



Sunday 8th November Minutes 2015 – Brandon Hotel, Tralee, Co. Kerry

Welcomed: Welcomed to the Southern Area meeting by Bert M. at 3pm on 8th November 2015.

Apologies: Cailim F (Hillside Solas Sat GSR), Ciaran H (Literature Chair), Pam W, James (Churchfield GSR)

Readings: The concepts were read by Therese K.

Attendance List: Bert McC. (Chair), Therese K (Vice Chairperson), Michelle W. (ASR), Patrick S (H&I Chairperson), Natasha F. (Secretary), Tony K. (Treasurer), Dermot M. (GSR Killarney), Claire A (Women's Group GSR), Anthony K (Limerick GSR), Yvonne K (Events & Fundraising Chairperson), Pearl (Sussex NA Member), Elizabeth M (Clare Member), Tor C (Dingle Member), Aileen W (H&I Bruree Women's Unit Sec)

Elections this month: No one came forward for positions this month.

Sub Committee Reports

Treasurers Report: Tony K.

Opening Balance:	€ 5,748.73
Prudent Reserve:	- € 5,420.00
Working Balance:	€ 328.73

Donations Received by Groups:

Solas Monday (Cork):	€150
Dingle (Kerry):	€ 20
St. John's (Waterford):	€ 60
Clonmel (Tipp):	€200 (Online donation)
Ennistymon (Clare):	€ 10
Total Balance Groups:	€440

Expenses Paid Out to Subcommittees:

Rent D/D:	€100
Area Chairperson Travel Exp:	€ 10
H&I Limerick 5B	€ 25
H&I Bruree Women's Unit:	€ 20
H&I Bruree Men's Unit:	€ 15
H&I Tabor Lodge:	€ 30
H&I Ceim Eile:	€ 40
H&I Credit for Mobile Phone:	€ 10
PR Waterford Institute College:	€ 55
Total Expenses:	€305

Summary:

Opening Working Balance:	€328.73
Group Donations:	+ €440.00
Total:	€768.73
Expenses:	- €305.00
Working Balance:	€463.73
H&I Prudent Reserve:	€200.00
Closing Working Balance:	€263.73

Lodgement To Bank: € 35.00 cash
€200.00 online

- Region Donation: None this month
- New Prudent Reserve changed from €55,420.00 to €5,620.00
- H&I Prudent Reserve changed from €300 per month to €500 per month
- Donation to Region suspended to next month.

Thanks, Tony K

Vice Treasurer Report: Therese K

I've been in contact with Rebecca & Dee in relation to Vice Chair position, and was wondering if there is anything else to be doing in this position. I sent out group texts to all committee members chairs to inform them of area, time & place letting them know my contact details and if they weren't able to attend contact myself. Thanks, Therese K.

Events & Fundraising Report:

Chairperson: Yvonne K, **Vice Chairperson: needed**, Secretary: Rebecca McL

Since taking up position of chairperson of Events & Fundraising in October, Rebecca has taken up secretary position on committee. Vice Chair is still available. I've approached members in Limerick who are willing to help out but cannot commit to a committee position. Michelle W mailed me asking would I put out word about NA's Got Talent. I announced it at meetings and passed it on to secretary to also announce it at meetings and passed on the message to members of the convention committee from Limerick to announce. The new email address for the Events & Fundraising committee is events@nasouth.ie Events & Fundraising Committee are open to any suggestions or ideas for Southern Area. Thanks, Yvonne K

Literature Report:

Chairperson: Ciaran H and Alt. Literature: Daniel F

H&I Order €106.15

Other Sales €346.52

Total Sales €452.66

Expenses for Literature: €50

In addition we have spoken with Dublin about the larger order of €903 approx. and Tony K has been kind enough to collect this at the convention. I have another fifty euros just for some things for the office and a proper coin holder for the medallions and which I will provide receipts for at the next area along with the remaining balance. Apologies once for this month's literature orders. I will try and deal with as many of you individually as I can in the coming month but please do bare with me and I am also sick myself and have a lot on with work in the coming weeks. I might try to open the office for a day and email all concerned to let you know when, if possible. If not we should be able to accommodate all concerned next month. Also apologies to Paul from PR for not providing meetings list as requested. Daniel F has agreed to be my alternate so we should be on top of this from now on. Many thanks, Ciaran H

Hospitals & Institutes (H&I) Report:

Chairperson: Patrick S, Vice Chairperson: Joe E, **Secretary: Needed**

Contact details for H&I:

H&I number: 087 4592117

H&I email: hospitals.institues.nasouth@gmail.com

H& I Group Reports:**Limerick****Bruree Men's Unit**

Sec: Brendan

Speakers:

Expenses: €

Average Attendance:

Group Report:

Bruree Men's Unit

Sec: Tom H

Speakers: Paddy, Mark

Expenses: €15 going forward & 15

Average Attendance: 30

Group Report: all going well, will be Change of secretary in near future, hoped that James and Cyril will take up positions.

Bruree Women's Unit

Sec: Aileen W

Speakers: Janice M, Shauna K

No. Meetings: 1

Expenses: €20

Average Attendance: 13

Group Report: Meeting going very well continue to be escorted in and out was small issue with new staff member meeting opened late apologies from staff assured won't happen again. Aileen's Position up in January could GSR's put out at meetings looking for female sec please!!!!

5B Limerick

Sec: Rebecca
Speakers: Yvonne K
No. Meetings: 1
Expenses: €25 for last 5 months
Group Report: All going well.

Cork

St. Helens

Sec: Stephen
Speakers: James O
Average Attendance: 12
Group Report: Change in secretary as of next month James is taking over from Stephen who will show James how to run the meeting.
Extend thanks to Stephen for his service.

Cara Lodge

Sec:
Speakers:
Expenses: €
Average Attendance:
Group Report:

Tabor Lodge

Sec: Paddy C
Speakers: Annmarie, Gerry
Expenses: € 10
Average Attendance: 17
Group Report:

Farnanes

Sec: Mairead
Speakers: Sarah, Catherine
No. Meetings: 1
Average Attendance: 25
Group Report: Going well, was brought to attention that members would like a second meeting to start need literature.

Cork Prison

Sec: Anthony M
Speakers: Mike L
Expenses: €
Average Attendance: 4, 2 newcomers
Group Report: Second meeting could not go ahead as issue with an indication by dog at gate on a member. This happens a lot due to cross contamination and no big problem going forward. Still need more members for prison panel.

St. Helens

Sec: Daragh
Speakers: Gerry
Average Attendance: 12
Group Report: Going well

Cara Lodge

Sec:
Speakers:
Expenses: €
Average Attendance:
Group Report: Could not contact Joe
Michelle suggested to try his landline in future.

Tabor Lodge

Sec: Aishling
Speakers: Niamh, Timmy
Expenses: €10
Average Attendance:
Group Report: Going well but are practically out of literature.

Waterford

Ceim Eile House

Sec: Vicky

Speakers: Thomas H

No. Meetings: 1

Expenses: €40

Average Attendance: 10

Group Report: Going well.

Phone Line Report:

Chairperson: Dylan I, **Vice Chairperson: Needed, Secretary: Needed**

The phone received 27 calls this month. The breakdown of these calls are as follows:

1. 11 newcomers rang the phone some of these wanted people to meet them witch was organised, some just wanted times and locations of meetings witch i gave them.
2. 3 of these calls were from members looking for meetings.
3. 5 of these calls were from concerned family / friends.
4. 2 professionals rang the phone 1 of these was from Kilrush youth reach looking for NA to do a talk in their facilities, which I passed on to Public Relations (PR) Brendan O'B.
5. 1 of the calls was from an effected friend/family member who I gave a number for Nar - Anon.
6. 4 of these were missed calls witch I returned and got no answer on 3 of them.
7. 1 newcomer rang from Eastern area I organized a member to meet him in Dublin and go to a meeting. In loving service, Dylan I

Outreach Report:

Chairperson: Jamie B, Vice Chairperson: Matthew R, Secretary: Martin L

Location: Killarney
Attendees: Jamie B & Timmy October Stephen b John f
Expense €25
Status: Meeting went well need more support
Date October

Location: Tralee
Attendees: John F, Jamie B, Mike C, Adam L & Dermot M
Expense: €25
Status: Needs support

Location: Tralee
Attendees: Lucy, Dean C Mark C
Expense: €25

Overall Outreach is going well. Hoping to get more people involved from different counties.

Anyone who is looking to get involved or anyone who is looking for support for a meeting should contact Jamie B on 085 737 9692 or contact myself Martin L on, 087 344 3581. Thanks.

Group Meeting Reports:

Cork City

Georges Quay Women's Group:

Monday 6.30-7.45

GSR: Claire A

Average Attendance: Low, needs support

Group Report: Attendance has dropped and needs support, struggling to make rent

Rutland Street Men's Group:

Monday 7pm

GSR:

Average Attendance:

Group report: No report

Hillside Solas:

Monday 8.15pm

GSR: Anthony M

Group report: Needs GSR and Treasurer for group

Donation: €150

Hillside Solas:

Saturday 8pm

GSR: Cailim F

Group report: Going well

Average Attendance: 20

Eason's Hill:

Tuesday 6.15pm

GSR:

Average Attendance:

Group report: No report

Trinity:

Tuesday 8.00pm

GSR:

Average Attendance:

Group report: No report

Churchfield: churchfield@nasouth.ie

Wednesday 6.30

GSR:

Average Attendance:

Group report: No report

G.F Strength & Hope:

Wednesday 8pm and Sunday 2pm

GSR:

Average Attendance:

Group report: No report

La Verna: laverna@nasouth.ie

Thursdays 8.00pm

GSR:

Average Attendance:

Group report: No report

Dominican Centre:

Friday morning 11.30 - 12.30

Donation: €

GSR:

Average Attendance:

Group report: No report

Rutland Street We Do Recover Group: wedorecover@nasouth.ie

South Parish Community Centre Cork, Friday & Sunday 8.00pm

GSR:

Average Attendance:

Group report: No report

Dominican Centre:

Saturday 3.00pm

GSR: Tony K

Average Attendance: 25

Group report: Meeting going well, all positions filled

Cork County

Fermoy:

Thursday 8.00pm

GSR:

Average Attendance:

Group report: No report

Skibbereen: skibb@nasouth.ie

Friday 8.00pm

GSR:

Average Attendance:

Group report: No report

Youghal: Nagle House Friday 8.00 Sunday 12.00- 1.00

GSR:

Average Attendance:

Group report: No report

Kerry

Tralee Community Development:

Monday; Thursday & Saturday 8.00pm

Average Attendance:

Group report:

Tralee Our Lady & St. Brendan's Pastoral Centre Group:

The Presbytery, Upper Rock Street, Tralee: Tuesday & Wednesday 1.30-2.45pm

GSR:

Group report:

Dingle, John Street: Contact Tor 0872220853 or Bert 0831246634) dinglemeeting@gmail.com

Tuesday 7:30 PM and Friday

Average Attendance:

Group report: Numbers on the up again. Meeting is traditionally small numbers.

Donation: €20

Killarney Pastoral Centre:

Tuesday 8:00 PM & Thursday 7.30PM

GSR: Dermot M

Average Attendance: 3 – 4

Group report: Tuesday meeting is the only one open at the moment and is really struggling. Group are hoping convention will change things, without Outreach the last few weeks meeting would have closed down.

Listowel: listowel@nasouth.ie

Friday 8:00 PM

GSR:

Group report: No report

Talbot Grove:

Sunday 8:00 PM

GSR: Dermot M

Average Attendance: 8 (including residents)

Group report: Meeting going well, Rent is up to date

Waterford

St. John's Group:

Waterford City: St John's Monday 6.00PM; Tuesday 8.00PM; Friday 8.00PM Saturday 1.00PM & Sunday 8.00PM & St Francis: Wednesday 8.00PM

GSR: Patrick S

Average Attendance: 25

Group report: Group involved in PR Event in WIT, 75 people attended, looking to do it annually.

Donation: €60

Edmund Rice Centre:

Thursday 7.00PM

Average Attendance:

Group report: No report

Limerick

Henry Street & St. John's Group: limerick@nasouth.ie

Henry Street Monday – Monday, Wednesday & Friday 8.30PM; St John's Church: Saturday 12.15 & 1PM and Sunday 6.30PM

GSR: Anthony K

Average Attendance: 18

Group Report: All is well, positions are filled

Abbeyfeale:

Monday 8.00PM

GSR:

Group report: No report

Tipperary

Nenagh:

Monday & Thursday 8.30PM

GSR:

Group report: No report

Clonmel:

Tuesday Friday & Sunday 8.30PM

Reported Submitted by: Johnny C

Group Report: Going well, looking for GSR

Donations: €200 (online)

Aisieri, Cahir:

Wednesday 8.30PM

GSR:

Group report: No report

Roscrea:

Saturday 5PM

GSR:

Group report: No report

Clare

Ennis / Bushy Park Group: ennisfriarygroup@nasouth.ie

Ennis Friary: Monday & Thursday 8.30PM; Saturday 9.00PM, Bushy Park Friday 8:30 PM

GSR:

Group report: No report

Shannon Town Group:

Sunday 8.30PM,

GSR:

Group report: No report

Ennistymon, Just For Today Group:

Tuesday's 8pm & Saturday 1pm

GSR: Elizabeth M

Average Attendance: 10

Group Report: New group & is going well

Donation: €20

Old business from last month:

Female wanting to attend NA with husband, member asking was does the meeting become an open meeting? If so, what is the right way to make it an open meeting? Group booklet has information on open and closed meetings.

New business this month:

- Contact Abbeyfeale group to see if it's still running, if it is running it is to be put back on meetings lists. Tasha F to follow this up and get number of Michelle W for an Abbeyfeale member.
- PR talk in Waterford College went well, no PR Chairperson / committee currently so Patrick S to write a short bit on how to talk went.
- H&I Reserve to be increased, voted yes so increased from €300 to €500.
- Waterford group wants to note that changing 7th Tradition time is working great, now the group can make a donation to area.
- Proposal at Area: Not to make a donation to Region this month.
Vote by: Withholding current balance pending a decision to be discussed, next month.
- Suggestion to hold a 12 Traditions workshop based on the NAWS mini – workshop pack. This is to gather information from groups on Traditions to be then sent on to World Service to help in the creation of the 12 Traditions Working Guide, similar to '*The Narcotics Anonymous Step Working Guide*.' Following this suggestion, Michelle W to contact RD's about holding a workshop in Southern Area. It is possible to have a Concepts workshop down the line after the Traditions Workshop.
- Discussion had on how to setup a new group that is child friendly. NA Literature should help support this group. Check out the NA Group Booklet and NA Parents & Carers Booklet.

Elections Positions Available:

- Public Relations (PR) Chairperson
- Alt. ASR
- Southern Area Convention Chairperson

Public Relations (PR) Chairperson Guidelines:

Clean Time: 2 – 3 years

Commitment: 1 year

Duties:

- To serve as a central resource of PR information and experience for Groups with the Southern Area.
- To be a central point of contact and to help co-ordinate any PR Activity that involves more than one group or that takes place over the entire Southern Area.
- To actively seek out opportunities to carry the NA message through PR efforts, within the Southern Area.
- To organise and conduct PR/PI Learning Days, as requested by the groups.
- Submit written monthly report at SASC meeting highlighting all PR/PI activity including all expenses.

Area Service Representative Alternate (alt. ASR) Guidelines:

Clean Time: 2 – 3 years

Commitment: 1 year

Duties:

- In the absence of the ASR to serve as ASR.
- To attend the Regional Service Committee of Ireland (RSCI).

Southern Area Convention Chairperson Guidelines:

- Currently being drafted up.

Please attend Area if you would like to take up a position at Area or on an Area sub-committee.

IRCNA 30 Convention Committee:

Tor C & Aileen W, attended area on the Sunday of convention to thank everyone for their support of IRCNA and hope they had an enjoyable weekend in Tralee.

Next Southern Area Meeting

Sunday 13th December 2015, 3pm at the YMCA, Marlboro Street, Cork City

Next Region Meeting

Sunday 29th November 2015, 12pm at Blessed Sacrament Hall, Bachelor's Walk, Dublin 1.