



October Minutes 2014

Thank you to Anoushka M for standing in as the area chair for the meeting

Apologies: Caroline L.(GSR Aisiri) , will attend Novembers area.

Attendance List: Michelle W.; Anouska M.; John O; Natasha F.; Aileen W.; Fiona T.; James L.; Paul J.; Nakita B.; Mairead B.; Pam W.; Niamh O.; Richard K.; Mark C.; Julia B.; Brendan O. Thomas F.; Colin P.; Bert M.

SASR Report

Regional service committee activities

There was no northern A.S.R. (Area Service Representative) present.

The following region positions are still available, Urgently needing to be filled:

Chair, Secretary, Vice-Chair, Vice-Treasurer, H & I Chair, Literature Chair, Parents & Carers Chair, Events Chair, Conv. Treasurer '15.

The committee wants the groups input in seeking solutions to the issue of how to fill positions at region.

It was suggested that there be no regional convention next year if positions are not filled on the committee.

Business not completed yet

- Funding is an issue for the R.S.C. (Regional Service Committee). The RD (Regional Delegate) Alternate offered to organise a fundraiser for the region and other members offered to help.
- A new document is being drawn up to inform the fellowship of changes to our registration policy at regional conventions support will come from the eastern area
- Region has decided to begin using an internal forum to aid in getting business done. A decision was taken not to move from current internet service provider.

New business coming from R.S.C.

Ask all GSR's (Group Service Representatives) to announce at their meetings the list of positions available at region and to discuss what's to be done to fill them at their group business meetings/ group consciences

Fundraiser to be organised for the region- I can take details of anyone interested in doing some service to raise much needed funds for our region. Funds needed to pay for insurance premium (€1400) and pay to send RD's (Regional Delegates) to EDM (European Delegates Meeting).

Business brought to last region News on a national service day: there was a consensus to move forward with the National Service day. Regional delegates to do it as their workshop at the IRCNA (Irish Regional Convention of Narcotics Anonymous) 29 in Belfast.

ID charitable status – no further updates as research is still ongoing. Presentation to be given at region when research has concluded.

Child protection - New child protection legislation ask all organisations dealing directly with under 18's to report abuse or intravenous use of narcotics to authorities. A member who is a legal professional working in the area has said this doesn't apply to us as we don't specifically deal with children and don't offer them any professional services as such. The region decided to discuss this further at the next region and to seek an official legal opinion or statement from legal professionals (see attachment).

National service day- The eastern area suggested the 7th tradition and a workshop on service starting a group level.

Due to the great need to fill positions at areas and the region the regional delegate's workshop at the IRCNA 29 in Belfast will be focused on service.

Raffle – Drawn at Region: Winners; 1.Room – Michelle C (Belfast) 2.Banquet Ticket – Aran M (Belfast). After some discussion arising from Convention Chair winning the drawn – Proposal – “Convention Committee Members do not buy tickets for themselves in the raffle.” (ISO Treas/2nd RD Alt) Carried 12:1 – Objection from RD.

RD report

EDM (European Delegates Meeting) to host European Service Learning Event – 3rd-5th April 2015 in Berlin. Open for all member's to attend

A.S.R. (Area Service Representative) will need to co-ordinate the funding requests with the RDs

As the A.S.R. representative I am willing to attend this service event to gather information about service for the southern area.

General info

- Appeal to the fellowship for funds!**
- Events/Fundraising Co-Ordinator badly needed to assist with this!
- Treasurer said funds v v v low. There is still NO prudent reserve.
- Concern flagged re insurance premium due in November.
- Discussion re paying for winter EDM flights versus ISO a/c autonomy.
- Agreed to pay EDM cheque for RDs flights despite low funds.

Sub Committee Reports.

Area Treasurer:

Opening balance: €2850

Donations: €661

Expenses: €432

Closing Balance (Bank Account): €3079

Prudent account Total: €2856

Working Balance: €223

It was decided to hold €229 till next month's area to decide what to do with it

PR Report:

The PR subcommittee had their monthly meeting in the NA office on Marlboro street on Tuesday the 28th of September. The meeting consisted of an induction on speaking at PR engagements, as well as going over the format for the Midleton College presentation, and discussing the possibility of getting in touch with some of the larger employers in Cork city.

The PR presentation in Midleton College on Friday 3rd October went very well. Thanks to Anoushka M and Stephen B for speaking and Niall S for doing secretary.

There was talk of doing something similar in Waterville, Kerry, but it did not go ahead.

CIT have been in contact and would like NA to do a presentation to their final year Social Care students as part of their addiction studies module. This will take place in November and we will be looking for speakers with AT LEAST one year clean time, and preferably from outside of Cork City.

Expenses:

Literature	39.11
Travel	<u>08.00</u>

Total: 47.11

The PR subcommittee will meet next in the NA office in the YMCA, Marlboro Street on Tuesday November 4th at 7 pm, all are welcome to attend.

Brendan O'B.

Webmaster Report :

Approximately 200 visits to the website in September.

Email addresses are available to any groups or committees who want them.

There were a few updates to the meeting list for September.

Work has started with synching our local meetings lists with the NA World Services web site list.

The Meetings list Android App is now available, search for NA Ireland on the Google play store. Paul N.

Literature Report

Total sale for the month of September €525.83

Total order of literature for October €525.83

Balance is nil €1.00

Expenses are none

Literature Activities: Mairead B has been appointed as literature vice chair. Pam W is looking forward to working with Mairead for the coming year.

We increased our stock of clean time key tags as expressed from groups and the shop is in full stock on opening.

Shop (NEW) Opening Time. 2pm – 2.45pm

The literature committee are responsible for the keys and a log of committees using the shop as a meeting place. Who are the designated key holders? Who has the keys at this present time?

Outreach

The Outreach team attended the Fermoy meeting Thursday 11th September.

Bantry meeting needs support, at risk of closing.

Expenses : €15

Public Relations(PR) : H&I:

Natasha F Chairperson: 086 - 0776991

Vice Chairperson: Charlie

Secretary Anthony M

H&I Chairperson needed

Secretary Positions to be filled St. Helens, Arbour House, Tabor Lodge

hospitals.institutions.nasouth@gmail.com

Group Reports:

Bruree Men

Sec: Brendan, Tom

Speakers: Tom R, Patrick M, Martin O

No. Meetings: 2

Expenses: €45

Average Attendance: 25 Group Report: Going very well

Bruree Women

Sec: Orlagh J

Speakers: Shauna K, Yvonne K

No. Meetings: 1

Expenses: €15

Average Attendance: 20

Group Report: **New sec needed**, to change meeting time as requested by facility.

St.Helens

Sec: Stephen

Speakers: Darren H

No. Meetings: 1

Expenses: None

Average Attendance: 15

Group Report: Going well, looking for second secretary

Cara Lodge

Sec: Brendan O'B

Speakers: Stuart P, Noel M

No. Meetings: 2

Expenses: €30

Average Attendance: 3

Group Report: Literature needed, new sec needed ASAP

Tabor Lodge

Sec: Alan H

Speakers: Lorraine W, Alan McG

No. Meetings: 1

Expenses: €15

Average Attendance: 18

Group Report: Going well, need new sec

Ceimele House

Sec: Ruth

Speakers: Damien

No. Meetings: 1

Expenses: €40

Group Report: Going well

5b

Sec: Yvonne

Speakers: Damien

No. Meetings: 1

Expenses: €10

Average Attendance: 1

Group Report: Meetings in 5b are very quiet, Donna to take new sec

Arbour House

Sec: Tony K

Speakers: Willa W

No. Meetings: 1

Expenses: €5

Average Attendance: No one turned up

Group Report: **New sec needed ASAP**

St. Michaels

Sec: Paul O'C

No. Meetings:

No report given

Farnanes

Sec: Sarah

Speakers: Emer, Tara

No. Meetings: 1

Expenses: None

Average Attendance: 20

Group Report: Going well

Cork Prison No meeting held

Cork Prison meeting could do with speakers from the Southern Area.

If you would like to get involved could you please submit two passport photos, current address, past 10 year address's and date of birth.

Clean time 1 year, male speakers.

Meeting is weekly on Friday mornings at 10am

Contact: Natasha F: 086 - 0776991

Group reports:

Cork City

Georges Quay: Women's Meeting Monday 6.30-7.45pm No report

Phone -0877731563 for Directions

Rutland Street : Men's Meeting Monday 7pm No report

Hillside Solas : Monday 8.15pm Saturday 8pm

Group report: The group is going well, however it could do with more attendance support. Phillip S & Rachel G have been voted in as new secretaries.

Donation: €50

Eason's Hill: Tuesday 6.15pm No report

Trinity: Tuesday 8.00pm

Average Attendance: 28

Group report: Needs clean time support; Jenny H. is new treasurer

Donation: mix up with accounts therefore no monies present for donation this month

Churchfield : Wednesday 6.30

Average Attendance: 21

Group report: Meeting has grown and is strong, all positions are filled, need clean time support

Donation: €35

G.F Strength & Hope Wednesday 8pm and Sunday 2pm

Average Attendance: 24

Group report: Dylan I. is the new secretary for Wednesday. GF (the ward) is moving, there is a need to find more details of this, to see if the group will continue using the space.

Donation: €70

La Verna Thursdays 8.00pm

Average Attendance: 35

Group report: The problem of members disrupting the atmosphere of recovery at the meeting by leaving for cigarettes, using mobiles was discussed. It was agreed to alter the layout of the room; to put the chair & secretary by the door, to see if people would be less likely to exit?

There is numerous complaints from other groups about the condition of the kitchen after NA usage; it was agreed that NA will be independent with their own supply of cups and cleaning products.

There is also a new janitor that has said the building was left unlocked with the lights on a few weeks ago, this has been strongly denied by the NA key holder.

Ben J is new secretary Christy L will mentor him.

Donation: €30

Dominican Centre: Friday morning 11.30 - 12.30

Group report: rent is up to date. Pam W. is standing in as **group needs a treasurer.**

Rutland Street: We Do Recover South Parish Community Centre Cork

Friday & Sunday 8.00pm

Average Attendance: 24

Group report: group going well, numbers down on the Friday night meeting. Eoin K. was voted in as new Sunday secretary.

The group is hoping to open on Christmas day.

Donation: €55

Dominican Centre: Saturday 3.00pm

Average Attendance: 30

Group report: There was an incident where a member posted comments on Facebook about the group, giving away members anonymity. The group is considering putting something in their preamble about texting/using social media devices in the meeting. Have any other groups taken similar action in this regard?

Looking for treasurer, one year's clean time required

Donation: €60

Cork County

Fermoy: Thursday 8.00pm No report

Skibbereen : Friday 8.00pm

Average Attendance: 6

Group report: All positions filled, rent paid to date; meeting active & positive.

Donation: €130

Youghal : Nagle House Friday 8.00 Sunday 12.00- 1.00 No report

Kerry

Tralee Community Development: Monday ; Thursday; Friday & Saturday 8.00pm
No report

John Street, Dingle: Tuesday 7:30 PM

Group report: Continue to make NA available to the Dingle Peninsula. Pop up meetings are available, contact members on the numbers below

Donation: €30

Contact : Tor 0872220853 or Bert 0831246634

Killarney Pastoral Centre : Tuesday 8:00 PM & Thursday 8.00PM

Average Attendance: 5

Group report: The Thursday meeting has changed from 7.30-8.30 to 8pm-9.00pm.

Listowel : Friday 8:00 PM : No report

Talbot Grove : Sunday 8:00 PM

Group report: meeting going well, attendance getting stronger from non residents.

Donation: €20

Waterford City : St John's Monday 6.00PM; Tuesday 8.00PM; Friday 8.00PM
Saturday 1.00PM & Sunday 8.00PM

Group report: numbers at meetings are steady

Donation: € 46

St Francis: Wednesday 8.00PM

Edmund Rice Centre: Saturday 6.00PM

Limerick:

Henry Street ; Br Russell House : Monday; Wednesday & Friday 8.30PM;

Abbey field: Monday 8.00PM

St John's Church : Saturday 12.15 & 1PM; Sunday 6.30PM

Group Report: All positions filled

Average attendance: 15+

Group Announcements: Possibly the meetings will be all moving back to Brother
Russel House, it will be decided soon.

GSR has been directed to the webmaster for a group email address as requested.

Donation: €300

Tipperary : no reports

Nenagh: Monday & Thursday 8.30PM

Clonmel : Tuesday Friday & Sunday 8.30PM

Aisieri Cahir : Wednesday 8.30PM

Roscrea : Saturday 5PM

Clare

Ennis Friary: Monday & Thursday 8.30PM; Saturday 8.30PM

Shannon town, Clare: Sunday 8.30PM

Bushy park, Ennis, Co. Clare: Friday 8:30 PM

Group Name: Ennis friary (and Bushy Park)

GSR: Mairead B

Treasurer: Enda M

Secretaries : various

Group Report: Group going well.

Average attendance: 9

Group Announcements: Please note Friary Hall, Abbey St, Ennis Saturday night meeting starts at 8.30pm.

Donation: no donations this month

New business:

- Area positions filled are as follows:

Congratulations to. Bert M has been voted in as new Area Chair.

Niamh O has been voted in as new Events & Fundraising Chair, she will be looking to set up a committee to work with in her position.

- **Positions that need to be urgently filled:**

Vice Chair

H&I Chair

Phone Chair

Outreach

Convention

New Business (Cont.)

- As there are so many service positions that need to be filled at region, region has requested feedback from groups to come along to the service day and relay feedback.
- A few members who travel far t get to area brought up a request to look at maybe moving area to another time on the Sunday.

Any other business:

- ASR Alternate: clarity needs to be sought regarding the clean time requirement for this position
- There are ever increasing problems regarding the technological equipment available in the office, its old unreliable and inefficient; which leads to costing the area more money then if there was up to date equipment at hand. The question of available funds for such equipment was brought up to be carried over to Novembers area. Paul N. (Webmaster) will be asked to come into the building and assess the equipment.
- If any members have the keys for the literature office in the YMCA building please can they come to the next area, it is of uptmost importance that the designated key holders are recognised and if a member does have the keys that they make themselves known.

Next Area Sunday November 9th 3pm