



May Minutes 2015

Apologies: Niamh O. (Events & Fundraising Chair); Thomas F. (GSR Waterford); Patrick S. (GSR Waterford);

Attendance List: Bert M. (Chair); Michelle W.(Secretary); Colin P.(ASR); Anoushka M. (GSR Trinity); Joe E.(H&I Chair: GSR Skibbereen); Anthony M. (Prison Secretary & acting GSR Dominican Centre) ;Pam W.(Literature Chair); Brendan O.(PR Chair); Tony K. (Convention Chair); John M (Treasurer); Dermot M. (GSR Killarney); Donnacha (GSR La Verna). Mairead B. (Literature Vice Chair); Noel M. (GSR Men's group);Cailim F. (GSR. Solas Saturday); Claire A. (GSR Women's Meeting); Jamie B. (Outreach Chair & treasurer We do Recover); Paul J. (PR Poster distributions); Dylan I. (GSR GF & Secretary Solas); Caroline L. (GSR Cahir); Mark C. (GSR we do recover); Tasha F. (H&I Secretary); Anthony K. (GSR Limerick); Rebecca M. (Vice Chair).

Southern ASR report from IRSC meeting march 2015

Business brought from our last area

On the issue of fund flow to the region the point was made that the southern area would prefer that efforts were made to deal with any issues which might be effecting fund flow to the region rather than seeking funds from the irish service office.

The outcome of this issue is unclear. Members of the eastern area steering committee gave details of the issues as they see them and also expressed a strong interest in finding a solution. The southern area convention committee chairperson contacted me before the IRSC meeting in march to offer a workshop slot to the region.

The focus of this workshop would be to help to find a solution to the fund flow issues.

The region felt it was up to the ASR to raise awareness of the importance of funding our region and so declined the opportunity to workshop the topic.

However after some discussion the IRSC committee offered to have its July meeting in Cork where people could attend to discuss any issues.

I was asked for a breakdown of the prudent reserve of the IRSC.

The committee could not give concrete figures as their currently is not prudent reserve. The target figure of 5000 euro would cover the cost of running 6 IRSC meetings and also the pay for the insurance policy.

Business coming from the march region

The PR committee is making a list of wheelchair accessible meetings. We need to ask the GSRs if their meetings are wheelchair accessible or not.

Regional finances

Income

Southern area 550

Northern area 147.35

Regional convention '14 6914.42

Regional Christmas party fundraiser 260

Meeting expenses 100 food and rent

Phone 20.82

Travel and subsistence 282.40

Bank fees 21.32

Insurance 1433.45

Convention 2015 float 4000

Cost of sending regional delegates to the winter edm 656

Total income – expenditure

8896.39 - 6513.89 = 2382.50 (which is 2617.50 less than the prudent reserve)

The regional agm will take place on the 22nd may at 12 pm in the blessed sacrament hall on batchelors walk. All positions are available for election.

Sub Committee Reports

Treasurers report: John M

Opening balance: €3382.84

Donations: €265

Expenses: €243

Prudent reserve: €2150

Working balance: €1254.84

Public Relations: Brendan O'B. (Chair), Paul N. (Webmaster), Peter H. (Social Media Advertisement), Paul J. (Poster Distribution Campaign).

PR subcommittee meeting took place on Tuesday April 28th to discuss the format of the upcoming PR presentation at the one day convention in Ballincollig. We will use the same format as last year (one male and one female speaker sharing their experience), and will be inviting professionals to attend in the weeks coming up to the convention.

We will also be restarting the posters campaign, so if any GSRs would like to get them for their home group, please contact Paul J.

The next **PR meeting will take place on June 2nd at 7pm in the NA office on Marlboro Street**, all are welcome to attend. Expenses: €3 for envelopes.

Literature Report: Pam W. (Chair); Mairead B. (Literature Alt.)

Total sales € 271.96

Total ordered €271.96

Expenses none

Balance nil

We got €200 to re -order more stock. All is going well for now. Next area sub committee meeting is the 7th June at 12noon.

Phone report: Patrick S (Chair)

The NA phone has received 16 calls this month. The breakdown of these calls are as follows:
Members looking for time, dates and locations of meetings 5. Two of these were from eastern area.

2 social care workers looking for assistance for clients one in cork (Traveller Visability Group) one in limerick. both occasions rang members from contact list to meeting the new comers. Traveller where very interested in what was on offer as NA coming in to the group for a talk,will pass on details to PR secretary.

4 calls from family members or concerned friends

5 calls from new comers looking for advice and people just back from relapse.

a number of these calls where return calls from me after recieving messages on phone.

expenses:

have been very busy with personal stuff since took over as phone sec have a number of ideas and the book and meeting lists need to be updated as have had issues with times and places of meetings. hope to have this done in the coming weeks.

Events & Fundraising no report

Convention Report

Convention Committee: Chairperson: Tony K.; Treasurer: Dara D. ; Secretary: Anoushka M.;

Design & Entertainment: Cyril R.

Present: Tony K, Cyril R and Anoushka M

- Letters explaining one Day Convention Event are now ready to be posted out to all Irish and N. Irish groups. Address labels were done by DC Graphics at a cost of €200 and are saved on a template for any future events should they be needed.
- Members have been selected to coordinate the Registration, Welcoming, Security and Marathon Meeting committees. Members will be inducted regarding the running of these committees.
- Raffle prizes: The committee are hoping to have two top prizes covering both sexes. We are also going to approach the Regional Convention Committee to see if they would be willing to donate one nights B&B and two banquet tickets as a prize to the Southern Area Convention Committee.
- The Committee are currently in the process of recruiting speakers for the workshops that will take place during the One Day Convention Event.
- The Committee have invited Generic People, an electronic music collective, to provide a live audio visual display on the evening of the convention for the 'rave'. Anyone interested in Generic People can check out their Facebook page.

H&I: Joe E. (Chair 0874150813); Natasha F. (Secretary 086 077 6991)

Group Reports:

Sec: Stephen

Bruree Men

Speakers: Francis B

Sec: Tom H, Brendan

No. Meetings: 1

Speakers: Martin, Pa, Dennis & Paddy P

Expenses: None

No. Meetings: 2

Average Attendance: 14

Expenses: 30

Group Report: Going well

Average Attendance: 27

Group Report: Going very well

Cara Lodge

Sec: Joe E

Speakers: Domonic, Josh

No. Meetings: 2

Expenses: 0

Average Attendance: 4

Group Report: Going well

Bruree Women

Sec: Aileen W

Speakers: Elizabeth M, Shauna K

No. Meetings: 1

Expenses: 20

Average Attendance: 18

Group Report: Meeting going very well

Tabor Lodge

Sec: Paddy C, Aishling

St. Helens

Speakers: Niall S, Michelle W., Sarah T & Mark O'D

No. Meetings: 2

Expenses: 30

Average Attendance: 16

Group Report: Going well

Ceimele House

Sec: Ruth

Speakers: None

No. Meetings:1

Group Report: No meeting this month, difficulty in finding speakers

5b

Sec: Donna

Group Report: meeting very quiet. New secretary Rebecca

Arbour House

Sec: Tony K

Speakers:Brendan O'B

No. Meetings: 1

Expenses:€5

Average Attendance:2

Group Report: Going well

Farnanes

Sec: Sarah

Speakers: Ailish M. & Michelle W.

No. Meetings: 1

Average Attendance: 25

Group Report: Mairead B. is new secretary.

Cork Prison

Sec: Anthony

Speakers: None

No. Meetings: 2

Average Attendance: 0

Group Report: Two meetings cancelled this month Anthony looking for another sec

- Many thanks to Sarah and Donna for their time as secretary's and welcome to Rebecca and Mairead for taking up positions.
- **Vice chairperson for H&I Committee needed urgently**
- Secretary's needed for Cork prison
- Cork Prison meeting could do with speakers from the Southern Area.
- If you would like to get involved could you please submit two passport photos, current address, past 10 year address's and date of birth. Clean time 1 year, male speakers. Meeting is weekly on Friday mornings at 11am. Contact: Joe Chairperson: 087 415 0813

Expenses List	
Bruree – men: Brendan, Tom	30
Bruree – women: Aileen	20
Tabor Lodge: Paddy, Aisling	30
Sub Total	€80
Literature	€65
Total	€145

Group Reports

Cork City

Georges Quay: Women's Meeting Monday 6.30-7.45

Average attendance:10

Group report: group going well, attendance has increased; **Treasurer Position needs to be filled**

Donation: €14

Rutland Street: Men's Meeting Monday 7pm

Average Attendance: 10

Group report: Noel M. is GSR, this group is struggling for finances & finding it hard to cover the rent every month.

Hillside Solas: Monday 8.15pm No report-no **GSR position needs filling urgently.**

Eason's Hill: Tuesday 6.15pm

Average Attendance:14

Group Report: James is new Secretary; all position filled, Meeting is going well

Trinity: Tuesday 8.00pm

Average Attendance:18

Group Report: all going well

Donation: €50

Churchfield: Wednesday 6.30

Average Attendance: 13

Group report: group going well all positions filled, could do with clean time support

Donation: €20

G.F Strength & Hope Wednesday 8pm and Sunday 2pm

Average Attendance:20

Group Report: Will take NA phone for September. Group has increased donation to “friends of GF” to €40 a month. Currently in the process of organising something for NA World Unity day.

La Verna Thursdays 8.00pm

Average Attendance: 20

Group report: rent paid until June. Meeting going well, all service positions filled. Attendance has been down a lot recently, needs clean time support

Donation: € 21

Dominican Centre: Friday morning 11.30 - 12.30

Average Attendance: 13

Group Report: meeting going strong, needs a **Secretary and GSR**

Rutland Street: We Do Recover South Parish Community Centre Cork

Friday & Sunday 8.00pm

Average Attendance: 20

Group Report: group is going well, funds are low this month therefore the group is going to get a chair on the topic. The group done a group inventory found it very beneficial.

Donation: € 50

Dominican Centre: Saturday 3.00pm

Average Attendance: 15

Group report: group going OK. Readings have been going missing from the group, if any members have any information regarding this can they please come forward and communicate with the group. **GSR needed.**

Hillside Solas: Saturday 8pm

Average Attendance: 15

Group Report: would appreciate if members with long term clean time would support this group. In discussions with the Monday night meeting as to how best split the rent and literature.

Donation: €50

Cork County

Fermoy: Thursday 8.00pm No report

Skibbereen: Friday 8.00pm

Average Attendance: 6

Group report: all positions filled.

Youghal: Nagle House Friday 8.00

Average attendance: 4

Secretary/treasurer: Marsha T

Group report: Meeting attendance has dropped off over past month. Outreach support would be appreciated. No other business to report

GSR needed.

Kerry

Tralee Community Development: Monday; Thursday & Saturday 8.00pm No report

Our Lady & St. Brendan's Pastoral Centre, The Presbytery, Upper Rock Street, Tralee:

Tuesday & Wednesday 1.30-2.45pm No report

Listowel : Friday 8:00 PM No report

John Street, Dingle: Tuesday 7:30 PM & Friday 8.30

Group report: number of attendees at Tuesday night meeting is up to 6

Average Attendance: 4

Donation: €20

Contact Tor 0872220853 or Bert 0831246634)

Killarney Pastoral Centre: Tuesday 8:00 PM

Group report: meeting going OK, Thursday meeting has just restarted, rent is up to date.

Average Attendance: 5

Talbot Grove: Sunday 8:00 PM

Average Attendance: 8 (including residents)

Group Report: meeting going well, rent is up to date.

Waterford

Waterford City: St John's Monday 6.00PM; Tuesday 8.00PM; Friday 8.00PM Saturday 1.00PM & Sunday 8.00PM & St **Francis:** Wednesday 8.00PM

Group report: Attendance is steady - average attendance 15-18, all positions are filled.

Edmund Rice Centre: Thursday 7.00PM

Group report: All going well at meeting, rent paid prudent reserve 1 months' rent in place, good relationship with facility any other previous issues resolved amicably procedures in place to ensure no similar problems shall arise in future handover of service positions.

Average attendance: 6:4 of which would be home group members who take active roles within the group. New group going well members like the format.

Donation none: still very young and very small group cover rent and refreshments.

Limerick

Abbey field: Monday 8.00PM No Report

Henry Street; Br Russell House: Monday; Wednesday & Friday 8.30PM;

St John's Church: Saturday 12.15 & 1PM; Sunday 6.30PM

Group report: All well, all positions filled.

Average Attendance:18

Tipperary

Aiséirí: Wednesday 8.30pm

Group report: going well, all positions filled.

Any other business: An issue was raised regarding the cost of GSR's attending Southern Area from areas a sizable distance from Cork city (see New Business main body of minutes). Also the problem of lack of new comers tags available, particularly problematic to members travelling afar, needing merchandise and it not being available.

Average attendance: 13

Donation: € 40

Clare No Report's

Shannon town, Clare: Sunday 8.30PM:

Clare Ennis Friary: Monday & Thursday 8.30PM; Saturday 9.00PM and

Bushy Park, Ennis, Co. Clare: Friday 8:30 PM:

Old business:

- Area position still outstanding: Position that need to be filled: ASR Alternate.
- The southern area fundraiser appearing on a social media site, area decided that southern area information/business should not be disseminated prior to the information/business being approved at an area meeting

New business:

- Meetings that have service positions that need filling are: **Women's Meeting Treasurer;** **Hillside Solas** (Monday) **GSR;** **Dominican Centre** (Friday) **Secretary & GSR;** **Dominican Centre:**(Saturday) **GSR needed;** **Youghal: GSR needed.** Any groups with service positions that need filling please outline in reports.
- 26th July Irish Regional meeting will be held in Cork.
- Discussion of the prison meeting being held by inmates and getting another 2 secretaries on board. Putting a panel together and maybe a subcommittee. 12 months clean time.
- Next area to be on the 7th June.
- Nial S. going to get SMA building to incorporate World Unity Day June 14th 5pm – Group conscience every week on a Wednesday at GF concerning this event.
- The problem of serving members not attending area and the costs it incurs, in particular of members travelling a distance to area. It was pointed out that expenses need to be paid and applied for to reinforce the first tradition of fellowship-maybe have a prudent reserve for service members.
- Motion to have a cover letter to get funding for members to come to area from long distances.
- €25 literature pack was given to a group that was having difficulty with their finances.
- Also the issue was raised of the few GSR's attending the southern area; out of a minimum of 24 GSR's in the southern area, 11 were present at area. Some counties never attend area, an attending member pointed out that this could be due to the cost of travelling to Cork especially a long distance. All GSR's are encouraged to attend area.

• **Congratulations** Jamie B. is the new Outreach Chair. Rebecca M is the new Area vice chair. Tasha F. is the new secretary for H&I . Paul N. (Webmaster) celebrated **22** years in

recovery& Jamie B. & Dylan I. have celebrated 1 year in recovery.



Next area is Sunday 7th June at 3pm

Please emphasis this at meetings that area next month is the first week not the usual 2nd week in June.