



**Sunday 12<sup>th</sup> March 2017 @ 3pm – Parish Hall, St. John's Cathedral, Cathedral Place, Limerick City.**

**Welcomed:** By the Southern Area Committee Meeting (SASC) (Acting) Chairperson, Dara L

**Readings:** The concepts were read by Stephen B

**Last Month's Minutes:** Yes

**Apologies:** Jamie B (GSR), Caroline (GSR), Tor C (member)

**Attendance List:** Stephen B (SASC Secretary), Timmy O C (SASC Events Chair), Tasha F (SASC PR Chair), Russell C (member), Damian D (GSR), Ashley W (GSR), Yvonne K (member), Jordan D (member), James O (GSR), Shane F (GSR), Dara L (SASC ASR), Dermot M (SASC Phone Chair), Carmel C (SASC Outreach Chair), Patrick S (SASC H&I Chair), Dan F (SASC Literature Vice Chair), Ciaran H (SASC Literature Chair), Geraldine C (GSR), Shane D (GSR), Robert D (member), Annmarie H (GSR), Karl T (SASC Alt. ASR)

**Elections this month:**

**Current Southern Area Guidelines are available:**

SASC Chairperson

SASC Vice Chairperson

SASC Treasurer

## SOUTHERN AREA COMMITTEE REPORTS

### Treasurers Report:

<b>Donations Received by NA Groups</b>		<b>Expenses Paid Out to Sub Committees</b>	
Schull	€10.00	Chairpersons travel exp.	€70.00
Limerick	€400.00	H&I Secretary Expenses	€154.50
Clonmel Group	€60.00	Public Relations	€65.00
La Verna Group	€5.00	Phone Line exp.	€10.00
Trinity	€15.00	Total Expenses:	€299.50
Strength and Hope Group	€100.00		
Dingle Group	€20.00		
Total Group Donations:	€ 610.00		

The balance brought forward from March 12<sup>th</sup> is €310.50. The balance brought forward from last month was €31.40. Thus, overall Southern Area's Closing Balance (Donations-Expenses) on 12<sup>th</sup> March is €341.90.

- The closing balance from March (€340) has been put towards replenishing the SASC PR Reserve. The overall reserve is €500 so there is still €160 owed before it is fully replenished.
- Due to €400 being paid in a cheque, there was a shortage of funds to cover expenses on the day. As such, the Literature Chair put forward €60 to cover expenses which must be paid back at the next meeting of Southern Area.

### Literature Report:

Chairperson: Ciaran H

Vice-chairperson: Dan F

Total income for January 2017 was €317.75.

Total income for March 2017 was €480.

### Area Service Representative (ASR) Report:

Chairperson: Dara L

Vice-chairperson: Karl T

The next meeting of Region will take place on Sunday 26<sup>th</sup> of March. Dara L and Karl T will attend Region and bring forward any issues raised in the Southern Area. Furthermore, Dara L expressed an interest in attending an NA event in Poland for ASRs which will comprise of meetings and workshops etc.

**Outreach report:****Contact details for Southern Area Outreach:**Outreach email: [southernareaoutreach@gmail.com](mailto:southernareaoutreach@gmail.com)

Chairperson: Carmel C

Vice-chairperson: *Needed*

There was no outreach carried out in the last month. Carmel has recently taken over as outreach chair and would be grateful if members available to carry out outreach would get in contact with her. Also, if any groups are struggling for support please get in touch.

**Webmaster Report:**

Just a reminder to members, let myself know of any changes are needed to NA meeting list to contact Paul N [webmaster@nasouth.ie](mailto:webmaster@nasouth.ie) or 087 1386120.

**Public Relations (PR) Report:****Southern Area PR Phone Number:** 085 866 4030**PR Email:** [pr.nasouth@gmail.com](mailto:pr.nasouth@gmail.com)**Chairperson:** Tasha F.**Vice-chairperson:** Larry H**Secretary:** *Needed***PR Event:****Date & Time:** Wednesday, 8<sup>th</sup> March 2017 @ 10.00am**Location:** Took place with the Mid Tipperary Drugs Initiative in the Youth Work Ireland Centre, Co. Tipperary.**Secretary:** Tasha F**Speakers:** Larry H

**Event Report:** PR event went well. On the day there was 25 addiction study students present, plus some staff from the centre. We provided literature, the Southern Area Helpline posters on the day and meeting lists on the day. The staff were pleased with how the event went also. We will contact them next week for a follow up to see if they found the PR event beneficial.

**The breakdown of the PR Expenses is:**

Travel Expenses for the PR Event	€20.00
Credit for the PR phone	€20.00
Cards x 100 + postage cost	€25.00
<b>Expenses for PR this month:</b>	<b>€65.00</b>

**Overall PR Report for the month:**

- Larry has come on board the PR committee, this is much appreciated.
- PR phone is setup & running again and newly created account as the other account was not working. It was important to get an account up & running as we have already done 3 PR events and have had no way to send emails to the facilities we've been to. I have been using my own account to date. I will also link the [pr@nasouth.ie](mailto:pr@nasouth.ie) account to the new one in case any emails to come through to it - they will be forwarded straight on to the new functioning account.
- We created a business card with the details of the Southern Helpline number at PR events we can give the professionals a handful of these cards with the hope that they will give the card with the NA contact details to someone in need of NA.
- We are willing to provide a PR Event at the Southern Area Convention in Waterford in July. If this is possible the committee would need adequate time to write to the professional community to give them notice of the event, date, times etc. An early time slot on Friday of convention would be ideal.
- Anyone interested in getting involved in PR it would be greatly appreciated, contact the PR number above, thanks everyone.
- For the coming month:
  - To continue compiling a database of professionals / public who may work with potential members of NA. Paul J previously ran the helpline poster campaign and has listed them to google maps. Tasha will add these to the database.
  - Also if anyone knows of places in their locality that could benefit from PR, that would be great! Send on the contact details and we will add them to the database.

**Convention Report:****Contact details for Convention Committee****Email:** [waterfordconvention17@gmail.com](mailto:waterfordconvention17@gmail.com)**Executive Committee**

- A. Chairperson- John E
- B. Vice-Chairperson- Mark R
- C. Secretary- Thomas F
- D. Treasurer- **Needed**
- E. Vice-Treasurer- **Needed**

**Subcommittee Chairpersons**

- A. Welcoming- Carmel
- B. Entertainment- Eric S
- C. Graphics- Keith F
- D. Fund-Raising- Timmy
- E. Merchandising- **Needed**

The convention committee has met up twice in the last month. The convention funds need to be handed over formally from Area, convention committee is in possession of the cheque. While the committee still needs a Merchandising chair, the committee has agreed to meet on the 13<sup>th</sup> of March to look at items needed for merchandising.

The chairperson and vice chairperson are currently working on a budget for the event. It was suggested at previous meeting that Programmes work with a budget of €250 while PR work with a

budget of €400. All other budgetary discussions will take place at the next meeting and once funds have been signed over from Area.

The next meeting of the Convention Committee is to be held in Waterford on **21<sup>st</sup> March**.

#### **Hospitals & Institutes (H&I) report:**

<b>Contact details for H&amp;I</b> H&I number: 087 - 459 2117 H&I email: <a href="mailto:hospitals.institutes.nasouth@gmail.com">hospitals.institutes.nasouth@gmail.com</a>
---

Chairperson: Patrick S  
Vice-chairperson: Joe E  
Secretary: *Needed*

#### **Limerick**

##### **Bruree Men's Unit,**

**Sec:** James F, Damien

**Speakers:** Mark K, Gary, Rory.

**Average Attendance:** 28

**Group Report:** This was the first month that the men and women's meetings ran at the same time, and James was able to bring the girl out which is great. Damien has now taken up the position and had his first meeting on Friday. Would like to thank Mark W, for his service and for staying on as long as he did. Also, if people could please put it out at meetings that support is needed for the meetings to go ahead it would be a shame if the meeting cannot go ahead due to lack of local support.

**Expenses:** €50

##### **Bruree Women's Unit**

**Sec:** Tasha, Aisling

**Speakers:** Lisa F, Michelle D

**Average Attendance:** 21

**Group Report:** Both the girls took up their positions this month and other than a minor issue with the time change for the meeting which has been sorted all went well. Spoke to the manager on Friday the girls in the house are delighted that NA is up and running again. Meeting looks in good shape going forward.

**Expenses:** €14.50 postage for literature.

**Regional Hospital Limerick (5b)**

**Group Report:** Received a call from the manager this month in regards to the meeting. As discussed before they now require Garda vetting for everyone and I told her I would have no issue asking members to fill out GV forms and send them onto her for the organisation to process which is the procedure we follow. She said that she would get back to me as it was her understanding that NA would process these. I will await any further discussion before looking for members to take up service.

**Limerick Prison Women's Unit**

**Sec:** Aileen W,

**Speakers:** Yvonne

**Average Attendance:** 7

**Group Report:** Didn't get in till late Aileen has decided to discuss this with our person of contact in the prison has this has happened a couple of times. Otherwise meeting is going really well.

**Expenses:** €10

**Limerick Prison Men's Unit**

**Sec:** Mark W

**Speakers:**

**Average Attendance:**

**Group Report:** Received clearance for James to enter the prison now so as it stands we have 2 men cleared. Spoke to our person of contact and she will try to push for more this month. We are waiting over six months at this stage but communication is ongoing.

**Expenses:** €0

**Ceim Eile Men's Unit**

**Sec:** Eric

**Speakers:**

**Expenses:** €30

**Average Attendance:** 12

**Group Report:** Carmel has finished up with her position and Eric has taken over with a commitment of 1 year meeting in good shape going forward. Thank you to Carmel for her service.

**Ceim Eile Women's Unit**

**Sec:** Mellissa

**Speakers:** Catriona H,

**Expenses:** €15

**Average Attendance:** 5

**Group Report:** Meeting went really well no issues.

**Cork Prison:** James O'M

**Group report:** We now have all the information requested from the prison service for the first five lads which will be passed on to the person of contact this week so fingers crossed be quicker than limerick to get up and running.

**Expenses:** €0

**St. Helens meeting**

**Sec:** Dara

**Speakers:** Stephen B

**Average Attendance:** 10

**Expenses:** €0

**Group Report:** Meeting going well on Dara's end. Still looking for another person to take up the other position, could everyone please bring this back to their groups.

#### **Cara Lodge Meeting**

**Sec:** Jamie,

**Speakers:**

**Average Attendance:**

**Group Report:** Jamie has decided to hand up position. He is at the moment contacting people who may be interested in taking it up.

**Expenses:** €0

#### **Tabor Lodge Meeting**

**Sec:** Paul,

**Speakers:** Timmy, Michelle, Olivia, Dean

**Average Attendance:**

**Group Report:** Meeting is going really well and staff express residents look forward to the meetings.

**Expenses:** €0

#### **Farnanes**

**Sec:** Michelle.

**Speakers:** Claire.

**Average Attendance:** 30

**Group Report:** Meeting went well. But Michelle is really struggling to get speakers to share ES&H if people could please help her out with this would be appreciated.

**Expenses:** €0

#### **H&I Area Report**

H&I is really struggling in some areas at the moment as members are not coming forward for service and secretaries are going well beyond their time commitments to their positions, also just to find people to do chairs in most places seems to be a struggle at the moment. Finally, more members both male and female asked to come forward to do service in all the treatment centres and to apply for clearance in Cork & Limerick Prison H&I meetings. 1-year clean time and contact Tasha F, James O'M, or myself for the forms on 085 1615784.

#### **Expenses:**

**Secretary's Expenses:** € 119.50

**H&I Chair expenses:** € 35.00

**H&I Literature Expenses:** € 0

**Total Overall Expenses for H&I:** € 154.50

**Phone report:****Contact details for Southern Area Phone**

Southern Area Phone line number: 087 - 138 6120 (6pm - 9pm daily)

[www.nasouth.ie](http://www.nasouth.ie)

[info@nasouth.ie](mailto:info@nasouth.ie)

Chairperson: Dermot M

Vice-chairperson: Larry O S

Secretary: *Needed*

- 4 calls from members
- 4 calls from newcomers
- 1 calls from concerned person
- 2 calls from professionals
- €10 in expenses

**Fundraising and Events Report:****Contact details for Fundraising and Events**

Contact number: 085 - 2738422

[www.nasouth.ie](http://www.nasouth.ie)

[info@nasouth.ie](mailto:info@nasouth.ie)

Chairperson: Timmy O C

Vice-chairperson: Jamie B

Secretary: *Needed*

The Fundraising and Events chairperson has requested people to get in contact with the chair if they would be interested in organising a fundraising event in the near future.

**AREA GROUP MEETING REPORTS****CORK****Georges Quay Women's Group: (Mondays @ 6.30pm)**

- No report given.

**Rutland Street Men's Group: (Mondays @ 7pm)**

- No report given.

**Schull- Living Clean By the Sea Group: (Mondays @ 8pm)**

GSR: Shane F



**Ave. Attendance:** 4

**Group Report:** Needs more outreach support.

**Donation:** €10

**Skibbereen Group: (Fridays @ 8pm)**

**GSR:** Shane F

**Ave. Attendance:** 5

**Group Report:** Needs more outreach support.

**Donation:** €0

**Hillside Solas Group: (Mondays @ 8.15pm & Saturdays @ 8pm)**

- No report given.

**Eason's Hill Group: (Tuesdays @ 6.15pm)**

- No report given.

**Trinity Group: (Tuesdays @ 8.00pm)**

**GSR:** Pam W

**Ave. Attendance:** 15

**Group Report:** Timmy has taken up secretary from Darragh F.

**Donation:** €15

**We Do Recover Group: (Wednesdays @ 1pm & Friday @ 8pm)**

- No report given.

**Churchfield Group: (Wednesdays @ 6.30pm and Sundays 12p) contact: [churchfield@nasouth.ie](mailto:churchfield@nasouth.ie)**

**GSR:** James O'M

**Ave. Attendance:** 10

**Group Report:** Group going well. All positions filled.

**Donation:** €0

**Strength & Hope Group: (Wednesdays @ 8pm & Sunday 2pm)**

**GSR:** Dermot M

**Ave. Attendance:** 30 Wednesday/ 12 Sunday

**Group Report:** Meeting attendance is strong. Rent is up to date. Dermot M has taken up GSR.

**Donation:** €100.00

**More Will Be Revealed Group, Ballincollig: (Thursdays @ 7pm)**

- No report given.

**La Verna Group: (Thursdays @ 8.00pm) contact: [laverna@nasouth.ie](mailto:laverna@nasouth.ie)**

**GSR:** Timmy O'C

**Ave. Attendance:** 35

**Group Report:** All going well.

**Donation:** €5.00

**Fermoy Group: (Thursdays @ 8pm)**

- No report given.

**Eason's Hill (Fridays @ 11.30am)**

- No report given.

**Carrigaline Group: (Fridays @ 6pm)**

- No report given.

**Community Centre, Sawmill Street: (Sundays @ 8pm)**

- No report given.

**PoljaNA Group: (Sundays @ 10am)**

- No report given.

---

**KERRY****Freedom Group, Tralee: (Mondays, Thursdays & Saturdays @ 8.00pm)**

**GSR:** Ger C

**Ave. Attendance:** 8

**Group Report:**

**Donation:** €0

**Dingle Group, John Street: (Tuesdays @ 7:30pm & Fridays @ 8.30pm)**

**GSR:** Needed

**Ave. Attendance:** 2-3

**Group Report:** Meeting is very small. Visitors always welcome.

**Donation:** €20.00

**Killarney Group, Rock Road: (Tuesdays & Saturdays @ 8pm)**

**GSR:** Dermot M

**Ave. Attendance:** 3

**Group Report:** Meeting really struggling. Support badly needed. Rent is up to date.

**Donation:** €0

**Listowel Group: (Tuesdays @ 8pm) contact: [listowel@nasouth.ie](mailto:listowel@nasouth.ie)**

- No report given.

**Talbot Grove Group: (Sundays @ 8:00pm)**

- No report given.

---

**WATERFORD**

**St. John's Group, Waterford:** *(Mondays @ 6pm, Tuesdays @ 8pm, Thursdays @ 7pm, Fridays @ 8pm, Saturdays @ 1pm and Sundays @ 8pm).*

**GSR:** Carmel C

**Ave. Attendance:** 10

**Group Report:** Only just covered rent this month. Need members with long term clean time to support meeting.

**Donation:** €0

**The Manor NA Group, Waterford:** *(Wednesdays @ 8pm).*

**GSR:** Patrick (Acting)

**Ave. Attendance:** 15

**Group Report:** Lots of newcomers from Ceim Eile attending meeting. Rent up to date

**Donation:** €0

#### LIMERICK

---

**Limerick City Group:** *(Mondays, Wednesdays & Fridays @ 8.30pm in Social Services, with Mondays, Tuesdays & Thursdays @ 11am, also Saturdays @ 1pm & Sundays @ 6.30pm in St. John's Parish Hall)*

**GSR:** Damian D

**Ave. Attendance:** 20/25

**Group Report:** All meeting going well and rent up to date.

**Donation:** €400

**Abbeyfeale Group:** *(Mondays @ 8pm)*

- No report given.
- 

#### TIPPERARY

---

**Nenagh Group:** *(Mondays @ 8.00pm & Thursdays @ 8.30pm)*

- No report given.

**Clonmel Group:** *(Sundays, Tuesdays & Fridays @ 8.30pm)*

**GSR:** Annmarie H

**Ave. Attendance:** 10

**Group Report:** All meeting going well and rent up to date. Positions filled.

**Donation:** €60

**Aisieri, Cahir Group:** *(Wednesdays @ 8.30pm)*

**GSR:** Caroline

**Ave. Attendance:** 15

**Group Report:** All meeting going well. Rent paid. All positions filled.

**Donation:** €0

#### CLARE

---

**Ennis & Bushy Park Group:** *(Mondays, Thursdays & Saturdays @ 8.30pm in Ennis Friary with Fridays @ 8.30pm in Bushy Park) contact: [ennisfriarygroup@nasouth.ie](mailto:ennisfriarygroup@nasouth.ie)*

- GSR: Shane D

- Ave. Attendance: 10
- Group Report: All meeting going well. Rent paid. All positions filled. Could do with support from outreach
- Donation: €0

**Ennistymon – Just For Today Group: (Tuesdays @ 8pm & Saturdays @ 1pm)**

- No report given.

**Shannon Group: (Sundays & Wednesdays @ 8.30pm)**

- No report given.

**OLD BUSINESS TO BE CARRIED OVER FOR NEXT MONTHS DISCUSSION AT NEXT SASC MEETING**

- The meeting list must be checked in order to identify whether meetings need to be added or removed from the list.

**NEW BUSINESS AT AREA - 12<sup>th</sup> MARCH 2017**

- €500 was given to Ciaran as payment for the PR literature from the previous month. This €500 was taken from the PR reserve.
- €3000 was given to the convention committee for the Regional Convention in Waterford. A receipt was provided for the withdrawal from the NA Bank account by Patrick S.
- There was some potential interest in taking up the position of SASC Treasurer. As such, Carmel C agreed to bring the treasurers bag up to next month's meeting of Southern Area which is currently in the possession of John E.
- The Ennis meeting was provided with a starter pack for literature as the group has very little literature available.
- Issues relating to content posted on Facebook regarding the NAWS expenses and the pay of specific individuals was brought up. There was much debate and arguing online around the issue and the suggestion was that the issue should be brought to Region as this is the service structure of NA. Members are seeking greater clarification around the use of funding at World Service level.

**Narcotics Anonymous Related Sites**

World Service NA Site: [www.na.org](http://www.na.org)  
Irish Regional NA Site: [www.na-ireland.org](http://www.na-ireland.org)  
Southern Area NA Site: [www.nasouth.ie](http://www.nasouth.ie)

*For those with Android or Apple devices 'NA Ireland' App is available for download in the PlayStore & the iTunes Store.*

**Next Southern Area Committee Meeting & AGM**

*(2<sup>nd</sup> Sunday of every month)*

Sunday, April 9<sup>th</sup> @ 3pm in South Parish Centre, Rutland Street, Cork City

**Next Irish Regional Meeting:**

*(Last Sunday every second month - Jan, March, May, July, Sept, Nov.)*

Sunday March 26<sup>th</sup> @ 12pm at 14b Upper Kevin Street, Dublin 8