA events.

Bank updating on mandates to be processed after meeting for the Donations A/C.

Donations A/C – mystery debit of €62.95 – Tor and Elizabeth to investigate. Eircom bill debited from the wrong a/c – AIB error in all probability. Still to be done.

Donations A/C info -

ASRs please share this at Area.

A way to express your gratitude?

In 2015 the Irish Region opened a donations account. It is available for any member to make direct donations to the fellowship. One off payments or standing orders are both possible. Payments can also be made using Paypal.

Account details –
Sort Code 93-10-47
Account number 80336317
BIC AIBKIE2D
IBAN IE25AIBK93104780336317
Paypal email - regppregion@gmail.com

(When using Paypal to make a donation if you select 'family & friends' as the recipient then there will be no fees deducted from).

Events Report:

Chairperson: Timmy O'C

Vice-chairperson: Jamie B

Time	Event	Room
7.00	AA leave	Doors
7.30	Open doors	Doors
8.00	Workshops x2	Main hall
9.00	Refreshments (+magic?)	Downstairs hall
10.00	Music	Main hall
1.30	Meeting	Meeting room/downstairs hall

Prices:

- 7.50 Newcomers, 10 Non-Members, 15 Members.

Workshops:

- Dee M. to do 'relapse in recovery'
Jenny R to do secretary
- Unsure of second speaker to choose from topics: Steps, sex in recovery, fun in recovery (living clean), unity.
To find secretary (if different)

Refreshments:

- Tea, coffee, biscuits, drinks, sweets, (tayto's?)
- Basil E. (non-member) has offered to do magic during this hour for €50
- This will be downstairs- time to clear chairs from main hall for music.

Music:

- Sean M. to DJ
- To ask Rob O'H. about splitting DJ time
- 3K system, decks, mixers, fog machine, strobe lights, lasers, disco lights booked for €250
- Set up and pack up included in price- including safety measures (pinning down wires etc.)

Meeting:

- Short break once music stops for people to leave and smoke then meeting.
- Will have to be in downstairs hall to avoid mess from music and accommodate potential size.

To buy:

Budget: €100

Teabags, Coffee, Milk, Sugar, Biscuits / any other snacks, Soft drinks, Disposable cups, Refuse sacks and hand stamps for door.

Service:

- 10 trusted servants for set up during the day
- 2 sitting at door to take names and tickets
- 1 standing at door with stamper
- 1 secretary for workshops
- 3 people manning drinks and sweets
- 3 people manning tea and coffee
- 1 Secretary for meeting at the end
- 1 Chairperson for meeting at the end
- 3 people to man smoking area (x3/4 shifts throughout night)
- Get as many as possible for clean up next morning.

Outreach report:

Contact details for Southern Area Outreach

Outreach email: southernareaoutreach@gmail.com

Chairperson: *Needed*

Vice-chairperson: *Needed*

Pam W has stepped down as outreach chairperson. Thank you to Pam W for her service as outreach chair.

Webmaster Report:

Just a reminder to members, let myself know of any changes are needed to NA meeting list to contact Paul N webmaster@nasouth.ie or 087 1386120.

Phone report:

Contact details for Southern Area Phone

Southern Area Phone line number: 087 - 138 6120 (*6pm - 9pm daily*)

www.nasouth.ie

info@nasouth.ie

Chairperson: Dermot M

Vice-chairperson: *Needed*

Secretary: *Needed*

- 6 calls from members
- 3 calls from newcomers
- 1 call from a professional
- 410.00 expenses for the phone.

Convention Report:

Our Chair and vice chair send their apologies that they can't make area this month. The report is as follows

- The committee held two meetings on the 15th November and December 6th
- We have come up with a theme for the event
- July is the month we will be holding convention
- Having a Christmas fundraiser in Cork
- Have got prices on 3 different venues in Waterford. Waiting on our preferred location to get back to us but price is very competitive.

- Got the prudent reserve of €3,000 from previous convention chair. This is lodged in the NA account.
- We now have a full committee. It is as follows:

Executive Committee

- A. Chairperson- John O C
- B. Vice-Chairperson- John E
- C. Secretary- Thomas F
- D. Treasurer- Colin O L
- E. Vice-Treasurer- John H

Subcommittee Chairpersons

- A. Welcoming- Carmel
- B. Security (Serenity Keepers) - Dublin crowd
- C. Graphics- Keith F
- D. Fund-Raising- Timmy
- E. Merchandising- Ray B

There are expenses of €60 for flyers??

Hospitals & Institutes (H&I) report:**Contact details for H&I**

H&I number: 087 - 459 2117

H&I email: hospitals.institutes.nasouth@gmail.com

Chairperson: Patrick S
Vice-chairperson: Joe E
Secretary: *Needed*

Limerick

Regional Hospital Limerick (5b)

Meeting Report: Still nobody to fill this position. Anybody interested please contact me.

Bruree Men's Unit

Sec: James F, Mark W

Speakers: Paul O D, Angus B, Tom H

Average Attendance: 24

Meeting Report: Centre is happy that NA is getting in on regular basis now relationship is really good. All is going well.

Expenses: €30.00

Bruree Women's Unit

Sec: Yvonne & Shauna

Meeting Report: The meeting did not go ahead this month as we are in the process Yvonne and Shauna taking up positions as the new secretaries following an agreement from the Centre to move the time of the meeting to correspond with the men's meeting so that the girls can get a lift. The agreement we made with Bruree includes one extra meeting per month. Have spoken to male secretaries and asked if they would mind bringing the women out. James would be happy to do this but Mark is unable to because he drives a van with not enough seats. His position is up in January so we hope to have someone who can help with the other meeting for the women to step in. Yvonne will be doing her first meeting this month.

Limerick Prison Women's Unit**Sec:** Tasha F**Speakers:** Aileen W**Average Attendance:** 1

Meeting Report: Meeting was quiet with 1 girl in attendance. It was a great meeting. Staff are friendly with us when we come up every month. Relationship is continuing to grow strong. Next meeting is 5th Jan. Tasha 12-month commitment has ended; Aileen has taken up the position her first meeting will be in January. In need of more members with required clean time to put themselves forward for Garda clearance, anyone interested me. Like to thank Tasha for her service getting the meeting off the ground and support with the men's meeting.

Limerick Prison Men's Unit**Sec:** Mark W

Meeting Report: still waiting for clearance to come back to begin the meeting, we are ready to go as soon as we get the go ahead

Waterford

Ceim Eile Men's Unit**Sec:** Carmel**Speakers:** Mark**Average Attendance:** 13

Meeting Report: Meeting is going well group is connecting well with NA.

Expenses: €35.00

Ceim Eile Women's Unit**Sec:** Mellissa

Meeting Report: Following a request from the women's unit for an NA meeting Mellissa has taken up the first secretaries position the first meeting will be on the 14th of Dec.

Cork

Cork Prison:

Meeting Report: James has put together a small panel to service the prison meeting. Anyone else that wishes to join the panel please contact either James or myself, waiting for clearance to begin meetings.

St. Helens meeting**Sec:** James, Dara**Speakers:** Callim**Average Attendance:** 7

Meeting Report: Second meeting didn't go ahead due to transport issues. The meeting is otherwise going well.

Cara Lodge Meeting

Sec: Jamie

Meeting Report: Meeting didn't go ahead due to personal

Tabor Lodge Meeting

Sec: Paul, Ciaran

Speakers: Valerie, Callium

Average Attendance: 15

Meeting Report: All going well.

Farnanes

Sec: Michelle.

Speakers: Tasha.

Average Attendance: 36

Meeting Report: Meeting went well.

H&I Report:

- H&I is busy at the moment with the prisons, the new meeting in the women's centre in Waterford and Bruree.
- Mark the Eastern Area chairperson and myself have moved forward with asking members already cleared for prison service to combine our lists of members to enter all prisons. Also speaking to John John in Liverpool about how H&I service is delivered there looking at bringing some of what they offer to area.
- Finally, more members both male and female asked to come forward to do service in all the treatment centres and to apply for clearance in Cork & Limerick Prison H&I meetings. 1-year clean time and contact Tasha, James or myself for the forms on 0860776991.

H&I Expenses:

Secretary's Expenses:	€65.00
H&I Chair expenses:	€35.00
H&I Literature Expenses:	€51.92
Total Overall Expenses for H&I:	€151.92

Guidelines Update Project Report:

At area in April 2016, during my term as sasc sec I suggested that the guidelines for Southern Area be updated. This was agreed and I was appointed to do this. The 2014 approved guidelines it says in the duties for the secretary that *'Maintain record books in which the guidelines, special rules of order, standing rules and minutes are entered, with any amendments to these documents properly recorded and to have the current record books on hand at every meeting'*.

However, I would like to suggest that in future projects to update the guidelines that a committee be put in place with a structure / guidance on it. The NA materials that helped with the project so far were A Guide to Local Services in NA handbook, Eastern Area Service Committee Guidelines (Ire), Seattle Area Service Committee Guidelines (USA), the currently approved Southern Area Service Committee Guidelines from 2014 and a collection of suggestions from members within Southern Area.

I emailed a draft on the 14th November to the current mailing list provided to me by the current sasc sec after the area in November. Following this, a member recently contacted me through email in relation to the update of the guidelines offering to help assist with completing the update this is greatly welcomed and appreciated. This member also has some feedback from his local group on the draft that has been worked on so far. He will read out this feedback from his group.

Another suggestion is that when the guidelines are completed and approved that a printed and binded copy be given to each of the Southern Area Service Committee Officers & Subcommittee Officers. I also added at the end of the guidelines the Robert Rules of Order Adaptation which was taken directly from the end of the Eastern Area Guidelines.

In Loving Service,
Tasha F.

AREA GROUP MEETING REPORTS

CORK

Georges Quay Women's Group: (Mondays @ 6.30pm)

- No report given.

Rutland Street Men's Group: (Mondays @ 7pm)

- No report given.

Schull- Living Clean By the Sea Group: (Mondays @ 8pm)

GSR: *Needed*

Ave. Attendance: 4

Group Report: Rent paid until June.

Donation: €5.00

Skibbereen Group: (Fridays @ 8pm)**GSR:** *Needed***Ave. Attendance:** 5**Group Report:** Needs more outreach support. Shane is temp covering GSR.**Donation:** €25.00**Hillside Solas Group: (Mondays @ 8.15pm & Saturdays @ 8pm)**

- No report given.

Eason's Hill Group: (Tuesdays @ 6.15pm)**GSR:** *Needed***Ave. Attendance:** 10**Group Report:** Meetings are going well. Rent is up to date. Need some support.**Donation:** €10.00**Trinity Group: (Tuesdays @ 8.00pm)**

- No report given.

We Do Recover Group: (Wednesdays @ 1pm & Friday @ 8pm)**GSR:** Jamie B**Ave. Attendance:** 25**Group Report:** Group going well. All positions filled.**Donation:** €50.00**Churchfield Group: (Wednesdays @ 6.30pm and Sundays 12p) contact: churchfield@nasouth.ie****GSR:** James O'M**Ave. Attendance:** 10**Group Report:** Group going well, both meetings have more attending. All positions filled.**Donation:** €50.00**Strength & Hope Group: (Wednesdays @ 8pm & Sunday 2pm)****GSR:** *Needed***Ave. Attendance:** 15 on Sun & 30 Wed**Group Report:** Meetings are going well. Rent is up to date. Opening a sponsor book. Looking for a GSR.**Donation:** €80.00**More Will Be Revealed Group, Ballincollig: (Thursdays @ 7pm)**

- No report given.

La Verna Group: (Thursdays @ 8.00pm) contact: laverna@nasouth.ie**GSR:** Timmy O'C**Ave. Attendance:** 20**Group Report:** All is okay.**Donation:** €30.00

Fermoy Group: (Thursdays @ 8pm)

- No report given.

Eason's Hill (Fridays @ 11.30am)**GSR:** Rachel**Alt. GSR:** Niall S**Ave. Attendance:** 5

Group Report: Group remaining in this location. Newcomers are attending, positions are filled. Ongoing efforts include requesting redonation in amount of contribution made to the landlord for use of room, reviewed monthly. Support welcome. Reviewed proposed for Southern Area - two copies distributed and recommendations attached.

Carrigaline Group: (Fridays @ 6pm)**GSR:** Eddie K**Ave. Attendance:** 5-6

Group Report: New Group started on Oct 7th. Rent is paid until the end of January. We would like to be included at some point on the webpage meeting list. Any support forthcoming from members would be appreciated.

Community Centre, Sawmill Street: (Sundays @ 8pm)

- No report given.

PoljaNA Group: (Sundays @ 10am)

- No report given.

KERRY

Freedom Group, Tralee: (Mondays, Thursdays & Saturdays @ 8.00pm)

- No report given.

Dingle Group, John Street: (Tuesdays @ 7:30pm & Fridays @ 8.30pm)

- No report given.

Killarney Group, Rock Road: (Tuesdays & Saturdays @ 8pm)**GSR:** Dermot M**Ave. Attendance:** 3-4

Group Report: Meetings are struggling at the moment. Thankful to outreach support during the week could do with more support.

Donation: €36.50**Listowel Group: (Tuesdays @ 8pm) contact: listowel@nasouth.ie**

- No report given.

Talbot Grove Group: (Sundays @ 8:00pm)

- No report given.

WATERFORD

St. John's Group, Waterford: *(Mondays @ 6pm, Tuesdays @ 8pm, Thursdays @ 7pm, Fridays @ 8pm, Saturdays @ 1pm and Sundays @ 8pm).*

GSR: Carmel C

Ave. Attendance: 10-15

Group Report: All meeting going good. Rent is up to date.

Donation: €25.00

The Manor NA Group, Waterford: *(Wednesdays @ 8pm).*

- No report given.

LIMERICK

Limerick City Group: *(Mondays, Wednesdays & Fridays @ 8.30pm in Social Services, with Mondays, Tuesdays & Thursdays @ 11am, also Saturdays @ 1pm & Sundays @ 6.30pm in St. John's Parish Hall)*

GSR: Damian D

Ave. Attendance: 25

Group Report: All meeting going well.

Abbeyfeale Group: *(Mondays @ 8pm)*

- No report given.

TIPPERARY

Nenagh Group: *(Mondays @ 8.00pm & Thursdays @ 8.30pm)*

- No report given.

Clonmel Group: *(Sundays, Tuesdays & Fridays @ 8.30pm)*

- No report given.

Aisieri, Cahir Group: *(Wednesdays @ 8.30pm)*

- No report given.

CLARE

Ennis & Bushy Park Group: *(Mondays, Thursdays & Saturdays @ 8.30pm in Ennis Friary with Fridays @ 8.30pm in Bushy Park) contact: ennisfriarygroup@nasouth.ie*

- No report given.

Ennistymon – Just For Today Group: *(Tuesdays @ 8pm & Saturdays @ 1pm)*

- No report given.

Shannon Group: *(Sundays & Wednesdays @ 8.30pm)*

- No report given.

NEW BUSINESS AT AREA – 11th DEC 2016

- Southern Area Service Committee currently doesn't have a quorum, suggested to reduce quorum from a min of 3 officers of the steering committee to 2 officers. To be brought back to groups for discussion and to be had discussed further at area in Jan.
 - It has been confirmed that the next area will be held in South Parish Community Centre, Sawmill Street. Literature Chairperson will be informed of the move, to organise the literature supplies being moved.
 - GSR requested the NA insurance policy, ASR to pass on the region contact details.
 - New NA group started in Carrigaline on Fridays @ 6pm - 7.15pm. GSR will contact webmaster with the meeting day, time & location.
 - The €3,000 Southern Area Convention reserve was lodged to the Southern Area NA bank acc.
 - Requested that if a sec of H&I meeting can't make the meeting that a curtesy phone call be made in advance to facility. This was agreed on, also agreed that sec can't make the meeting and if enough time is available, the sec to organise a member to cover sec on the night.
 - Eason's Hill Fri Morning Group had a look through proposed guidelines, and came up with 5 suggestions:
 - 1) Quorum
 - 2) Size -
 - 3) Advising members -
 - 4) Voting Process -
 - 5)
 - Niall S has offered to come on board to help assist with the guidelines update. This was welcomed & much appreciated.
 - Churchfield Community Trust still looking for PR event, the contact details to be passed to new PR chair.
 - H&I chair received the €51.92 expenses for the H&I literature, he will pass these expenses on to the literature chair at next area.
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- A member brought up a point on each member of the area (Area steering committee officers, subcommittee officers & the GSR's) all have an individual vote at the SASC meetings. It was questioned - Can a member elected as GSR also have a position as an officer of the area? Discussed that ideally that each member has 1 position only - as GSR or an officer of area, not both. However currently it is difficult to fill the positions.
 - It was noted in this discussion that there not a lot of members willing to do service, not just in Southern Area but NA as a whole.
 - Time will be set aside at each area for the purpose of discussing the guidelines update project for the foreseeable future.

ITEMS BROUGHT UP THIS MONTH BUT TO BE DISCUSSED AT AREA ON 8th JAN

1. GSR's to bring to the guidelines to their groups for discussion on suggestions for updates. Feedback to be brought back at next area for discussion.

2. Discussion to be had about putting a structure or guidelines around the Southern Area NA bank account.

Narcotics Anonymous Related SitesWorld Service NA Site: www.na.orgIrish Regional NA Site: www.na-ireland.orgSouthern Area NA Site: www.nasouth.ie

For those with Android or Apple devices 'NA Ireland' App is available for download in the PlayStore & the iTunes Store.

Up Coming Narcotics Anonymous Events

Southern Area Narcotics Anonymous New Year's Fundraising Event - 31st December 2016,
South Parish Community Centre, Sawmill Street, Cork City.

Next Southern Area Committee Meeting & AGM (2nd Sunday of every month)

Sunday, 8th January 2017 @ 3pm, in South Parish Community Centre, Sawmill Street, Cork City.

Next Irish Regional Meeting: (Last Sunday - Jan, March, May, July, Sept, Nov)

Sunday 29th January 2017 @ 12pm in the Irish Service Office (ISO), 14a Kevin's St, Dublin 8