



**Sunday 8<sup>th</sup> May Minutes 2016 @ 3pm – YMCA, Marlboro Street, Cork City**

**Welcomed:**

By the Southern Area Committee Meeting (SASC) by Southern Area Chairperson, Bert McC.

**12 Concepts Read by:**

Michelle W.

**Apologies:**

Thérèse K, Joe E, Cailim F, Jason F, Damien D, Mike B, Dermot M, Carmel C, Patrick S, Ciarán H, James O, Daniel.

**Attendance List:**

Bert Mc (SASC Chairperson), Timmy O'C (La Verna GSR), Jamie B (We Do Recover GSR), Mike C (Solas GSR), Anthony K (SASC Outreach Chair), John F (More Will Be Revealed GSR), Tasha F (SASC Secretary), Geraldine C (Freedom Group, Tralee GSR), Joanne C (Unity Group, Tralee GSR), Michelle W (SASC - Area Service Representative), Conor C (Trinity Group Treasurer), Tony K (SASC Treasurer), Denis S (Group treasurer), Dara L (Skibbereen GSR), Claire A (Georges Quay Women's meeting GSR), Andrew H (Member), Valerie O'D (Strength & Hope GSR).

**Elections this month:**

*No elections made this month.*

Positions still available are Public Relations (PR) Chairperson, Events & Fundraising Chairperson, Alternate ASR.

All positions will be up for election in the yearly AGM in September 2016.

Current Southern Area Guidelines are available on [www.nasouth.ie](http://www.nasouth.ie) for anyone interested in taking up a position.

## Southern Area Committee Reports:

### Treasurers Report:

#### **Southern Area Business Meeting 17<sup>th</sup> April 2016**

Opening Balance: €5,682.08

Prudent Reserve: €5,620.00

Working Balance: € 62.08

#### **Donations Received by NA Groups**

Hillside Solas - Mon & Sat, Cork	€20.00
Strength & Hope - Sun & Wed, Cork	€95.00
We Do Recover - Fri & Sun, S. Parish	€55.00
Dingle, Kerry	€20.00
Limerick City Group	€150.00 (Cheque)
Skibberreen Group, Co. Cork.	€40.00
<b>Total Group Donations</b>	<b>€380.00</b>

#### **Expenses paid out to subcommittees:**

Rent D/D YMCA Office	€100.00
Area Chairperson Travel Expenses	€ 20.00
GSR Travel Expenses Unity Group, Tralee	€ 20.00
Outreach Expenses	€ 30.00
H&I Bruree Men's	€ 15.00
H&I Ceim Eile	€ 40.00
H&I Cara Lodge	€ 25.00
H&I Tabor Lodge	€ 10.00
<b>Total Expenses</b>	<b>€260.00</b>

#### **Summary:**

Opening Working Balance	€ 62.08
Group Donations	+ €380.00
<b>Total</b>	<b>€442.08</b>
Expenses	- €260.00
<b>Working Balance:</b>	<b>€182.08</b>

- Lodgement to Bank €185.00
- Treasurer owed €100.00 for receipt books.
- Regional Donation is voted for €147.08 for the next Region meeting on 29<sup>th</sup> May 2016.
- Closing Balance: €00.00
- Outreach Prudent Reserve increased from €100.00 to €150.00 per month.
- Southern Area Prudent Reserve increased to €5,670.00

Thank you, Tony K.

**Area Service Representative (ASR) Report:****Convention Chair 2016 Report:**

Query as to how many hoodies to have made. Rob is new Convention Treasurer appointed and will be a signatory on the account, in advance of the election. Rob will organise adding the new signatories to the account.

**ISO Chair (ISOCh) Report:**

The Irish Service Office of NA (ISO) has found a new and larger premises and is on the move. From Sunday the 8th of May the ISO will be operating out of the new premises at 14b Upper Kevin Street, Dublin 8. It's less than a 5-minute walk from the old place. With the increased cost of the new premises, the ISO won't be in a position to support the Region financially for some time. Irish regional service committee page on Facebook has information on all regional updates for members. The next region meeting will be in bachelors walk as the office is not fully ready yet for the region meeting.

**Literature Chair Report:**

Suggests just using our website address for any posters or slogan cards, rather than a postal address. Outlines plans for the introduction to the Region document, including descriptions of participants and a simple description of how business is conducted (a combination of consensus-based decision-making and Robert's Rules of Order). A suggestion to include some information about funds, reasons for prudent reserves etc. Do we want a little poster with information about the NA Phone App? Yes. Discussion about the advisability of producing slogan cards.

**Public Relations Co-ordinator (PRCo or PRCh) Report:**

Not much activity since last meeting. Has been helping Eastern Area with PR presentations. Attended Regional Service day in Drogheda and helped out with workshops. Unfortunately, the bi-monthly meeting in St. Pat's Hospital won't be going ahead as the hospital management have decided they don't need it.

**Regional Delegate (RD) Report:**

RD team need to facilitate discussions about the possibilities of the European Delegates Meeting having a Zonal Representative role at future World Service Conferences. Regional Treasurer (RTr): CAR workshop in Limerick was very well presented. RD suggests that in future we have a full day workshop dedicated solely to the CAR. Literature Chairperson (LitCh): Points out that our election cycle doesn't synchronise with the World Service Conference (WSC) cycle, meaning that or RD rotates off shortly after attending the WSC. Suggestion to have a three-person RD team, consisting of outgoing, current and incoming RD's. Discussion. The benefit of ex-RDs continuing to make their experience available to newer RD teams is agreed, without a need to change the guidelines.

**Regional Treasurers Report:**

Donations from Eastern Area €76, Western Area €100. An enquiry from a member was received by email about how much was returned to the Region from the last Convention: €3,510.06. PRCo: The Summer Camp-out event requests a float of €1,000. Discussion. Some advance ticket sales already. Food bill for the weekend will be €1,000. Agreed by consensus.

**Events Chair Report:**

RTr to contact Events Chairperson (EvCh) to get final financial reckoning for the event.  
Regional Delegate Alternate (RDa) suggests that we look at having a more central location for future Regional Assemblies, such as Athlone. Discussion:

- LitCh: Many members felt that the event wasn't accessible. RDa: let's try a more central location once and see if that's better.
- LitCh: very beneficial to include a social element to Regional service events.
- ISOCh: do we have to have a social event included? Discussion.
- PrCh: proposes another Regional Service Day to take place next year, to be organised by the EvCh and RD team. Seconded LitCh. Agreed by consensus. Region thanks EvCh for a successful and very well run event.
- LitCh suggests getting a chequebook on the Regional donations account. Agreed.
- Summer Camp Out: event will include outdoor adventures, a snake act, drummers & much more.

**Any Other Business (AOB):**

Conference Agenda Report Discussion. Motion 9,10,11,12,13 &14 not supported.

**Details of Regional Donations Bank account:**

Payee BIC: AIBKIE2D

Payee IBAN: IE25AIBK9310478033631

Sort Code: 93-10-47

Account number: 80336317

Account name: IRSC DONATIONS

Paypal Account: [regppregion@gmail.com](mailto:regppregion@gmail.com)

**Online Regional Events Calendar:**

<http://www.na-ireland.org/irish-regionalservice-calendar/>

Thanks, Michelle W

**Outreach report:****Contact details for Southern Area Outreach:**

Outreach email: [southernareaoutreach@gmail.com](mailto:southernareaoutreach@gmail.com)

Chairperson: Anthony K

Vice - Chairperson: **Needed**

Secretary: **Needed**

This month Outreach visited:

Tuesday 19<sup>th</sup> April '16

Group: Just for Today group in Ennistymon, Co. Clare

Attendance: 3

Report: The group in Ennistymon needs support. No expenses for this trip.

Tuesday 26<sup>th</sup> April '16

Group: Just for Today group in Ennistymon, Co. Clare

Driver: Anthony K

Passengers: Tasha F & Derek B

Expenses: €15.00

Tuesday 3<sup>rd</sup> May '16

Group: Just for Today group in Ennistymon, Co. Clare

Driver: Anthony K

Passengers: Lisa H, Daryl O'C & Tasha F.

Expenses: €15.00

Thanks, Anthony K.

**Webmaster Report:**

Just a reminder to members, let myself know of any changes are needed to NA meeting list to just get in touch. - Thanks, Paul N.

**Hospitals & Institutes (H&I) report:****Contact details for H&I:**

H&I number: 087 - 459 2117

H&I email: [hospitals.institutes.nasouth@gmail.com](mailto:hospitals.institutes.nasouth@gmail.com)

Chairperson: Patrick S

Vice-Chairperson: Joe E

**Secretary: Needed**

**LIMERICK****Bruree Men's Unit Meeting 1**

Sec: James F

Speakers: Pa M, Neil S & Mark W

Average Attendance: 22

Group Report: Going well.

Expenses: €15

**Bruree Men's Unit Meeting 2**

Sec: Mark W

Speakers: Damien & Martin.

Average Attendance: 30

Group Report: meeting is going well.

**Bruree Women's Unit**

Sec: Philomena G

Speakers: Tasha, Rebecca McL

Average Attendance: 30

Group Report: All going well

**Regional Hospital Limerick (5b)**

Sec: Philip

Group Report: No Meeting this month

Philip has taken up position. Meeting format needs to be looked at. A letter from the H&I handbook was forwarded on to 5B will continue present format until receive a reply. Meeting planned for this Thursday coming.

**Limerick Prison Women's Unit - 5<sup>th</sup> May 2016**

Sec: Tasha F

Speakers: Rebecca Mc L

Average Attendance:

Group Report: Meeting went very well. Girls are delighted to have NA coming in. next meeting 2<sup>nd</sup> June. Tasha will be away but has arranged for someone to cover. Looking for female speakers with 1-year clean time to apply for prison clearance, contact Patrick S or Tasha if interested.

**WATERFORD****Ceim Eile**

Sec: Vicky

Speakers: Dean

No. Meetings: 1

Expenses: €40.00

Average Attendance: 12

Group Report: Meeting went. Vicky will be finishing her position up this month Carmel will be taking be the new secretary from next month. New women's unit is now open.

**CORK****Cork Prison**

No NA H&I meeting in Cork Prison still will be speaking to welfare officer that works in the prison in work when come back from holiday will try to bring this up with her if opportunity lets me.

**St. Helens meeting**

Sec: James & Dara

Speakers: Trevor & Martin

Average Attendance: 12

Group Report: Group is going well majority of members connecting well with meeting.

**Cara Lodge Meeting 1**

Sec: Jamie

Speakers: Mike & John

Average Attendance: 8

Group Report: Meeting went well

Expenses: €25.00

**Cara Lodge Meeting 2**

Sec: Joe, E

Group Repot: No meeting. Joe was sick couldn't make the meeting.

**Tabor Lodge Meeting**

Sec: Stand in Cailim

Speakers: Julia & Stuey

Average Attendance: 12

Group Report: Meeting went very well thanks to lads going out at short notice. Martin has expressed interest in taking up position but would like to take it on temporary basis for time being.

Expenses: €10.00

**Farnanes**

Sec: Máiréad

Speakers: Michelle & Mary.

Average Attendance: 37

Group Report: Meeting went well. Máiréad last meeting next month Michelle will be taking up position after that.

**H&I Area Report**

- Looking for female members to come for clearance for new Limerick Prison H&I meeting in women's unit. 1-year clean time and contact Patrick S or Tasha F for the forms on 0860776991.
- Total H&I Expenses: €90.00

Thank you to all in H&I service, Patrick S.

**Phone report:****Contact details for Southern Area Phone:**

Southern Area Phoneline number: 087 - 138 6120 (6pm - 9pm daily)

[www.nasouth.ie](http://www.nasouth.ie)

[info@nasouth.ie](mailto:info@nasouth.ie)

Chairperson: Dermot M

Vice Chairperson: Needed

Secretary: Needed

This month's breakdown of Southern Area Phone line calls:

- 5 calls from members
- 1 call for a lady who attends AA abusing meds
- 1 call from a reporter asking my opinion on the drug problem in Cork because she was doing a report on something and she said that the superintendent said the drugs problem was under control.

Thanks, Dermot M

### **Area Group Meeting Reports:**

#### **CORK**

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##### **Georges Quay Women's Group: (Mondays @ 6.30pm)**

GSR: Claire A

Average Attendance: 10

Group report: Group going well. No donation due to the literature order. Could benefit from more clean time support. Literature not available today so no literature order. **GSR needed for this group.**

##### **Rutland Street Men's Group: (Mondays @ 7pm)**

- No report given

##### **Schull- Living Clean By the Sea Group: (Mondays @ 8pm)**

GSR: Joe E

Average Attendance: 3

Group report: All positions filled

##### **Hillside Solas Group: (Mondays @ 8.15pm & Saturdays @ 8pm)**

GSR: Mike C

Average Attendance: 16

Group report: Group going well. All positions filled & literature full.

Donation: €20.00

##### **Eason's Hill Group: (Tuesdays @ 6.15pm)**

- No report given

##### **Trinity Group: (Tuesdays @ 8.00pm)**

- No report given

##### **We Do Recover Group: (Wednesdays @ 1pm & Friday @ 8pm)**

GSR: Jamie B

Average Attendance: 25

Group Report: Group is going well.

Donation: €55.00



**Churchfield Group: (Wednesdays @ 6.00pm) contact: [churchfield@nasouth.ie](mailto:churchfield@nasouth.ie)**

GSR: James O

Average Attendance: 8

Group report: Going well but could do with some support

Group Announcements: I'm process of starting Sunday meeting but owners of building looking for feedback on insurance policy.

**Strength & Hope Group: (Wednesdays @ 8pm & Sunday 2pm)**

GSR: Valerie O'D

Average Attendance: 15 to 20

Group report: Meeting going well. Consistent attendance &amp; service.

Donation: €95.00

**More Will Be Revealed Group, Ballincollig: (Thursdays @ 7pm)**

GSR: John F

Average Attendance: 15

Group report: Group is going well. **Treasurer is needed.****La Verna Group: (Thursdays @ 8.00pm) contact: [laverna@nasouth.ie](mailto:laverna@nasouth.ie)**

GSR: Timmy O'C

Average Attendance: 25

Group report: Everything going well. **Need new secretary****Fermoy Group: (Thursdays @ 8pm)**

- No report given

**Dominican Centre: (Fridays @ 11.30am)**

- No report given

**Skibbereen Group: (Fridays @ 8.00pm) contact: [skibb@nasouth.ie](mailto:skibb@nasouth.ie)**

GSR: Dara L

Average Attendance: 5

Group report: All positions filled. Some newcomers. The message is being carried.

Donation: €40.00

**Dominican Centre Group: (Saturdays @ 3.00pm)**

GSR:

Average Attendance: 20

Group report: Meeting going well. All positions filled. **Except GSR.****Community Centre, Sawmill Street: (Sundays @ 8pm)**

- No report given

**New Meeting - Russian Speaking Meeting:****PoljaNA Group: (Sundays @ 10am)**

Location: St. Augustine's Church, Washington Street, Cork (On the ground floor).

Average Attendance: 4

Group report: It is a new Russian spoken NA meeting in Cork.

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**KERRY**

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**Freedom Group, in Tralee Community Development Project: (Mondays, Thursdays & Saturdays @ 8.00pm)**

GSR: Geraldine C

Average Attendance: 6

Group report: Attendance not so great some days. Still trying to catch up on rent. Could do with support.

**Tralee Our Lady & St. Brendan's Pastoral Centre Group: (Tuesdays & Wednesdays @ 1.30pm)**

- No report given

**Dingle Group, John Street: (Tuesdays @ 7:30pm & Fridays @ 8.30pm)**

Contact: Tor 0872220853 or Bert 0831246634) or email: [dinglemeeting@gmail.com](mailto:dinglemeeting@gmail.com)

GSR: Tor C

Average Attendance: 2

Group report: Meeting is in need of support.

Donation: €20.00

**Killarney Group, Rock Road: (Tuesdays & Saturdays @ 8pm)**

GSR: Dermot M

Group report: Going well, Dermot sends apologies for not making area.

**Listowel Group: (Tuesdays @ 8pm) Contact: [listowel@nasouth.ie](mailto:listowel@nasouth.ie)**

- No report given

**Unity Group in Tralee: (Saturdays @ 10am)**

GSR: Joanne C

Average Attendance: 4

Group report: Meeting going okay. Positions need to be filled. Could do with support.

**Talbot Grove Group: (Sundays @ 8:00pm)**

- No report given.

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**WATERFORD**

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**St. John's Group, Waterford: (Sundays, Tuesdays & Fridays @ 8pm, with Mondays @ 6pm, Thursdays @ 7pm & Saturdays @ 1pm)**

- No report given

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**LIMERICK**

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**Abbeyfeale Group: (Mondays @ 8pm)**

- No report given

**Limerick City Group: (Mondays, Wednesdays & Fridays @ 8.30pm in Social Services, with Mondays, Tuesdays & Thursdays @ 11am, also Saturdays @ 1pm & Sundays @ 6.30pm in St. John's Parish Hall)**

GSR: Damien D

Average Attendance: 18

Group report: All is well.

Donation: €150.00

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**TIPPERARY**

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**Nenagh Group: (Mondays @ 8.30pm)**

- No report given

**Clonmel Group: (Sundays, Tuesdays & Fridays @ 8.30pm)**

- No report given

**Aiséirí, Cahir Group: (Wednesdays @ 8.30pm)**

- No report given

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**CLARE**

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**Ennis & Bushy Park Group: (Mondays, Thursdays & Saturdays @8.30pm in Ennis Friary with Fridays @ 8.30pm in Bushy Park) contact: [ennisfriarygroup@nasouth.ie](mailto:ennisfriarygroup@nasouth.ie)**

- No report given

**Ennistymon – Just For Today Group: (Tuesdays @ 8pm & Saturdays @ 1pm)**

- No report given

**Shannon Group: (Sundays & Wednesdays @ 8.30pm)**

- No report given

**Old business from last month:**

- Tasha F will contact a member in Tipperary to try get a contact for Nenagh group to see if meeting is still running & if they would like or need support from Outreach.
- Update draft of Southern Area Guidelines to be made as current guidelines are outdated.
- Paul J & Annmarie M have been looking into a new venue for Area that is wheelchair accessible and has space for a literature office. They have asked for €120.00 for converting a space in the building for an NA literature office. Area is grateful for their service.
- Paul and Annmarie agreed to draft a timetable for the move to South Parish and information on any elements which impact on the move.

- Area to move to South Parish hall soon, members will be informed of dates when move is to be made.
- Southern Area Unity - Walk in Gougane Barra, West Cork: 7<sup>th</sup> May 2016, contact Michelle W.

**New business this month:**

- An updated version of the current SASC Guidelines to be made for area. This will then be revised by members and groups before being voted as the new SASC Guidelines for Southern Area.
- €147.08 donation to be made to Region by our ASR at the next Regional meeting on May 29<sup>th</sup>.
- Any group looking for insurance forms contact Michelle W.
- A request made to Michelle to ask for Regions Current Treasurer's details.
- Our SASC Treasurer asked could Region use receipts for the donations made by Southern Area for keeping in the Southern Area's treasurer records. Keeping our records transparent.
- Southern areas ASR to get flyers for the NA Campout in June for groups.
- New NA Group has started. It is a Russian speaking meeting. Held in St. Augustine's Church, Washington Street, Cork on

**Subcommittee Positions Also Available:**

- H&I committee - Secretary
- Outreach committee - Vice Chairperson & Secretary
- Phone line committee - Vice Chairperson & Secretary

NA Service committees are welcoming of any support members can give.

**Elections Positions Still Available:**

**Public Relations (PR) Chairperson:** Clean Time: 2–3years & Commitment: 1 year

**Duties:**

- To serve as a central resource of PR information and experience for Groups with the Southern Area.
- To be a central point of contact and to help co-ordinate any PR Activity that involves more than one group or that takes place over the entire Southern Area.
- To actively seek out opportunities to carry the NA message through PR efforts, within the Southern Area.
- To organise and conduct PR/PI Learning Days, as requested by the groups.
- Submit written monthly report at SASC meeting highlighting all PR/PI activity including all expenses.

**Fundraising & Events Chairperson:** Clean Time: 2– 3 years & Commitment: 1 year  
Duties:

- Organise regular events to promote unity within Southern area.
- Submit written monthly report at SASC meeting highlighting all committee activity.
- Organise fundraising events in southern area as requested by the Southern Area.
- Manage funds responsibly.
- A detailed financial report is required following each fundraising event, including expenses, profit etc.
- Submit written monthly report at SASC meeting highlighting all fundraising activity including all expenses.

**Area Service Representative Alt. (Alt. ASR):** Clean Time: 2–3 years & Commit: 1 year  
Duties:

- In the absence of the ASR to serve as ASR.
- To attend the Regional Service Committee of Ireland (RSCI).

**Southern Area Convention Chair:** Clean Time: 2–3 years & Commitment: 1 year

Please attend Area if you would like to take up a position at Area or on an Area subcommittee.

#### **Narcotics Anonymous Related Sites**

World Service NA Site: [www.na.org](http://www.na.org)  
Irish Regional NA Site: [www.na-ireland.org](http://www.na-ireland.org)  
Southern Area NA Site: [www.nasouth.ie](http://www.nasouth.ie)

*For those with Android devices 'NA Ireland' App is available for download in the PlayStore.  
For those with Apple devices 'NA Ireland' App is available for download in the iTunes Store.*

#### **Up Coming Narcotics Anonymous Events:**

- Mid-Summer Campout: Friday 17<sup>th</sup> - Sunday 19<sup>th</sup> June 2016 in Rathcam, Mullingar, Co. Westmeath.
- IRCNA 31 Convention: Friday 4<sup>th</sup> - Sunday 6<sup>th</sup> November 2016 in Hotel Westport, Westport, Co. Mayo.

#### **Next Southern Area Committee Meeting**

*(2<sup>nd</sup> Sunday of every month)*

Sunday 12<sup>th</sup> June 2016 @ 3pm at the YMCA, Marlboro Street, Cork City

#### **Next Irish Regional Meeting:**

*(Last Sunday every second month - Jan, March, May, July, Sept, Nov.)*

Sunday 29<sup>th</sup> May 2016 @ 12pm at Blessed Sacrament Hall, Bachelor's Walk, Dublin 1.

**NB: This will be the yearly Annual General Meeting (AGM), and all positions will be up for election.**