

N.A SOUTHEN AREA COMMITTEE REPORT July 12th 2009

TRADITION 9: Read by Finbarr

ATTENDANCE: Paul C, Finbarr F, Paul N, Anoushka M, Tina T, Michael H, Martin C, Dave W, Lorraine W, Elaine B, Fiona C, Dessie P, Tanya O'K, Dave D, Conor C, Jonathon McC, Bertie B, Owen J, Danny F, Doireann

APOLOGIES: Therese, Ger C, Miriam

ELECTIONS

Events: Position still open.

Fundraising: Position still open.

People interested in taking up positions at Area please come to the next area.

THESE POSITIONS ARE IMPORTANT!!!!!!

GROUP REPORTS:

Y.M.C.A: Meeting doing well. All positions filled. Donation €80. New candle meeting on Friday

Ennis Freedom for Today Group: No Report

Ennis Friary Group: No Report

Trinity: Av. Att.25. Meeting going ok. Need clean time support. Need a new GSR. Donation €30.

Minutes not recieved the last 3 months. Rent paid.

Clonmel: Av. Att. 10-12. All positions filled. Meeting going well. Donation €80

Dominican Centre: Meeting going well. All positions filled. Conor C is Secretary. Anoushka M is the new GSR. No Donation. **Issue was raised about people sharing past the meeting finishing time.**

MEETING FINISHES AT 4.30pm SHARP!!!!!!

Clonakilty: . No Report. Donation €100 to be confirmed in next minutes

Dean St: Fiona C GSR. Monday needs Tea Secretary and Treasurer. Av. Att. 15-20. No Donation.

Cobh: No report

Churchfield (Wednesday): . Meeting numbers have gone down, really struggling for numbers.

Av. Att 4-6. All positions filled. Mark M is the new Secretary. No Donation.

La Verna: No GSR. Donation €70.

Churchfield (Sunday): Meeting numbers are not coming up. Meeting struggling for support.

Still no Treasurer. All other positions filled. Av. Att. 3-5. No Donation

Nenagh: No Report.

Tralee: No Report.

Listowel: Tuesday Av. Att 3. Friday Av. Att 5.No Donation. **Both meetings need support.**

Unity: Meeting going well. Av. Att 8-10 No Donation

Limerick: No report

Shannon: No Report.

Youghal: No Report

Skibbereen: Alv. Att. 4. No Donation. **Outreach support requested.**

C.U.H. G.F: New Secretary Paul H. New Treasurer Jason O'D. Av. Att. 25. Meeting going well. No Donation.

Mallow: Av. Att 6-8. All positions filled. No Donation. **In urgent need of support.**

Fermoy: Av.Att. 4. All positions filled. No Donation. **Badly needs support.**

St. Johns, Waterford: **Needs Outreach support**

Lady lane, Waterford: **Needs Outreach support**

Macroom: No Report

Talbot Grove, Castleisland Kerry: No Report

Kilarny: No Report

COMMITTEE REPORTS:

VICE-CHAIR:

- No Report

PHONE & OFFICE:

- No Report

LITERATURE:

- Claire has handed in the position of Literature Chair, Bertie put himself forward and was voted in.
- Literature worth €316.08 was ordered.
- Expenses: Stationary €8.98 and Postage €3.70. Total Expenses €12.68

HOSPITALS AND INSTITUTIONS:

- St. Miichaels Mercy Hospital: Dave W Secretary. Meeting going well. Literature required. Finbarr, Paul and Mary spoke this month.
- Bruree: Finbarr and Damian Secretaries. Two meetings per month. Literature required. Bert and Finbarr spoke this month. Expenses €70
- Blarney St. Helens: Meeting goping well. James O'S, Anthony M, Bert and Paul N spoke this month. Expenses €75
- Cork Prision: Bert Secretary. Meeting going well. Anthony and Paul spoke this month. Literature required. Expenses €5

- Tabor Lodge: Tanya and Elaine Secretaries. Finbarr, Lorraine, Anthony and Alex spoke this month. Literature required. Expenses €20
- Cara lodge: No meeting held this month. Been unable to find new Secretary. Martin will stand in wednesday.
- Phone expenses €10
- Total expenses €180
- Secretary urgently required for Cara Lodge**

FUNDRAISING:

- No Report

PUBLIC RELATIONS:

- Spoke twice this month.
- Looking for feedback attending 3 meetings this month: Lord Mayors Heroin Taskforce, Cork City Partnership and Cork Drugs Local Taskforce
- After lots of discussion a proposal was made that PR attend and give a quick presentation and give no opinion on the meeting and also stay to answer questions on NA.
- A vote was held and the proposal was passed.
- Fundraiser Report for PR**
- The fundraiser was held on the 21st of June 09 in the Oriel Hotel, Ballincollig.
- There were approx 100 people in attendance.
- The Murder Mystery and 3 djs were well recieved.
- The Committee would like to thank the following people for their help: Elaine B, Fiona C, Damhnait, Doireann, Annoushka, Alex, Bertie, Noel, Paul, Tina, Michael, Cormac, John O'K, Ronan N, James O'S
- Thanks to the Oriel Hotel for providing the room and the food.
- Thanks to everyone who bought tickets and travelled to support the event.

OUTREACH:

- All meeting on Thursday nights seems to be struggling. its a tough night for many to attend.
- Will attempt to get support to Thursday meetings.
- Expenses €25

A.S.R

- No Region this month.
- WSO wants feedback on pricing of literature.

EVENTS:

- No Report.

Webmaster:

- The website is now online at www.nasouth.ie.
- Website is going well.
- A couple of requests for information have been responded to.
- Usage for June 2009 was 718 visits to the site
- Email addresses in the form of name@nasouth.ie are available for any of the groups or subcommittees that want them.
- Southern Area minutes and ASR Reports are on the website
- Details of the upcoming Fundraising event in Mullingar, July 18th have been added to the website.
- Region have asked us to validate all meetings on the website, to aid the creation of the Regional Meetings list. I have started this.
- All comments and suggestions welcome to Paul or to the email address info@nasouth.ie

Ad-Hoc Committee:

- Please find full report attached.
- Meeting being held every second Thursday 6.00pm in La Verna starting on the 23rd of this month
- Suggestion on starting a Speaker Meeting once a month. Lots of discussion as to what type of meeting be held, an Open Meeting or a PR meeting.
- A vote was taken on the type of meeting. 10 in favor of PR and 5 in favour of Open Meeting.

ANY OTHER BUSINESS:

Dominican Centre:

Quick discussion about people talking over time in the meeting. It was pointed out this was a group issue.

Dean St:

Talking about having 2 Groups for different nights. Again this is a group issue.

**NEXT AREA MEETING WILL BE HELD ON SUN 9th August 2009,
in Y.M.C.A, CORK at 3pm.**

ALL ARE WELCOME.

Report to Service Committee

09/07/09

Re: Service Workshops.

The Service Workshops took place as arranged in the InisKenny Suite of the Oriole House Hotel, Ballincollig on Saturday 20th June.

They were facilitated by Niall S and Mick B the IRCNA ED and ED (alt). In total between 20-25 people attended and the presentation was well received and enjoyed by all those who took part.

The workshop was split into 2 sections.

Section 1: was introduced by Niall S and then Mick B spoke about what service means to him and for his recovery. We then proceeded to identify the problems within the SA and broke into 4 groups to 'brainstorm' solutions.

Several issues were identified: (These are presented in no particular order)

- 1) **Lack of Experience** – members with cleantime 'drifting' away into other fellowships etc.

Solutions: a) we need to take personal responsibility as members with cleantime what meetings do we attend? Could we attend more?

b) we need to highlight the importance for our fellowship of this issue.

c) we could emphasise the concept and importance of the HOME GROUP.

d) we could ask the 'older lemons' why they aren't attending and what can be done to bring them back.

- 2) **Encourage Service** – service positions aren't being filled and service doesn't seem to be seen as a necessary part of the newcomer's recovery, or any addict's for that matter.

Solutions: a) we need to make service more attractive and emphasise its part in the NA program of recovery from addiction.

b) examine the idea of each group having '**Service Sponsors**' - members who have experience of service who will identify themselves as being there to discuss service commitments with other members who might need more support and info.

- 3) **Involvement in a 'Home Group'** – as a fellowship Southern Area (especially in Cork City) we seem to have lost the 'Home Group' both as an idea and as a practice – how many members identify themselves with a particular group as their 'Home

Group’?

Solutions: a) as members we need to celebrate and keep our ‘Home Group’ anniversaries.

b) we need to emphasise the concept of a ‘Home Group’ and attend it regularly.

c) Set up a ‘Home Group Committee’ in our own ‘Home Group’ who will organise the ‘Home Group’ Book and arrange for medallions to be bought for upcoming members cleantime anniversaries.

d) we will run a ‘Home Group’ workshop as our next Service Workshop event. (It will be held in September).

4) **Leadership** – we felt that service positions are just being ‘handed over’ in a ‘my time’s up – you work away’ fashion.

Solutions: a) handover overlap – service positions at SA run for 13 months so the outgoing person is there to assist their replacement.

b) we suggest that outgoing secretary does the chair at the next meeting.

c) individual sponsors and ‘Home Group Members’ to foster/mentor others to come forward

d) we need clarity about cleantime requirements and duties (especially for H&I speakers).

5) **Open Meeting** – SA NA has never had an OPEN MEETING in Cork within our recollection.

Solutions: a) define an ‘OPEN MEETING’ – an open meeting is like a closed meeting (i.e. a ‘normal’ NA meeting) BUT it is open to everyone who wishes to attend – partners, spouses, family, friends, etc.

b) plan to hold an open meeting once EVERY month – set up committee to run this (NA guidelines suggest a separate OPEN MEETING COMMITTEE).

c) Mark P, Tina T and Dave W volunteered to begin to arrange this.

Section 2: was basically to allow everyone present to highlight which of the issues and suggestions they saw as most important.

The 6 top issues as voted for by the participants were:

1: Lack of Clean Time in the SA Fellowship and the need for more clarity around the concepts, benefits, and requirements of service.

2: Open Meeting once a month and Home Group events.

3: Handover overlap when passing on service positions.

4: Service Sponsor position be set up in each group.

5: A new SAC Service sub-committee be formed at Area. (i.e. turn Dave’s Service Committee over to Area ☺)

And finally in a vote of appreciation and support for the members of the SAC

AdHoc/Service Committee

6: More workshops!!!!

A big thanks to ALL who attended on a very sunny Saturday afternoon, who all gave your inputs and ideas which were vital to the event's success. And especially thanks to Niall S, Mick B, Paul N and Fiona C without whom the workshops would not have happened.

Yours in Service,
Dave W.