



Sunday 11th December 2016 Minutes @ 3pm – South Parish Centre, Rutland Street, Cork.

Welcomed: By the Southern Area Committee Meeting (SASC) Chairperson, Dara L.

Readings: The concepts were read by Luca L.

Last Month's Minutes: Were seconded by a GSR, approved.

Apologies: John O'C (SASC convention chair), Joe E (SASC Convention vice-chair), Ger C (GSR Tralee), Larry O S (GSR Eason's Hill), Damien D (GSR Limerick)

Attendance List: Dara L (ASR), Stephen B (SASC Secretary), Dermot M (SASC phone chair), Carmel C (GSR/ Outreach Chair), Jamie B (GSR), Daniel F (SASC Literature Vice Chair), Timmy O'C (GSR/ SASC events & fundraising chair), Brian O D (member), Shane F (member), Tasha F (member), James O'M (GSR Churchfield), Luca L (GSR), Caroline (GSR), Ann Marie H (GSR)

Elections this month: Tasha F elected as public relations (PR) committee chairperson, members needed to form subcommittee. Vice-chair and secretary positions available.

Positions Available:

Chairperson Vice-chairperson Treasurer Alt. ASR

Current Southern Area Guidelines are available on www.nasouth.ie

SOUTHERN AREA COMMITTEE REPORTS

Treasurers Report:

Donations Received by NA Groups

Skibbereen	€20.00
Killarney Group	€30.00
Eason's Hill Group	€15.00
Churchfield Group	€10.00
Clonmel Group	€50.00
Limerick Group	€300.00
We Do Recover Rutland St	€25.00
Aisieri, Cahir Group	€50.00
La Verna Group	€15.00
Waterford Group	€7.00
Monies carried from last month	€110
Total Group Donations:	€ 632.00

Expenses Paid Out to Sub Committees

Chairpersons travel exp.	€35.00
H&I Secretary Expenses	€117.92
Public Relations	€87.51
Phone Line exp.	€10.00
Total Expenses:	€250.43

Southern Area's Closing Balance on 11th December is €381.57
Donation to Region of €385.

Literature Report:

Chairperson: Ciaran H
Vice-chairperson: Dan F

The order made for more literature in November hasn't arrived yet.
The shop took in €308.36
All orders documented as there are no order forms.

Outreach report:

Contact details for Southern Area Outreach

Outreach email: southernareaoutreach@gmail.com

Chairperson: Carmel C
Vice-chairperson: *Needed*

Carmel C has agreed to take up Outreach chair. It was agreed that Carmel would get in touch with the previous chair, Pam W, to organise a handover and the transfer of funds for outreach activities.

PR Report:

Contact details for Southern Area Phone

www.nasouth.ie

pr@nasouth.ie

Chairperson: Tasha F

Vice-chairperson: *Needed*

Secretary: *Needed*

PR Event #1

Date and Time: Wed, 21st December 2016 @2pm

Location: Churchfield Community Trust

Secretary: Tasha F

Event Report:

Approx. 10 people attended this event. There were professionals & members present plus Tasha, James and Anthony. Tasha opened and introduced NA to the audience, giving a presentation on NA. The information was taken from Chapter 4 in the back of the PR handbook. The two lads were great & the staff really enjoyed the event and found it very informative. Thanks were given to Churchfield trust for inviting us and they expressed a desire to have similar events, maybe 2 or 3 times a year, in future.

Literature Order:

Literature was needed for the event on the 21st because the literature office was not open during the month. Tasha posted a literature order and postal order to the ISO in Dublin to make sure literature was available for the event.

Expenses:

Total expenses for the month were €87.51.

The breakdown of the expenses are as follows:

- €61.50 for postal order
- 26.01 for travel expenses

Overall Report:

- Tasha met Brendan for the PR phone
- She is currently working on a database of facilities in Southern Area that deal with drug related clients.
- For the month coming, Tasha is looking to contact facilities in Southern Area that currently have H&I meetings to offer PR. This will be done through written letter. The purpose of this is to give the facilities an opportunity to have a PR event to learn about NA i.e. what NA is about and what meetings are in their facilities.

- Following this, Tasha will seek out new PR opportunities to carry the NA message. Also, will be looking to run PR workshops throughout the year.

Webmaster Report:

Just a reminder to members, let myself know of any changes are needed to NA meeting list to contact Paul N webmaster@nasouth.ie or 087 1386120.

Phone Report:

Contact details for Southern Area Phone

Southern Area Phone line number: 087 - 138 6120 (*6pm - 9pm daily*)

www.nasouth.ie

info@nasouth.ie

Chairperson: Dermot M

Vice-chairperson: Larry O S

Secretary: *Needed*

- 4 calls from members
- 3 calls from newcomers
- 3 calls from concerned persons
- €10 in expenses

Convention Report:

The chairperson and vice-chairperson sent their apologies that they were unable to make area this month. They have committed to be at each area going forward. The report is as follows:

- The committee held two meetings in this period
- We have come up with a theme for the event
- Fundraiser in Cork was a huge success. Thanks to Jamie and Timmy and their committee.
- Received prudent reserve of €3,000 from previous convention chair. This is lodged in the NA account.
- There is one position left to fill on Committee. Entertainment Chair
- The committee are meeting every two weeks in the lead up

Executive Committee

- A. Chairperson- John O C
- B. Vice-Chairperson- John E
- C. Secretary- Thomas F
- D. Treasurer- Colin O L
- E. Vice-Treasurer- John H

Subcommittee Chairpersons

- A. Welcoming- Carmel
- B. Entertainment- *Need to fill position*
- C. Graphics- Keith F
- D. Fund-Raising- Timmy
- E. Merchandising- Ray B

- There were expenses of €60 paid for flyers

Hospitals & Institutes (H&I) report:

Contact details for H&I

H&I number: 087 - 459 2117

H&I email: hospitals.institutes.nasouth@gmail.com

Chairperson: Patrick S

Vice-chairperson: Joe E

Secretary: *Needed*

LIMERICK

Bruree Men's Unit

Sec: James F, Mark W

Speakers: Paul O D, Angus B, Tom H

Average Attendance: 24

Group Report: Centre is happy that NA is getting in on regular basis now relationship is really good. All is going well.

Expenses: €30

Bruree Women's Unit

Sec: Position available

Speakers:

Average Attendance:

Group Report: Yvonne has decided to hand up her position and Shauna has another commitment on a Friday so is unable to commit right now, have approached someone to fill the position and am hopeful to have the meeting back up and running this month.

Expenses: €0

Regional Hospital Limerick (5b)

Group Report: Still nobody to fill this position. Anybody interested please contact Patrick S.

Limerick Prison Women's Unit

Sec: Aileen W

Speakers: Tasha

Average Attendance: 3

Group Report: Tasha 12 month commitment has ended, Aileen has taken up the position her first meeting went really well. In need of more members with required clean time to put themselves forward for Garda clearance, anyone interested me. Like to thank Tasha for her service getting the meeting of the ground and support with the men's meeting.

Expenses: €0

Limerick Prison Men's Unit

Sec: Mark W

Speakers:

Average Attendance:

Group Report: Still waiting for clearance to come back to begin the meeting, we are ready to go as soon as we get the go ahead.

Expenses: €0

WATERFORD

Ceim Eile Men's Unit

Sec: Carmel

Speakers:

Expenses: €0

Average Attendance:

Group Report: Meeting didn't go ahead due to Christmas timetable.

Ceim Eile Women's Unit

Sec: Mellissa

Speakers: Ann Marie, Ciara

Expenses: €15

Average Attendance: 6

Group Report: First meeting in the house went really well and the girls connected with the meeting

CORK

Cork Prison

Group report: James has put together a small panel to service the prison meeting. Anyone else that wishes to join the panel please contact either James O M or Patrick S, waiting for clearance to begin meetings.

Expenses: €0

St. Helens meeting

Sec: James, Dara

Speakers: Trevor

Average Attendance: 10

Expenses: €0

Group Report: Second meeting didn't go ahead due to transport issues. The meeting is otherwise going well.

Cara Lodge Meeting

Sec: Jamie

Speakers: Derek, Roy

Average Attendance: 7

Group Report: Meeting went well, message being carried.

Expenses: € 20

Tabor Lodge Meeting

Sec: Paul, Dan

Speakers: Hailey, Dara

Average Attendance: 14

Group Report: All going well

Expenses: €0

Farnanes

Sec: Michelle

Speakers: Michelle

Average Attendance: 32

Group Report: Meeting went well but had nobody to do the chair meeting needs support with chairs.

Expenses: €0

H&I Area Report

H&I is busy at the moment with the prisons, the new meeting in the women's centre in Waterford and Bruree.

More members, both male and female, have asked to come forward to do service in all the treatment centres and to apply for clearance in Cork & Limerick Prison H&I meetings. 1-year clean time and contact Tasha, James or Patrick S for the forms on 0860776991.

Expenses:

Secretary's Expenses: € 70.00

H&I Chair expenses: €30.00

H&I Literature Expenses: € 17.92

Total Overall Expenses for H&I: € 117.92

AREA GROUP MEETING REPORTS

CORK

Georges Quay Women's Group: (Mondays @ 6.30pm)

- No report given.

Rutland Street Men's Group: (Mondays @ 7pm)

GSR: Luca L

Ave. Attendance: 8

Group Report: Meeting is going well. Group was at risk of shutting down but things have picked up with last while. Each meeting will now begin with 5 minutes of meditation.

Donation: €0

Schull- Living Clean By the Sea Group: (Mondays @ 8pm)

GSR: Shane F

Ave. Attendance: 5

Group Report: Rent paid. Meeting requires support from outreach.

Donation: €0

Skibbereen Group: (Fridays @ 8pm)

GSR: Shane F

Ave. Attendance: 4

Group Report: Needs more outreach support. Rent paid

Donation: €20.00

Hillside Solas Group: (Mondays @ 8.15pm & Saturdays @ 8pm)

- No report given.

Eason's Hill Group: (Tuesdays @ 6.15pm)

GSR: Larry O S

Ave. Attendance: 10

Group Report: Meetings are going well.

Donation: €15.00

Trinity Group: (Tuesdays @ 8.00pm)

- No report given.

We Do Recover Group: (Wednesdays @ 1pm & Friday @8pm)

GSR: Jamie B

Ave. Attendance: 25

Group Report: Group going well. Lack of female members attending meeting. Introduced a sponsorship list to promote sponsorship and step work.

Donation: €25.00

Churchfield Group: (Wednesdays @ 6.30pm and Sundays 12p) contact: churchfield@nasouth.ie

GSR: James O'M

Ave. Attendance: 10

Group Report: Group going well. All positions filled.

Donation: €10.00

Strength & Hope Group: (Wednesdays @ 8pm & Sunday 2pm)

GSR: *Needed*

Ave. Attendance: 12 on Sun & 25 Wed

Group Report: There were issues over Christmas with a lack of access to the building so steps are being taken to make sure this does not happen again.

Donation: €0

More Will Be Revealed Group, Ballincollig: (Thursdays @ 7pm)

- No report given.

La Verna Group: (Thursdays @ 8.00pm) contact: laverna@nasouth.ie

GSR: Timmy O'C

Ave. Attendance: 30

Group Report: Attendance at meeting picking back up.

Donation: €15.00

Fermoy Group: (Thursdays @ 8pm)

- No report given.

Eason's Hill (Fridays @ 11.30am)

- No report given.

Carrigaline Group: (Fridays @ 6pm)

- No report given.

Community Centre, Sawmill Street: (Sundays @ 8pm)

- No report given.

PoljaNA Group: (Sundays @ 10am)

- No report given.

KERRY

Freedom Group, Tralee: (Mondays, Thursdays & Saturdays @ 8.00pm)

- No report given.

Dingle Group, John Street: (Tuesdays @ 7:30pm & Fridays @ 8.30pm)

- No report given.

Killarney Group, Rock Road: (Tuesdays & Saturdays @ 8pm)

GSR: Dermot M

Ave. Attendance: 6 Tuesday/ 2 Saturday

Group Report: Tuesday meeting going well thanks to support from outreach. Saturday meeting really struggling for numbers and may possibly be closing down.

Donation: €30.00

Listowel Group: (Tuesdays @ 8pm) contact: listowel@nasouth.ie

- No report given.

Talbot Grove Group: (Sundays @ 8:00pm)

- No report given.

WATERFORD

St. John's Group, Waterford: (Mondays @ 6pm, Tuesdays @ 8pm, Thursdays @ 7pm, Fridays @ 8pm, Saturdays @ 1pm and Sundays @ 8pm).

GSR: Carmel C

Ave. Attendance: 15-20

Group Report: All meeting going good. Rent is up to date.

Donation: €7.00

The Manor NA Group, Waterford: (Wednesdays @ 8pm).

- No report given.

LIMERICK

Limerick City Group: (Mondays, Wednesdays & Fridays @ 8.30pm in Social Services, with Mondays, Tuesdays & Thursdays @ 11am, also Saturdays @ 1pm & Sundays @ 6.30pm in St. John's Parish Hall)

GSR: Damian D

Ave. Attendance: 20

Group Report: All meeting going well and rent up to date. Waiting on a literature order to be delivered.

Donation: €300.00

Abbeyfeale Group: (Mondays @ 8pm)

- No report given.

TIPPERARY

Nenagh Group: (Mondays @ 8.00pm & Thursdays @ 8.30pm)

- No report given.

Clonmel Group: (Sundays, Tuesdays & Fridays @ 8.30pm)

GSR: Annmarie H

Ave. Attendance: 10

Group Report: All meeting going well and rent up to date.

Donation: €50.00

Aisieri, Cahir Group: (Wednesdays @ 8.30pm)

GSR: Caroline

Ave. Attendance: 15-20

Group Report: All meeting going well.

Donation: €50.00

CLARE

Ennis & Bushy Park Group: (Mondays, Thursdays & Saturdays @8.30pm in Ennis Friary with Fridays @ 8.30pm in Bushy Park) contact: ennisfriarygroup@nasouth.ie

- No report given.

Ennistymon – Just For Today Group: (Tuesdays @ 8pm & Saturdays @ 1pm)

- No report given.

Shannon Group: (Sundays & Wednesdays@ 8.30pm)

- No report given.

NEW BUSINESS AT AREA – 11th DEC 2016

- It has been confirmed that the next area will be held in the usual location of YMCA, Marlboro St, Cork City.
- It has been brought up that the Chairperson and vice-chairperson of the convention committee have not attended Southern area. In future, it has been suggested, as per the agreement at the beginning of the process, that at least one of the members should be in attendance.
- New groups are looking to set up in Togher and Macroom and require starter packs. We are currently awaiting a delivery of literature before these packs can be made available.
- The alternate GSR for Limerick suggested that Southern Area meeting may be held in Limerick in next few months. The March meeting of Southern Area has been provisionally set as taking place in Limerick

ITEMS BROUGHT UP THIS MONTH BUT TO BE DISCUSSED AT AREA ON 12th FEB

1. An update on the current situation regarding access to the prisons in Limerick and Cork.
2. An update on the current situation regarding the move of Southern Area from YMCA to Rutland St, Cork City
3. Confirmation of date that Southern Area will take place in Limerick.

World Service NA Site: www.na.org
Irish Regional NA Site: www.na-ireland.org
Southern Area NA Site: www.nasouth.ie

For those with Android or Apple devices 'NA Ireland' App is available for download in the PlayStore & the iTunes Store.

Next Southern Area Committee Meeting (2nd Sunday of every month)

Sunday, 12th February 2017 @ 3pm, in **YMCA, Marlboro Street, Cork City.**

Next Irish Regional Meeting: (Last Sunday - Jan, March, May, July, Sept, Nov)

Sunday 29th January 2017 @ 12pm in the Irish Service Office (ISO), 14a Kevin's St, Dublin

