



Sunday 12th February 2017 Minutes @ 3pm – YMCA, Marlborough Street, Cork City

Welcomed: By the Southern Area Committee Meeting (SASC) acting Chairperson, Tasha F.

Readings: The concepts were read by Timmy O C

Last Month's Minutes: Were seconded by a GSR, approved.

Apologies: Dara L (SASC ASR), Dermot M (SASC Phone Chair), Dan F (SASC Literature vice chair), Caroline (GSR Cahir)

Attendance List: Stephen B (SASC Secretary), Carmel C (GSR/ Outreach Chair), Jamie B (GSR), John E (SASC Convention Chair), Timmy O'C (GSR/ SASC events & fundraising chair), Shane F (member), Tasha F (member), James O'M (GSR Churchfield), Luca L (GSR), Caroline (GSR), Ann Marie H (GSR), Damian D (GSR Limerick), Ciaran H (SASC Literature Chair), Niall S (GSR), Pam W (member), Ger C (GSR Tralee), Karl (SASC Alternate ASR)

Elections this month: Karl was elected SASC alternate ASR.
John E elected as the Southern Area Convention Chair.

Positions Available:

Chairperson **Vice-chairperson** **Treasurer**

Current Southern Area Guidelines are available on www.nasouth.ie

SOUTHERN AREA COMMITTEE REPORTS

Treasurers Report:

Donations Received by NA Groups

Skibbereen	€18.00
Schull	€16.00
Churchfield Group	€10.00
Tralee Group	€20.00
Clonmel Group	€70.00
La Verna Group	€15.00
Waterford Group	€12.00
Ernville Group	€125.00
Dingle Group	€20.00
Total Group Donations:	€ 306.00

Expenses Paid Out to Sub Committees

Chairpersons travel exp.	€35.00
H&I Secretary Expenses	€116.60
Public Relations	€48.00
Area Moving Committee	€100.00
Phone Line exp.	€10.00
Total Expenses:	€274.60

Southern Area's Closing Balance (Donations-Expenses) on 12th February is €31.40

Literature Report:

Chairperson: Ciaran H

Vice-chairperson: Dan F

The order made for more literature in November hasn't arrived yet.

The shop took in €308.36

All orders documented as there are no order forms.

Outreach report:

Contact details for Southern Area Outreach

Outreach email: southernareaoutreach@gmail.com

Chairperson: Carmel C

Vice-chairperson: *Needed*

There was no outreach carried out in the last month. Carmel has recently taken over as outreach chair and would be grateful if members available to carry out outreach would get in contact with her. Also, if any groups are struggling for support please get in touch.

PR Report:

Contact details for Southern Area PR Committee

PR No: 085 866 4030

www.nasouth.ie

pr@nasouth.ie

Chairperson: Tasha F.

Vice-chairperson: *Needed*

Secretary: *Needed*

PR Event:

Date & Time: Monday, 23rd Jan 2017 @ 11.30am

Location: Clonakilty Agricultural College, Teagasc, Agricultural College, Darrara, Clonakilty, Co. Cork P85 AX52

Secretary: Dara

Speakers: Mary

Event Report: I posted down literature prior to the event, also including Southern Area helpline posters & meeting list. On the day there was 40 students present, our members were well received. The students asked questions & took literature. Literature was left with the guidance counsellor also. Thank you to Dara & Mary for their service.

**Expenses for PR
this month:**

The total is €547.07 (*including the reserve of PR literature
to be kept in the office*)

<u>The breakdown of the PR Expenses is:</u>	
Travel Expenses for the PR Event	€20.00
Credit for new Sim	€10.00
Printing meeting lists	€10.00
Posting literature to Dara	€8.00
To fill literature box (<i>including the 12% postage fee</i>)	€499.07

Overall PR Report for the month:

- Was handed over the Southern Area PR phone, the number was not used for so long it had been deactivated. I picked up a new sim so the Southern Area has a PR phone up and running again. I have setup a voicemail box for the phone also.
PR number is: 085 866 4030. The call plan is €20.00 every 30 days, providing data, 250 any network calls, unlimited calls to Eir network & landlines.
- The emails I send from pr@nasouth.ie account are not being received by the recipients. Also its inbox is just constantly being bombarded with spam. Will contact webmaster on this issue. If it can't be resolved I will set up a Gmail account for Southern Area PR.
- Few years previously area put in place a reserve of €500.00 worth of literature kept in a box up in the office of the YMCA for PR. I enquired about this last month as I couldn't see the box in the office. There is no box of literature left for PR but the €500.00 cash is in the

account. I have completed an order form and given it to the literature office, to fill the box up again.

- **Upcoming PR Event:** in Mid Tipperary Drugs Initiative on Wed 8th of March @ 10am in Cashel, Co. Tipp. I am looking for 2 speakers for this event, suggested - 1 yr clean time. I have the Southern Area projector with me for this.
- Anyone interested in getting involved in PR it would be greatly appreciated, contact the PR number above, thanks everyone.

In loving Service,
The Southern Area PR Committee.

Webmaster Report:

Just a reminder to members, let myself know of any changes are needed to NA meeting list to contact Paul N webmaster@nasouth.ie or 087 1386120.

Phone Report:

Contact details for Southern Area Phone

Southern Area Phone line number: 087 - 138 6120 (6pm - 9pm daily)

www.nasouth.ie

info@nasouth.ie

Chairperson: Dermot M

Vice-chairperson: Larry O S

Secretary: *Needed*

- 7 calls from members
- 4 calls from concerned persons
- 2 calls from professionals
- €10 in expenses

Convention Report:

Convention dates have been set to be held on 14th, 15th and 16th of July at the Woodlands Hotel in Waterford. The phone number for the hotel is 051-392700.

A deposit has been paid on the venue and a committee is now in place and is continuing its preparations. The theme of the convention is 'The Ties that Bind Us'.

Executive Committee

- A. Chairperson- John E
- B. Vice-Chairperson- Mark R
- C. Secretary- Thomas F
- D. Treasurer- *Available*

Subcommittee Chairpersons

- A. Welcoming- Carmel
- B. Entertainment- Eric S
- C. Graphics- Keith F
- D. Fund-Raising- Timmy

E. Vice-Treasurer- T.B.C

E. Merchandising- Ray B

The steering committee have set up a bank account to ensure all financial arrangements are in place. The graphics committee have flyers and posters in place to promote the event and we would encourage all present to promote the event at meetings around Southern Area.

Arrangements are currently being made with various speakers for the event and there are already speakers in place for the Opening and Closing ceremonies. It is proposed that there will be a Beach meeting after the Opening ceremony at a nearby beach close to the venue. This is just one of the many suggestions the committee have discussed so far.

The committee have requested clarification regarding security at conventions, namely what security is required by law at such an event.

NA New Year's Eve Fundraiser Report

Chairperson: Timmy O C

Vice Chairperson: Jamie B

Secretary: Jenny R

Treasurer: Podge Mc

Expenses

DJ Equipment	€250	Collection	€1407.50
Building	€60		
Magic	€50		
Refreshments	€150		
Landlord	€100		
Tickets	€60		
Other	€10		
Total Expenses	€680		

Profit from Event: €727.50

The NA New Year's Eve event was a success overall with a great turnout. The night consisted of two speakers, magic show, refreshments and a dance. The feedback received from members that attended the event was very positive.

There were a few minor issues that occurred during the event. Firstly, there was another group booked into the building that the committee did not know about before the event. Secondly, the DJ equipment was not collected until late on Monday as the company did not have access to the building. This ended up costing an extra €100 with the landlord of the building being very displeased. Thirdly, certain parts of the building were not cleaned properly which the landlord was again unhappy about. The landlord was issued an apology and €100 was donated to the building as a gesture of good faith.

The organising committee were unhappy at a perceived lack of support they received when organising the event. The events committee would like to thank Joe and Dee for speaking, Sean and Rob for DJ'ing, Owen D for being secretary, Shane F for welcoming people and collecting rubbish on night and to everyone that helped clean up – Dean O G, Dean C, Jordan, Darren, Luca, John, Peter and Lauren (apologies if we forgot to mention anyone).

Special thanks to Jenny R, the secretary, for all her help in organising the event.

Hospitals & Institutes (H&I) report:

Contact details for H&I

H&I number: 087 - 459 2117

H&I email: hospitals.institutes.nasouth@gmail.com

Chairperson: Patrick S

Vice-chairperson: Joe E

Secretary: *Needed*

Limerick

Bruree Men's Unit,

Sec: James F, Mark W

Speakers: Paul O D, John, Robbie.

Average Attendance: 22

Group Report: Good spirit shown from the group. Both Mark and James finding it impossible to find members from limerick willing to share experience strength and hope in the centre James had to bring someone from Shannon and mark has brought the same person up 3 times in a row now. Mark is struggling with filling his position and has been putting it out there for over 4 months to find someone to take it on as his commitment was up in November. Damien has now agreed to take up the position from next month. If people could please put it out at meetings that support is needed for the meetings to go ahead it would be a shame if the meeting cannot go ahead due to lack of local support.

Expenses: €40

Bruree Women's Unit

Sec: Tasha, Aisling

Speakers:

Average Attendance:

Group Report: Both Tasha and Aisling have taken up the commitment to get the women's meeting back on track which is needed as the women have not had a meeting since November. Have arranged with Bruree that both the men's and the women's meeting will take place to facilitate Tasha to get a lift from James as she does not drive. I will be talking to the centre on Monday to confirm things.

Thanks to both the girls and James for help in resolving the difficulties with this meeting.

Meeting will have to be kitted out as the last secretary is at the moment uncontactable.

Regional Hospital Limerick (5b)

Sec:

Group Report: Still nobody to fill this position. Anybody interested please contact me.

Expenses: €0

Limerick Prison Women's Unit

Sec: Aileen W,

Speakers: Elizabeth

Average Attendance: 7

Group Report: Meeting is going well only issue is that the girls phone calls are arrange during the meeting Aileen will ask if possible to change this as disruptive to the meeting.

Expenses: €21.60

Limerick Prison Men's Unit

Sec: Mark W

Speakers:

Average Attendance:

Group Report: still waiting for clearance to come back to begin the meeting, have been in regular contact with the prison in regards to this, we are ready to go as soon as we get the go ahead as soon as they are and nothing can really do.

Expenses: €0

Waterford

Ceim Eile Men's Unit

Sec: Carmel

Speakers:

Expenses: €0

Average Attendance:

Group Report: Meeting didn't go ahead due to Carmel being at a funeral. Also Carmel's commitment is up and we are looking for someone to take this up.

Ceim Eile Women's Unit

Sec: Mellissa

Speakers:

Expenses: €

Average Attendance:

Group Report: Due to change in staff and issues in the house the meeting didn't go ahead this month through no fault of NA hopefully will be back to normal this month.

Cork

Cork Prison:

Group report: James has put together a small panel to service the prison meeting. After last area I contacted the prison in regards to the delay in processing clearance forms for the panel, the delay is due to the email address provided to forward on the prison clearance forms was incorrect and the prison has requested that all passport photos be signed and dated on the back. James has asked the lads to do this and will be requesting 25 euro to reimburse anyone who needs to get new photos for their forms. Hopefully this will be the last delay in beginning the meeting. Anyone else that wishes to join the panel please contact either James or myself, waiting for clearance to begin meetings.

Expenses: €25

St. Helens meeting

Sec: Tony, Dara

Speakers: Gerry

Average Attendance: 10

Expenses: €0

Group Report: Tony has taken up second meeting and will do his first meeting this month. Thanks to James for his service. The meeting is now going well.

Cara Lodge Meeting

Sec: Jamie,

Speakers:

Average Attendance:

Group Report: Jamie could not open the meeting due to personal reasons.

Expenses: €0

Tabor Lodge Meeting

Sec: Paul, Dan

Speakers:

Average Attendance:

Group Report: Could not contact either Paul or Dan before Area.

Expenses: €0

Farnanes

Sec: Michelle.

Speakers: Rosanna, Fiona

Average Attendance: 18

Group Report: Meeting went well.

Expenses: €0

H&I Area Report

H&I is struggling in some areas at the moment as members are not coming forward for service and secretaries are going well beyond their time commitments to their positions, also just to find people to do chairs in most places seems to be a struggle at the moment the new meeting in the women's centre in Waterford and Bruree .

Finally more members both male and female asked to come forward to do service in all the treatment centres and to apply for clearance in Cork & Limerick Prison H&I meetings. 1-year clean time and contact Tasha, James or myself for the forms on 085 1615784.

Expenses:

Secretary's Expenses: € 86.60

H&I Chair expenses: € 30.00

H&I Literature Expenses: €

Total Overall Expenses for H&I: Total € 116.60

AREA GROUP MEETING REPORTS

CORK

Georges Quay Women's Group: (Mondays @ 6.30pm)

- No report given.

Rutland Street Men's Group: (Mondays @ 7pm)

- No report given.

Schull- Living Clean By the Sea Group: (Mondays @ 8pm)

GSR: Shane F

Ave. Attendance: 5

Group Report: Rent due for February. Questions relating to why the guidelines needed to be ratified?

Donation: €18

Skibbereen Group: (Fridays @ 8pm)

GSR: Shane F

Ave. Attendance: 5

Group Report: Needs more outreach support. Rent paid

Donation: €16.00

Hillside Solas Group: (Mondays @ 8.15pm & Saturdays @ 8pm)

- No report given.

Eason's Hill Group: (Tuesdays @ 6.15pm)

- No report given.

Trinity Group: (Tuesdays @ 8.00pm)

- No report given.

We Do Recover Group: (Wednesdays @ 1pm & Friday @8pm)

- No report given.

Churchfield Group: (Wednesdays @ 6.30pm and Sundays 12p) contact: churchfield@nasouth.ie

GSR: James O'M

Ave. Attendance: 10

Group Report: Group going well. All positions filled.

Donation: €10.00

Strength & Hope Group: (Wednesdays @ 8pm & Sunday 2pm)

GSR: *Needed*

Ave. Attendance: 25

Group Report: Struggling filling service positions but meeting attendance is strong.

Donation: €125.00

More Will Be Revealed Group, Ballincollig: (Thursdays @ 7pm)

- No report given.

La Verna Group: (Thursdays @ 8.00pm) contact: laverna@nasouth.ie

GSR: Timmy O'C

Ave. Attendance: 25

Group Report: Secretary and Treasurer for the group have changed.

Donation: €15.00

Fermoy Group: (Thursdays @ 8pm)

- No report given.

Eason's Hill (Fridays @ 11.30am)

GSR: Rachel/ Niall S (acting)

Ave. Attendance: 7

Group Report: Rent from previous premises has been increased from €5 per week to €50 per week so we won't be going back there. Discussed guidelines and recommend they be reduced in size. We are considering changing time of meeting so we have access to better room but no decision made yet.

Donation: €0

Carrigaline Group: (Fridays @ 6pm)

- No report given.

Community Centre, Sawmill Street: (Sundays @ 8pm)

- No report given.

PoljaNA Group: (Sundays @ 10am)

- No report given.

KERRY

Freedom Group, Tralee: (Mondays, Thursdays & Saturdays @ 8.00pm)

GSR: Ger C

Ave. Attendance: 10

Group Report: Rent is up to date.

Donation: €20

Dingle Group, John Street: (Tuesdays @ 7:30pm & Fridays @ 8.30pm)

GSR: Needed

Ave. Attendance: 2-3

Group Report: Meeting is very small. Visitors always welcome.

Donation: €20.00

Killarney Group, Rock Road: (Tuesdays & Saturdays @ 8pm)

GSR: Dermot M

Ave. Attendance: 6 Tuesday/ 2 Saturday

Group Report: Tuesday meeting going well thanks to support from outreach. Saturday meeting really struggling for numbers and may possibly be closing down.

Donation: €0

Listowel Group: (Tuesdays @ 8pm) contact: listowel@nasouth.ie

- No report given.

Talbot Grove Group: (Sundays @ 8:00pm)

- No report given.

WATERFORD

St. John's Group, Waterford: (Mondays @ 6pm, Tuesdays @ 8pm, Thursdays @ 7pm, Fridays @ 8pm, Saturdays @ 1pm and Sundays @ 8pm).

GSR: Carmel C

Ave. Attendance: 15-20

Group Report: All meeting going good. Rent is up to date.

Donation: €12.00

The Manor NA Group, Waterford: (Wednesdays @ 8pm).

- No report given.

LIMERICK

Limerick City Group: (Mondays, Wednesdays & Fridays @ 8.30pm in Social Services, with Mondays, Tuesdays & Thursdays @ 11am, also Saturdays @ 1pm & Sundays @ 6.30pm in St. John's Parish Hall)

GSR: Damian D

Ave. Attendance: 20

Group Report: All meeting going well and rent up to date.

Donation: €0

Abbeyfeale Group: (Mondays @ 8pm)

- No report given.
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TIPPERARY

Nenagh Group: (Mondays @ 8.00pm & Thursdays @ 8.30pm)

- No report given.

Clonmel Group: (Sundays, Tuesdays & Fridays @ 8.30pm)

GSR: Annmarie H

Ave. Attendance: 10

Group Report: All meeting going well and rent up to date.

Donation: €70.00

Aisieri, Cahir Group: (Wednesdays @ 8.30pm)

GSR: Caroline

Ave. Attendance: 15

Group Report: All meeting going well. Rent paid.

Donation: €0

CLARE

Ennis & Bushy Park Group: (Mondays, Thursdays & Saturdays @8.30pm in Ennis Friary with Fridays @ 8.30pm in Bushy Park) contact: ennisfriarygroup@nasouth.ie

- No report given.

Ennistymon – Just For Today Group: (Tuesdays @ 8pm & Saturdays @ 1pm)

- No report given.

Shannon Group: (Sundays & Wednesdays @ 8.30pm)

- No report given.

NEW BUSINESS AT AREA – 12th FEB 2017

- Discussion was carried out regarding drafting of guidelines with each group sending suggestions with their GSR. Questions were raised regarding:
 - why the guidelines were being ratified?,
 - the size of the guidelines and suggested they be reduced in size?,
 - why don't members ratifying guidelines take up service positions in area?
 - Could a frequently asked questions section be included?

The main outcome of the discussion was the guidelines are being ratified after the SASC sec proposed they be updated at area in April 2016 and the group on that day voted yes for the update. With regards the size and content of the guidelines, it is currently a work in progress and all suggestions are welcome and members will be consulted throughout the process. It was also noted that the 3 members involved with the update of the guidelines are each currently elected into service positions at Area.

- Paul requested €100 be made available to pay for the cupboards for the Southern Area move to Rutland Street. The €100 had been approved at a previous meeting of Southern Area.
- John E requested that €3,000 be made available for the SASC Convention Committee as per the prudent reserve.
- Tasha made a request for €500 to be made available for PR literature as per prudent reserve.
- Ciaran H and Dan F requested unclaimed petrol expenses for doing H&I in Tabour Lodge over last few months.
- It was agreed that next month's meeting of Southern Area would take place in Limerick and the following month would take place in the new venue at Rutland Street, Cork City.

ITEMS BROUGHT UP THIS MONTH BUT TO BE DISCUSSED AT AREA ON 12th MARCH

1. An update on the current situation regarding access to the prisons in Limerick and Cork.

Narcotics Anonymous Related Sites

World Service NA Site: www.na.org

Irish Regional NA Site: www.na-ireland.org

Southern Area NA Site: www.nasouth.ie

For those with Android or Apple devices 'NA Ireland' App is available for download in the PlayStore & the iTunes Store.

Next Southern Area Committee Meeting (2nd Sunday of every month)

Sunday, 12th March 2017 @ 3pm in Parish Hall, St. John's Cathedral, Cathedral Place,
Limerick City (Link to google maps available below)

<https://www.google.com/maps/dir/52.6623354,-8.6171747/52.6623054,-8.6171758/@52.6625054,-8.6178775,18z>

Next Irish Regional Meeting: (Last Sunday - Jan, March, May, July, Sept, Nov)

Sunday 26th March 2017 @ 12pm in the Irish Service Office (ISO), 14a Kevin's St, Dublin

