



13th SEPTEMBER MINUTES 2015 – YMCA Marlboro Street, Cork City

Welcome: Welcomed to the Southern Area meeting by Bert M. at 3pm on 13th September 2015.

Readings: Concepts Patrick S

Apologies: Michelle W (Cork), Rebecca M (Limerick), Dylan (Cork – Phone Vicechair), Mark C (Cork), Paul N (Webmaster chair), Paul J (Cork – PR Vicechair).

Attendance: Bert M (Dingle – SA Chairperson), John M (Treasurer), Natasha F (Limerick), Niamh O (Events & Fundraising chair), Brendan O'B (Cork – PR Chair), Ciaran H (Member), Joe E (Cork – H&I Chair), Anthony K (Limerick – GSR), Pam W (Cork – Literature chair), Mairead B (Cork – Alt Literature), Stephen M (Member – Secretary), Jamie B (Cork – Outreach Chair), Dermot M (Kerry – GSR), Fiona (Member – Secretary), Claire A (Cork – GSR), Cailim F (Cork – GSR), Paul (Fellowship), Tony K (Cork – GSR Dominican), John F (Cork – Secretary), Patrick S (Waterford – GSR & Phone Chair).

Elections: Chair: Bert McC; **Vice Chair:** still available ; **Treasurer:** Tony K, handed over by John Mc

Secretary: Natasha F, handed over by Michelle W; **ASR:** still available; **Alt ASR:** still available

PR: still available, Brendan O'B handed over position but willing to help out til new PR chair elected

H&I: Patrick S, handed over by Joe E; **Phone:** still available, Patrick S will mentor new phone chair elected

Literature: Ciaran H, handed over by Pam W; **Fundraising & Events:** still available; **Outreach:** Jamie B

Webmaster: Paul N; **Convention Chair:** still available

Sub Committee Reports

Treasurer Report: - Report sent in by Tony K

Opening Balance:	€2, 638.20
Group Donations:	+ € 935.00
<u>Southern Area Convention '15:</u>	<u>+ €3, 159.00</u>
BALANCE:	€6, 732.20

Exp. paid out: - € 460.00

Closing Balance: €6, 272.20

Prudent Reserve: - €5, 300.00

WORKING BALANCE OF: € 972.20

PR Report: Report sent in by Brendan O'B

PR subcommittee report September 13th 2015: The next event in the PR calendar will be giving a presentation to the Cork Simon Community on October 3rd, 2pm. We are looking for 2 speaker's one male/ one female and a secretary for the event. The ideal candidate will be at least 1 year clean time and will have some experience of homelessness or using similar services if you are interested in participating, or if you know of someone in recovery that you feel would be suitable for this, please contact me or any other member of NA PR subcommittee.

I will be stepping down as Chairperson for PR today, so I would like to thank everyone who helped put up posters around Southern Area.

It is my intention to remain an active member of subcommittee to help train in the new chair and also push PR into new and exciting territory for 2016. – Thank you, Brendan O'B

Literature Report: Pam W.

Total Sales: €123.45

Total ordered: €123.45

BALANCE: € 0

Exp: €18 for printing

AOB: €40 needed for ink for the printer.

Outreach Report: Sent in by Martin L

Location: Fermoy

Driver: Alan R

Passengers: Jamie B & Eddie M

Expenses Incurred: €15.00

Average attendance: 8 – 9

Status: Meeting going well new secretary

Location: Cahir

Driver: Andrew M

Passengers: John F, Mike & Jamie B

Expenses Incurred: €23.00

Average attendance: TBC

Status: Meeting going well. We'll need support in coming weeks

Planned Trips:

- 2 – Kerry
- 1 – Roscrea
- 1 - Youghal

NB Jamie B (Outreach chairperson) has new number: 085 735 9895

Secretary of Outreach is Martin L: 087 344 3581

Phone Report: Chairperson – Patrick S.; Vice Chair – Dylan I.

The phone received 11 calls this month, the breakdown of these are as follows.

- 3 members visiting the Southern Area from other areas looking for times and locations of meetings.
- 3 newcomers contacting NA for first time rang the phone line, all were put in contact with a member in their area and directed to a meeting.
- 4 people concerned about family members or friends contacted the helpline seeking advice.
- 1 GSR from a group in Tipperary rang the phone looking for support from outreach with outside chairs as it is a small group. Information passed on to Outreach chairperson.

Following the decision at the August area meeting, phone line committee to get a deal which will allow unlimited calls and texts, the phone has now switched to Meteor and costs €20 per month. It was necessary to replace the phone this month as the screen of the phone was not working. The cost of the phone was €20. Thank you, Patrick S.

Events & Fundraising: Chair Niamh O

Last month two members got in touch wanting to have events. Nothing as of yet has materialised from this and there has been no further contact. As events chairperson I have been unable to put on an event during my time as chairperson it was my wish to do so when I took up the position, but unfortunately this did not happen. I did learn a lot from event that was put on by Colin P. all in all the experience has been one of learning and I am very grateful for that. I suppose what I would say to the next person who takes this position is gather a committee around you. Many hands make great work light. In grateful service – Niamh O

H&I Report: Chair Joe E

Limerick H&I Meetings:

5B

Sec: Rebecca McL

Speaker: Aoife

Att: 1

Farnanes

Sec: Mairead

Speaker: Dee, Michelle D

Att: 30

Bruree Men

Sec: Brendan

Speaker: Mark, Pa

Att: 19

Exp: €15

St. Helens 1: No meeting this month due to illness, St. Helens informed and meeting due to resume next month.

St. Helens – 2

Sec: Dara

Speaker: Trevor

Att: 12

Bruree Women

Sec: Aileen W

Speaker: Shauna K, Mary M

Att: 12

Exp: €20

Tabor Lodge – 1

Sec: Timmy

Speaker: Terry, Andrew

Att: 17

Exp: €10

Cork H&I Meetings:

Cara Lodge - 1

Sec: Joe E

Speaker: Dara

Att: 3

Tabour Lodge – 2

Sec: Aishling

Speaker: Dermot, Sarah

Att: 17

Exp: €10

Cara Lodge – 2

Sec: Joe E

Speaker: Seamus

Att: 4

Waterford H&I Meeting

Ceimele House

Sec: Vikki

Speaker: Gearoid

Att: 11

Exp: €20

Cork Prison Sec: Anthony M

Speakers: John, Mike, Gerry

Att: 2 – 4

Report: looking for speakers outside
Waterford.

Expenses for H&I this month:

€20 Literature Pack needed for new meeting in Limerick Prison

Tabor:	€20	
Bruree (M)	€20	
Bruree (W)	€20	
Ceimele	€20	
<u>Limerick Prison</u>	<u>€20</u>	
Sub Total	€95	
	Literature	€75
Total		€170

Limerick Prison report: Natasha F

Really good news guys. Limerick prison meetings to start in October! Na meetings for women's and men's unit. Any member interested must fill in a prison clearance form. Just text me on 0860776991 with your name and email address and I will send an attachment with the form. Just download the attachment to your pc and you should be able to type into the document your details. Save it and email it back to Natasha.field89@gmail.com Damien D from Limerick is gathering all the forms and emailing them to the prison. As soon as we know the exact dates and whose cleared to go in we'll let you know. The prison has asked that anyone who has outstanding warrants or family members to not send in a form as they can't allow you in the prison. So anyone with more than a year clean interested please get in touch. Also anyone who is cleared to go in for meetings the prison has asked that groups of us attend there induction meetings that they hold. This is standard procedure for all groups entering the prison not just for NA. I will be in touch with further updates. Thanks – Natasha F

Webmaster Report: Paul N.Chair

Apologies from not being able to make AGM. Here is the report.

The Southern Area Website (<http://www.nasouth.ie>) is going well, with a small number of visitors every day, about 10 average. Most people searching for NA Ireland go to the Regional website <http://www.na-ireland.org>

The yearly domain registration fee for the domain name "nasouth.ie" for Oct 2015 – Oct 2016 has been paid, at the cost of €61. I'll claim this as an expense when I next make it to an area meeting.

To cut costs for NA in Ireland, the regional website <http://www.na-ireland.org> and the Eastern Area www.naeasternarea.org are now being hosted on the Southern Area web hosting plan. This is at no extra cost to Southern Area.

At the request of Eastern Area I am updating the smartphone apps to include the Daily Just for Today, and speakers from various conventions in Ireland and abroad. There will also be a section for meetings lists, a map based on meeting search, and details on how much to contact NA in Ireland. The android app should be available in the next couple of months, and the iPhone app should be available early next year (hopefully).

Any Irish speakers that will be available on the app will have given permission for their recording to be made available on the app. Future convention committees should note that a disclaimer forms for speakers at NA conventions should also include a request for permission to make recording

available on app. We plan to have the speakers from all future NA conventions available on the app, as soon as they are available. Please direct any requests for changes on the meeting lists to me. Thanks - Paul N.

Group Reports:

Cork

Women's Meeting Monday 6.30-7.45

Group Report: Group going well, all positions filled

Donation: €20

Group contact Details: clairebear9000@yahoo.com

Rutland Street : Men's Meeting Monday 7pm No report

Solas O'Donovan Place, Monday 8.15pm

Group Report: Meeting strong but needs a GSR

Average Attendance: 15 - 25

Group contact Details: anthonymartin2@gmail.com

Easons Hill, Just for today meeting – Tuesday 6.15pm

Group Report: Group is struggling for numbers

Group Announcements: Needs new secretary next week

Average Attendance: 4 - 5

Trinity Tuesday 8.00pm

Group Report: Group going well, all positions filled, rent is up to date

Any Other Business: No other business

Group contact Details: pamwalsh4@gmail.com

Strength & Hope, Erinville Hospital, College Road Wed 8pm and Sunday 2pm: *Note new Venue*

Group Report: New room going very well.

Group Announcements: Dylan asking venue for our own key so we can have more time in the room on group con nights.

Average Attendance: 25

Donation: €200

La Verna, Thursday 8pm Gratton Street, Cork.

Donation: €124.00

Dominican Center, Friday – 11.30

Group Report: Attendance is down

Group Announcements: Rent paid, meeting changed to Just for today

Average Attendance: 5 -10

Rutland Street: We Do Recover South Parish Community Centre Cork : Friday & Sunday 8.00pm

Group Report: Group going well

Group Announcements: Paul J - PR

Average Attendance:35

Donation: €111

Group contact Details:wedorecover@nasouth.ie

Dominican Centre, Sat – 3pm

Group Report: All positions filled. Meeting going well. Literature order: 1 x Basic Text, 1 x Just for

Today: total €27.50

Group Announcements:Treasurers Report: Donations for the month: €125.89

– rent €40.00

€85.89

– literature order €27.50

– donation €40.00

current balance €18.39

Any Other Business:Could there be a prudent reserve made available to literature / office committee. Current system not efficient enough. Group waiting too long for order

Average Attendance:20

Donation: €40.00

Solas Saturday night 8pm

Group Report: Group running well

Group Announcements: Struggling for homegroup members

Average Attendance: 20

Donation: €50.00

Group contact Details: cailiumfielding86@gmail.com

Cork County

Skibbereen Friday 8.00pm

Secretary:Penny

Group Report: All positions filled

Average Attendance: 5

Kerry

Dingle John Street: Tuesday 7:30 PM

Group Report:Going strongly

Donation:€20

Talbot Grove, Castle Island: Sunday 8:00 PM

Group Report: Group going very well. Rent up to date

Average Attendance:10 including residents

Donation: €30.00

Group contact Details:dermot.murphy7770@gmail.com

Killarney Pastoral Centre: Tuesday 8:00 PM

Group Report: Meeting badly needs support from Outreach. Thursday night meeting closed.

Group contact Details: dermot.murphy7770@gmail.com

Waterford

Just for Today: Edmund Rice Centre: Thursday 7.00PM

Group Report: Group struggling with finances and members with long clean time. Group con decided to ask St. John's for support, see how this month goes, if no change have decided to discuss St. John's taking over running of meeting.

Average Attendance: 5

Group contact Details: 0851615784 – Patrick

St. Johns Monday 6.00PM; Tuesday 8.00PM; Friday 8.00PM Saturday 1.00PM & Sunday 8.00PM

Group Report: Group going well, as of Friday the group has paid all of its debts and is now focusing on restocking of literature.

Any Other Business: Group looking for advice on the group taking over running of the Just for Today group. Does that go against traditions of NA?

Average Attendance: 29

Group contact Details: Patrick – 0851615784 / pjskelly1978@gmail.com

Limerick

Henry Street Br Russell House: Monday; Wednesday & Friday 8.30PM;

St. Johns Cathedral: Saturday 12.15 & 1PM; Sunday 6.30PM

Group Report: All positions filled, All is going very well

Average Attendance: 15

Donation: €300

Group contact Details: anthonykelle@gmail.com – 0863266616

Clare

Ennis Friary (and Bushy Park) Friday 8:30 PM

Group Report: All positions filled, All is going very well

Average Attendance: 12

Group contact Details: mairead_burke@hotmail.com

New Business: Thanks to everyone for their service in 2014/2015. Greatly appreciated. And well done to those in their new positions for 2015/2016.

- **Positions that are still available Vicechair, ASR, Alt ASR, PR Chair, Phone Chair, Fundraising & Events Chair, Convention Chair.**
- It was requested and agreed to have a prudent reserve of €3,000 for the southern area convention.

Any Other Business (AOB):

- Waterford Just For Today group not making rent. The group needs support and is looking for members to help out.
- H&I meeting in Waterford – Ceimeile House, member at area questioned if this was an actual H&I meeting as residents can attend regular NA meetings in Waterford City during the week. This to be looked into.
- It was suggested that maybe a prudent reserve to be put in place for Literature shop. To come back to this next month. Ciaran and Tony K to write a proposal for literature prudent reserve.
- St. Johns Waterford looking for advice at area about meeting being merged with another meeting in Waterford. Would this break traditions? It was decided it was possible to merge groups. Similar to Limerick group decision made last month at the area held in Waterford.

Report for Regional Convention in Tralee

Tralee Report: Sent by Tor.

Dear Southern Area,

I would just like to thank the area for all the support it has given the Regional Convention Committee so far and to ask all the GSR's to remind people that we will need lots of members to help in the run up to the convention and during the weekend.

Anyone wishing to do service or help out in any way please contact me on either – 0872220853 or email – ircnahospitality@gmail.com or attend the committee meetings which are held in Brandon hotel in Tralee.

Upcoming dates are as follows:

October 2nd 2015 in Brandon Hotel, Tralee

October 16th 2015 in Brandon Hotel, Tralee

October 30th 2015 in Brandon Hotel, Tralee

We need anyone who is interested in greeting members at convention as they arrive, people to help decorate, people to serve on registration, people to be secretaries and to sell merchandise, etc....

You can nominate or volunteer yourself.... Many thanks, In service Tor.

NA Regional Service Day

Open to any addict wanting to find out more about service in NA through workshops & information sharing. **Sat 26th September 2015 10am to 5pm**

Food and refreshments provided. To be held at St. Andrew's Hall, 46A South Circular Road, Rialto, Dublin 8. Any further information needed contact Grainne 0872212709.

Region Dates:

This coming Sunday the 27th September 2015 at 12pm in the Blessed Sacrement church Hall, Bachelors Walk, Dublin.

Next Southern Area meeting to be held on Sunday 11th October from 3pm to 5pm at the YMCA Marlboro Street, Cork City.