



**Sunday 13<sup>th</sup> November 2016 Minutes @ 3pm – South Parish Centre, Rutland Street, Cork City.**

**Welcomed:** By the Southern Area Committee Meeting (SASC) Chairperson, Dara L.

**Readings:** The concepts were read by Damian D.

**Last Month's Minutes:** Yes.

**Apologies:** Ger C (GSR Tralee), Pam W (SASC Outreach Chair), John O'C (SASC Convention Chair).

**Attendance List:** Dara L (SASC ASR), Stephen B (SASC Secretary), Annmarie H (GSR), Damien D (GSR), Dermot M (SASC Phone Chair), Carmel C (GSR), Jamie B (GSR), Daniel F (member), Ciaran H (SASC Literature Chair), Timmy O C (GSR/ SASC Events Chair), Mike C (GSR), Jake K (member), Andrew H (member), Alan C (member), Owen C (member), Mark W (member), Edward M (member), Melissa B (member), Tasha F (member), Jamie B (GSR/ SASC Events Vice Chair)

**Elections this month:**

Current Southern Area Guidelines are available on [www.nasouth.ie](http://www.nasouth.ie) for anyone interested in taking up a position.

**SOUTHERN AREA COMMITTEE REPORTS****Treasurers Report:****Donations Received by NA Groups on 09<sup>th</sup> October 2016:**

• Dingle, Co. Kerry	€ 20
• Schull, Co. Cork	€ 10
• We Do Recover, Co. Cork	€ 35
• Strength and Hope, Co. Cork	€ 155
• Clonmel, Co. Tipperary	€ 80
• Waterford, Co. Waterford	€ 15
• Eason's Hill, Co. Cork	€ 5
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<b>Total Group Donations:</b>	<b>€ 320</b>

**Expenses Paid Out to Sub Committees on 09<sup>th</sup> October 2016:**

• H&I (carried from last month)	€ 95
• H&I Secretary Expenses (from this month)	€ 122
• Literature for H&I	€ 90.46
• Chair Expenses	€ 30
• Phone Line	€ 10
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<b>Total Expenses:</b>	<b>€ 347.46</b>

The literature committee were owed €106 from last month and this has been carried forward with an additional €27.46 owed for H&I literature this month.

**Literature Report:**

**Chairperson:** Ciaran H

**Vice - Chairperson:** Dan F

Total Sales for October and November was €383. All positions filled and all going well.  
Thanks, Ciarán H.

**Area Service Representative (ASR) Report:**

**ASR:** Dara L

**Alternate ASR:** Needed

No region meeting since last meeting of Southern Area but Dara will be travelling up this month.

### Events Report:

**Chairperson:** Timmy O C

**Vice - Chairperson:** Jamie B

The Events Committee has expressed an interest in organising a New Year's Eve fundraiser in Cork City. The fundraiser would consist of workshops, meetings and a dance. No location has been decided as of yet but South Parish, Rutland St. has been identified as a potential venue as the organisers feel they should be able to book the venue for the day without much hassle. The committee has requested €250 expenses for ticket printing, DJ set and to book the hall. Further expenses may be necessary but the committee should know more in December's meeting of Southern Area. The suggested cost to attend the event is €15 per person with discounts available to newcomers.

### Southern Area Convention Report:

**Chairperson:** John O'C

**Vice-chairperson:** Joe E

**Convention Treasurer:** Colin L

**Programme:** Patrick S

**Welcoming:** Carmel

**Graphics and Design:** Keith F

Our chair and vice chair send their apologies that they can't make area this month. The report is as follows:

1. Subsequent to approval from area of our bid for the Munster convention, the steering committee held a meeting on Tuesday 25<sup>th</sup>. We filled two further committee chairs with Carmel C taking on the welcoming committee chair and Keith F taking on the graphics and design chair.
2. We have identified July as a potential month to have to convention and are meeting with venues next week to gauge price and availability. There are 5 venues we are checking out
3. John has been speaking with Tony the previous treasurer, about the €3000 convention reserve. Tony says that this will be available from November 30<sup>th</sup> as its currently in a fixed term AIB account.

There are no expenses.

**Outreach report:****Contact details for Southern Area Outreach:**Outreach email: [southernareaoutreach@gmail.com](mailto:southernareaoutreach@gmail.com)

Chairperson: Pam W

Vice - Chairperson: **needed**

Outreach has not got out to any meetings this month.

**Webmaster Report:**

Just a reminder to members, let myself know of any changes are needed to NA meeting list to contact Paul N [webmaster@nasouth.ie](mailto:webmaster@nasouth.ie) or 087 1386120.

Thanks, Paul N.

**Hospitals & Institutes (H&I) report:****Contact details for H&I:**

H&amp;I number: 087 - 459 2117

H&I email: [hospitals.institutes.nasouth@gmail.com](mailto:hospitals.institutes.nasouth@gmail.com)**Chairperson:** Patrick S**Vice-Chairperson:** Joe E**Secretary:** **Needed****Limerick****Bruree Men's Unit****Sec:** James F, Mark W**Speakers:** Paul O D, Angus B, Tom H**Average Attendance:** 24

**Group Report:** Centre is happy that NA is getting in on regular basis now relationship is really good. All is going well.

**Expenses:** €30

**Bruree Women's Unit****Sec:** Position Vacant**Speakers:****Average Attendance:**

**Group Report:** Meeting did not go ahead as the person who Philomena has due to family commitments had to hand up her position. Orlaigh offered to do the meeting the following week but Bruree had something organised for that night. Have contacted numerous women about taking it on, but anyone who is free to take it on does not drive. Have spoken to male secretaries and asked if they would mind bringing the women out when they are doing the men's meeting. James and Mark would be happy to do this. Rang the women's unit and asked would it be possible to change the night of the meeting, I will know if this is possible after a staff meeting on Tuesday so fingers crossed.

**Expenses:** €0**Regional Hospital Limerick (5b)****Sec:** Philip**Speakers:****Average Attendance:**

**Group Report:** The meeting did not go ahead as the manager of the unit has informed me that Garda Vetting is now a requirement for anyone entering. Since then I have spoken to Philip and he has decided that he would like to hand up the position as by the time GV would be back he would no longer be available to attend. I will be seeking advice from area on how to proceed with the 5B meeting.

**Expenses:** €0**Limerick Prison Women's Unit****Sec:** Tasha F**Speakers:** Aileen W, Elizabeth W**Average Attendance:** 6-8

**Group Report:** Meeting went well staff is very cooperative. The members who are attending getting bigger and more connected. Tasha 12 month commitment up in the New Year and she has someone in mind to take up position, have spoken to them about this and they will think it over. In need of more members with required clean time to put themselves forward for Garda clearance, anyone interested contact me or Tasha.

**Expenses:** €0**Limerick Prison Men's Unit****Sec:** Mark W**Speakers:****Average Attendance:**

**Group Report:** Spoke to our point of contact in the prison in regards to clearance forms we put in 2 months ago we are still waiting for Marks prison clearance to come so that meetings in the men's unit can begin, time and date to be arranged. Only person cleared so far for men's prison is Paul he has now done his induction, 5 other people have been put forward for clearance. Have been told to contact again next month to see if anyone else cleared, should be in good shape going forward when meeting gets started.

**Expenses:** €0

**Waterford****Ceim Eile****Sec:** Carmel**Speakers:** pat**Expenses:** €0**Average Attendance:** 13

**Group Report:** Ciem Eile has moved to new building which can accommodate more residents so meeting will be growing in near future. Relationship between NA and facility is very good. Also, I had contact from the manager of women's secondary treatment house and they have requested that NA begin meetings there also have spoken to Mellissa in Cahir about taking up the position she is very interested depending on timing of the meeting.

**Cork****Cork Prison**

James and I attended a meeting in Cork prison with the governor and the chief officer of the prison. The meeting went very well and we were asked to set up a meeting in the prison. Although we requested an evening or weekend time for the meeting the governor explained that this was not possible due to staffing issues and opening times of the school. It was put to us very clearly that any help in getting Garda clearance will be afforded to us but the point was stressed that there must be a certain amount of time between an offence and an application. James will be responsible for forming a panel of people to enter the prison to do service, anyone interested contact him or myself. The time will be every second Tuesday of each month at 2 o'clock. There was travel expenses involved.

**Expenses:** €42**St. Helens meeting****Sec:** James, Dara**Speakers:** Richard k,**Average Attendance:** 11**Expenses:** €0

**Group Report:** second meeting didn't go ahead due to transport issues. The meeting is otherwise going well.

**Cara Lodge Meeting****Sec:** Jamie.**Speakers:** Shane, Lee, Peter**Average Attendance:** 9**Group Report:** Meetings went well**Expenses:** € 15**Tabor Lodge Meeting****Sec:** Paul, Ciaran**Speakers:** Valerie, Cailim**Average Attendance:** 15**Group Report:** All going well**Expenses:** €0

**Farnanes**

**Sec:** Michelle.

**Speakers:** Tasha, Hailey.

**Average Attendance:** 30

**Group Report:** meeting went well.

**Expenses:** €0

### **H&I Area Report**

Lot of ups and downs this month with developments in the prisons, the new meeting in the women's centre in Waterford and also the relationships between the fellowship and facilities we do service in. the fact that the women in Bruree did not get a meeting this month is a negative and the situation with 5B makes things harder in a very hard position already, will be seeking guidance from area as to decision on if the meeting can be maintained. Still in need a female member with required clean time for service in Bruree and also women to share E. S & H.

Mark the Eastern Area chairperson and myself have moved forward with asking members already cleared for prison service to combine our lists of members to enter all prisons. Also more members both male and female asked to come for clearance for Cork & Limerick Prison H&I meetings. 1-year clean time and contact Tasha or myself for the forms on 0860776991.

### **Expenses:**

**Secretary's Expenses: € 122.00**

**H&I Literature Expenses: € 90.46**

**Total Overall Expenses for H&I: Total € 212.46**

26 euro from this total is owed to literature chairperson and will be taken from H&I prudent reserve as soon as access becomes available.

### **Phone report:**

#### **Contact details for Southern Area Phone:**

Southern Area Phone line number: 087 - 138 6120 (6pm - 9pm daily)

[www.nasouth.ie](http://www.nasouth.ie)

[info@nasouth.ie](mailto:info@nasouth.ie)

Chairperson: Dermot M

Vice-Chairperson: **Needed**

Secretary: **Needed**

- 8 calls from members
- 3 calls from newcomers
- 2 call from professionals
- 2 calls from concerned persons

Most calls received during the day and €10-euro credit required for the month ahead.

**AREA GROUP MEETING REPORTS****CORK**

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**Georges Quay Women's Group: (Mondays @ 6.30pm)**

- No report given.

**Rutland Street Men's Group: (Mondays @ 7pm)**

- No report given.

**West Cork Groups Schull- Living Clean by the Sea Group: (Mondays @ 8pm) & Skibbereen Family Resource centre Friday 8pm****GSR: Needed****Ave. Attendance: 4-5****Group Report:** Both meetings going well.**Donation: €10****Hillside Solas Group: (Mondays @ 8.15pm & Saturdays @ 8pm)****GSR: Mike C****Ave. Attendance: 15****Group Report:** Meeting is going well. All positions filled.**Eason's Hill Group: (Tuesdays @ 6.15pm)****GSR: Steven****Ave. Attendance: 8****Group Report:** Group going well.**Trinity Group: (Tuesdays @ 8.00pm)**

- No report given.

**We Do Recover Group: (Wednesdays @ 1pm & Friday @ 8pm)****GSR: Jamie B****Ave. Attendance: 20****Group Report:** Meeting is going well. All service positions are filled.**Donation: €35****Churchfield Group: (Wednesdays @ 6.30pm and Sundays 12p) contact: [churchfield@nasouth.ie](mailto:churchfield@nasouth.ie)****GSR: James O****Ave. Attendance: 8****Group Report:** Meeting is going well. All service positions are filled.



**Strength & Hope Group: (Wednesdays @ 8pm & Sunday 2pm)****GSR:** Valarie O D**Ave. Attendance:** 15 Sunday/ 25 Wednesday**Group Report:** Meeting is going well. Rent up to date.**Donation:** €155**More Will Be Revealed Group, Ballincollig: (Thursdays @ 7pm)**

- No report given.

**La Verna Group: (Thursdays @ 8.00pm) contact: [laverna@nasouth.ie](mailto:laverna@nasouth.ie)****GSR:** Timmy O C**Ave. Attendance:** 15**Group Report:** Meeting needs a secretary and is struggling to cover rent.**Fermoy Group: (Thursdays @ 8pm)**

- No report given.

**Eason's Hill (Fridays @ 11.30am)**

- No report given.

**Community Centre, Sawmill Street: (Sundays @ 8pm)**

- No report given.

**PoljaNA Group: (Sundays @ 10am)**

- No report given.

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**KERRY**

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**Freedom Group, Tralee: (Mondays, Thursdays & Saturdays @ 8.00pm)**

- No report given.

**Dingle Group, John Street: (Tuesdays @ 7:30pm & Fridays @ 8.30pm)****GSR:** Tor C**Ave. Attendance:****Group Report:** Meeting attendance is small.**Donation:** €20**Killarney Group, Rock Road: (Tuesdays & Saturdays @ 8pm)****GSR:** Dermot M**Ave. Attendance:** 4**Group Report:** Rent is up to date. Positions filled. Could do with support.**Listowel Group: (Tuesdays @ 8pm) contact: [listowel@nasouth.ie](mailto:listowel@nasouth.ie)**

- No report given.

**Talbot Grove Group: (Sundays @ 8:00pm)****GSR:** Stephen B**Ave. Attendance:** 15-20**Group Report:** Group going well. New GSR needed.

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**WATERFORD**

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**St. John's Group, Waterford: (Mondays @ 6pm, Tuesdays @ 8pm, Thursdays @ 7pm, Fridays @ 8pm, Saturdays @ 1pm and Sundays @ 8pm).****GSR:** Carmel C**Ave. Attendance:** 15-20**Group Report:** All meeting going good. Rent is up to date.**Donation:** €15**The Manor NA Group, Waterford: (Wednesdays @ 8pm).**

- No report given.

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**LIMERICK**

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**Limerick City Group: (Mondays, Wednesdays & Fridays @ 8.30pm in Social Services, with Mondays, Tuesdays & Thursdays @ 11am, also Saturdays @ 1pm & Sundays @ 6.30pm in St. John's Parish Hall)****GSR:** Damian D**Ave. Attendance:** 20-25**Group Report:** All meeting going well. All positions filled except secretary on Wednesday.**Abbeyfeale Group: (Mondays @ 8pm)**

- No report given.

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**TIPPERARY**

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**Nenagh Group: (Mondays @ 8.00pm & Thursdays @ 8.30pm)**

- No report given.

**Clonmel Group: (Sundays, Tuesdays & Fridays @ 8.30pm)****GSR:** Annmarie H**Ave. Attendance:** 10**Group Report:** All meeting going well. All positions filled. Rent paid**Donation:** €80**Aiséirí, Cahir Group: (Wednesdays @ 8.30pm)**

- No report given.

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**CLARE**

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**Ennis & Bushy Park Group:** *(Mondays, Thursdays & Saturdays @8.30pm in Ennis Friary with Fridays @ 8.30pm in Bushy Park)* contact: [ennisfriarygroup@nasouth.ie](mailto:ennisfriarygroup@nasouth.ie)

- No report given.

**Ennistymon – Just For Today Group:** *(Saturdays @ 1pm)*

- No report given.

**Shannon Group:** *(Sundays & Wednesdays@ 8.30pm)*

- No report given.

**NEW BUSINESS AT AREA – 13<sup>th</sup> November 2016**

- Southern Area will move to South Parish, Rutland St. next month.
- Patrick S has agreed to become a signatory with Stephen B and John O C as the bank will not make the funds available until an (acting) chairperson is signed on the account. As such, Patrick will fill this position for this purpose.
- Could all GSRs announce at meetings that three important positions i.e. SASC Chairperson, SASC Vice Chairperson and SASC Treasurer still need to be filled. It is very important these positions are filled in order for the Southern Area to operate efficiently and effectively.
- NAWS have posted questions that will help them frame project plans for two pieces of literature—an IP on recovery and mental health/mental illness <http://www.na.org/mhmi> and a meditation book [www.na.org/meditationbook](http://www.na.org/meditationbook) Interested members can log on and share their thoughts any time before 1 June 2017.

**Narcotics Anonymous Related Sites**

World Service NA Site: [www.na.org](http://www.na.org)

Irish Regional NA Site: [www.na-ireland.org](http://www.na-ireland.org)

Southern Area NA Site: [www.nasouth.ie](http://www.nasouth.ie)

*For those with Android or Apple devices 'NA Ireland' App is available for download in the PlayStore & the iTunes Store.*

**Next Southern Area Committee Meeting & AGM**

*(2<sup>nd</sup> Sunday of every month)*

Sunday, 11<sup>th</sup> December- @ 3pm, YMCA, Marlboro Street, Cork City.

**Next Irish Regional Meeting:**

*(Last Sunday every second month - Jan, March, May, July, Sept, Nov)*

Sunday 27<sup>th</sup> November @ 12pm in the Irish Service Office (ISO), 14a Kevin's St, Dublin 8.