



## **September Minutes 2014**

**Apologies:** Peter H.; Nial S.; Danjoe .; Tony K.

### **Elections:**

Area positions filled are as follows:

Congratulations to. . . . .

Colin P has been voted in as the new ASR.

Pam W. has been voted in as the new Literature Chair

Brendan O'B has been voted in as the new PR chairperson

Michelle W. has been voted in as the new Secretary

Lorraine W. will continue as Chair for 1 more month

John O'C will continue to be Treasurer for the foreseeable future.

**Positions that need to be urgently filled: The following vital position for area need to be filled & minimum clean time:**

Area Chairperson: 3 years clean-time.                      Commitment: 1 year.

Vice Chair:                      2 years clean-time.                      Commitment: 1 year.

H&I Chair:                      2 years clean-time.                      Commitment: 1 year.

Phone Chair:                      2 years clean-time.                      Commitment: 1 year.

Fundraising:                      2 years clean-time.                      Commitment: 1 year.

Outreach:                      1 year clean time (you do not need to have a car for this position)

Convention:

ASR Alternate: requirements 2-3 years clean time

Please announce these positions at your meetings and anyone needing further information please come to next month's area.

## **Sub Committee Reports.**

**Chair:** Expenses €12 photocopying

**Treasurer:**

Opening Balance: €3074

Donations: €805

Expenses: €995

Region donation: €425 (€200 from last month)

Closing: €2884

## **Public Relations**

Sub- committee- Niall S. (Chairperson), Brendan O'B. (Secretary), Paul N. (Webmaster), Peter H. (Social Media Advertisement), Paul (Poster Distribution Campaign)

NA Southern Area, AGM- Annual Report, PR

The previous twelve months have seen the subcommittee concentrate on developing a strong network of members within the Southern Area to conduct presentations, while also ensuring that requests are fulfilled and building on relationships in place with organisations relevant to allowing NA carry the message of recovery to the suffering addict.

This has been achieved by

- Regular subcommittee meetings with an agenda
- Announced PR meetings each month, open to members interested in PR
- Having clear modes of communication- specific contact details of chairperson made widely available, mobile phone is checked regularly and emails are replied to promptly. The NA webpage continues to be improved and is reported on each month.
- Developing an Induction Pack for members interested in participating in PR presentations. Pack includes guides to types of presentations i.e. to professionals/ to schools/ to community groups organised to help addicts.
- Purchase of projector for use in presentations and for workshops within NA. Specific powerpoint presentations developed for this purpose.
- Poster campaign established included design and printing of posters and wide distribution within the Southern Area.

- All relevant organisations- Nursing/ Teachers/ Colleges/ Clergy/ Psychiatric/ Treatment/ Community groups given information pamphlets about NA and contact details of chairperson, invites sent to participate in our 'Presentation to Professionals' at our one day convention.

The subcommittee has worked well together. Two presentations were made to the Area committee.

One on how we are perceived by organisations such as treatment centres and how we may improve on these relations by ensuring those clients referred by them are valued as newcomers i.e. female clients referred get the support necessary to a newcomer.

A second presentation was on changes the Area itself may make in conducting its monthly business meeting. A 'consensus based decision making process' was discussed.

The outgoing chairperson fully supports the nomination of the vice chairperson to take the role of chairperson for the coming twelve months.

Paul who has overseen the poster campaign would like to thank the following members for their help in putting up posters in the Southern Area:

Limerick: James O'C, Grace M, Mark R , Tommy I, Natasha F.

Cork: Richard K , Michelle F, Mairead B. Terry D, Keith O'D, Tomás K. Michelle W, Dara O'D. Pam M, Fiona T, James L. Brendan O'B, Frank T, Ophelia MC. Alan H, Ber T, Mark C, Philip S. Sarah T.

Waterford : John O'C, Colin P, Pam W.

Tipperary: Niall M.

Help is needed from home groups within the southern area to continue with poster distribution, if you would like to get involved please e-mail [prposters@nasouth.ie](mailto:prposters@nasouth.ie).

Current activity:

Two requests for PR presentations, one in Midleton College on October 3rd, the other in Waterville towards the end of October. Both are schools talks so will be taking place during the daytime. NA Public Relations Committee is compiling details of members interested in assisting. No clean time requirement .If you are interested in getting involved please contact any member of the PR subcommittee or email: [pr@nasouth.ie](mailto:pr@nasouth.ie) .

In loving service,Nial S.

Expenses: €1760

Web Domain: €192

**Website / Social Media Page:** Paul N

The android app for finding NA Meetings in Ireland is now available on the Google Play store. There are links to the app from the Irish NA websites.

[https://play.google.com/store/apps/details?id=org.na\\_ireland.meetinglist](https://play.google.com/store/apps/details?id=org.na_ireland.meetinglist)

**Outreach:** This month Outreach attended Fermoy meeting Thursday 11<sup>th</sup> August with 3 other members.

Bantry meeting needs support; it is at risk of closing down.

Expenses: €15

**Phone:** No report

<b>Literature:</b> Total sales for the month of August	€576.40
Total ordered	€576
Expenses	€40 travel €6 euro for paper €46
Total value of literature in the shop	€2306.28

We want to take this opportunity to thank the groups for their cooperation in using the order forms. Together we have been able to make the job of ordering and keeping account of our literature stock much simpler.

Pam W is putting herself forward for literature chairperson's role. Pam has been serving as literature vice-chair for the last year and has the training and willingness to do a great job.

Colin P will be staying on to train new people and provide an effective handover to ensure smooth running of the shop.

**The literature committee will be having a meeting at 12 noon on the 11th October all are welcome.**

On a personal note I have really enjoyed my time as literature chairperson and I thank the groups for the opportunity to serve them.

Colin P.

## **H&I: Report**

Chairperson :Natasha F

Vice Chairperson: Charlie

Secretary : Anthony M

**Positions to be filled** Cara Lodge, Cork Prison, St. Helens, Bruree Women (Limerick),  
Arbour House, Tabor Lodge

### Waterford Learning Day:

The day went really well. Attended by 10, feedback very positive. People looking forward to H&I growing and progressing. Very successful day.

All minutes written up on meetings

Written handover for position change

**Cork Prison meeting could do with speakers from the Southern Area.**

If you would like to get involved could you please submit two passport photos, current address, past 10 year address's and date of birth.

Clean time 1 year, male speakers.

Meeting is weekly on Friday mornings at 10am

Expenses: €125

hospitals.institutions.nasouth@gmail.com

### **H&I Group Reports:**

#### **Bruree Men**

Sec: Damien

Speakers: Damien, Russel

No. Meetings: 2

Expenses: None

Average Attendance: 25

Group Report: Going very well

#### **Bruree Women**

Sec: Orlagh J

Speakers: Sylvia H

No. Meetings: 1

Expenses: 15

Average Attendance: 20

Group Report: New Sec needed

### **St. Helens**

Sec: Stephen

Group Report: No meeting held this month

### **Cara Lodge**

Sec: Brendan O'B

Speakers: Paul R

No. Meetings: 1

Expenses: 15

Average Attendance: 3

Group Report: Literature needed, new sec needed ASAP

### **Tabor Lodge**

Sec: Alan H

Speakers: Noel, Ophelia

No. Meetings: 1

Expenses: 30

Average Attendance: 18

Group Report: Going well, need new sec

### **Ceimele House**

Sec: Ruth

Speakers: Colin

No. Meetings: 1

Expenses: 10

Average Attendance:

Group Report: Going well

### **5b**

Sec: Yvonne

Speakers: Shauna

No. Meetings: 1

Expenses: None

Average Attendance: None

Group Report: Meetings in 5b are very quiet

### **Arbour House**

Sec: Tony K

Speakers: Cyril

No. Meetings: 1

Expenses: 5e

Average Attendance: 3

Group Report: **New sec needed ASAP**

**St. Michaels** report given

**Farnanes** No report given

## **Cork Prison**

Sec: Anthony

Group Report: **Cork Prison meeting could do with speakers from the Southern Area.**

If you would like to get involved could you please submit two passport photos, current address, past 10 year address's and date of birth.

Clean time 1 year, male speakers.

Meeting is weekly on Friday mornings at 10am

## **Group Reports:**

### **Cork City**

**Georges Quay:** Women's Meeting Monday 6.30-7.45 No report

**Phone -0877731563 for Directions**

**Rutland Street :** Men's Meeting Monday 7pm No report

**Hillside Solas :** Monday 8.15pm

Average Attendance:

Group report: Group is going well with good attendance.

Donation: €38.40

**Eason's Hill:** Tuesday 6.15pm No report

**Trinity:** Tuesday 8.00pm

Average Attendance: 25

Group report: **This group is looking for a treasurer**

Meeting going well, **needs clean time support.**

Donation: €200

**Churchfield:** Wednesday 6.30

Average Attendance: 21



Group report: Meeting has grown in numbers, **looking for clean time support**. All positions filled.

Donation: €35.

**G.F Strength & Hope** Wednesday 8pm and Sunday 2pm

Average Attendance: 33

Group report: Attendance is down, average numbers 28. Rent is up to date.

Donation: €120.

**La Verna** Thursdays 8.00pm

Average Attendance: 35

Group report: GSR stepped down after one year Donnacha K after being GSR Alternate has filled the position, he will be mentored for the first month by previous GSR Michelle W.

There is a new Tea Secretary Kate.

It was decided at Group Conscience that the Welcoming Committee will give out leaflets to new comers such as Who is an Addict, Welcome to NA & when possible the Little White Book.

Meeting going well, all positions filled. **Needs clean time support**.

Donation: €40

**Dominican Centre:** Friday morning 11.30 - 12.30

Average Attendance:

Group report: All's is going well rent is up to date, **group needs a treasurer**.

Donation: €50

**Rutland Street:** We Do Recover South Parish Community Centre Cork

Friday & Sunday 8.00pm

Average Attendance: 31

Group report: The group has a new Treasurer Mark C.

Donation: €135.

G.S.R: Report: Paul J

- Facilitate group business meeting, check that all members are with service positions are attending meeting and that they are fulfilling their responsibilities, within the group.
- Inform all home group members when the group business meeting is on every month.
- Check To see if any home group members are celebrating a clean time birthday, so I can inform all home group members, so we can celebrate as a home group.
- Participating in area service committee meetings every month.
- Vote on behalf of the group, with the best interests of N.A as a whole.
- Report back to the group a summary of area committee activities.
- Find out how the area can better serve the group's needs.
- If a group is having problems share those problems with the area in my report, to hopefully find a solutions to our problems. Then I can report back to the group with the possible solution.
- Check that the home group is running to the best of its ability.
- Get literature from the N.A shop for the home group.
- Make a donation on behalf of the group to area.
- Give our group report to area.
- Try to give guidance to new home group members, around sponsorship, traditions and hopefully concepts, what a home group is, and what they can expect to receive from being a home group member and what's hopefully expected of them.

**Dominican Centre:** Saturday 3.00pm

Average Attendance: 30

Group report: **Looking for treasurer** 1 year's clean time.

Donation: €27.68

### **Cork County**

**Fermoy:** Thursday 8.00pm No report

**Skibbereen :** Friday 8.00pm

Average Attendance: 6

Group report: All positions filled, Rent paid up to date. Meeting active and positive.

Donation: €130.

**Youghal :** Nagle House Friday 8.00 Sunday 12.00- 1.00 No report

### **Kerry**

**Tralee Community Development:** Monday ; Thursday; Friday & Saturday 8.00pm

**John Street, Dingle:** Tuesday 7:30 PM

Group report: Continuing to make NA available to the Dingle Peninsula, also making the meeting available to visitors. A visiting member came to the area recently so the group had a pop up meeting.

Donation: €10

Contact Tor 0872220853 or Bert 0831246634)

**Killarney Pastoral Centre :**Tuesday 8:00 PM & Thursday 7.30PM

Average Attendance: 5

Group report: meeting going well, **the Thursday meeting has changed from 7.30-8.30 to 8-9PM.**

Donation: No donation

**Listowel :** Friday 8:00 PM No report

**Talbot Grove :** Sunday 8:00 PM

Average Attendance: increasing from non-residents.

Group report:

Donation: €20

### **Waterford**

**Waterford City** : St John's Monday 6.00PM; Tuesday 8.00PM; Friday 8.00PM  
Saturday 1.00PM & Sunday 8.00PM ; St Francis: Wednesday 8.00PM; Edmund  
Rice Centre: Saturday 6.00PM

Average Attendance: 25

Group report: All positions are filled, attendance is up. Rent is up to date. There is a possibility of setting up a Thursday meeting.

Donation: € 0

### **Limerick**

**Henry Street ; Br Russell House** : Monday; Wednesday & Friday 8.30PM;

**St John's Church** : Saturday 12.15 & 1PM; Sunday 6.30PM

Average Attendance: 20+

Group report: All positions filled, all groups going well.

**Abbey field:** Monday 8.00PM No report

### **Tipperary** No reports

**Nenagh:** Monday & Thursday 8.30PM

**Clonmel** : Tuesday Friday & Sunday 8.30PM

**Aisieri Cahir** : Wednesday 8.30PM

**Roscrea** : Saturday 5PM

### **Clare** No reports

**Ennis Friary:** Monday & Thursday 8.30PM; Saturday 9.00PM

**Shannon town, Clare:** Sunday 8.30PM

**Bushy park, Ennis, Co. Clare:** Friday 8:30 PM

**Business carried over:**

- The subject of the ongoing use of E-cig's at meetings is it a problem.
- There was discussion over Roberts Rules of Order versus Consensus Decision Making.

**New business:**

- It was decided at September area that if there is an event that would benefit the area, for example service workshops, then the ASR should be funded to attend. The ASR will be funded to go to the upcoming convention in Belfast.
- Regarding IRCNA convention in Brandon Hotel Tralee 6<sup>th</sup>- 8<sup>th</sup> November 2015: Anyone interested in getting involved in IRCNA 30 please email dinglemeeting@gmail.com or telephone Tor on 0872220853.
- Every group needs to have their own email e.g. wedorecover@nasouth.ie please contact paulnagle@gmail.com to obtain this email address for the individual groups.
- Region proposes to hold a National Service Day, no date has been decided yet.
- There was a suggestion that Outreach would devise a literature pack to deliver to the meetings that are not coming to area.
- NA archives are seeking information from members.
- Paul J. (PR) requested any ideas that could be put forward by area/members on how the 12 concepts could be taught, are there guidelines? And to know if there is any feedback on the workshops that were sent to region.
- Find attached to these minutes the amended SASC guidelines (Southern Area Guidelines).

**Next Area Sunday October 12th 3pm**