



Sunday 11th September 2016

Welcomed: By the Southern Area Committee Meeting (SASC) Chairperson, Bert McC

Apologies: Geraldine C (GSR Tralee), Joanne C (GSR Tralee), Tasha L (SASC Secretary),

Attendance List: Bert McC (SASC chairperson), Michelle W (SASC ASR), Patrick S (SASC H&I Chair), Dara L (GSR Skibbereen, Cork), Ciaran H (SASC Literature Chair), Stephen B (GSR Talbot Grove, Kerry), Caroline L (GSR), Annmarie H (GSR), Larry O S (GSR acting,) Niall S (GSR acting, Easons Hill, Cork), Timmy O C (GSR La Verna), Edward M (member), Jamie B (GSR), Dermot M (SASC Phone Chairperson & GSR Killarney), Anthony K (SASC Outreach Chair), Valerie O D (GSR), Dan Joe (member), John (member), Carmel C (GSR), James O (GSR)

Elections this month:

SASC Committee 2016/2017:

Dara L (SASC ASR)

Stephen B (SASC Secretary)

SASC Sub-committee Chairpersons:

Patrick S (SASC H&I Chair)

Ciaran H (SASC Literature Chair)

Dermot M (SASC Phone Chair)

Timmy O C (SASC Events Chair)

Current Southern Area Guidelines are available on www.nasouth.ie for anyone interested in taking up a position.

SOUTHERN AREA COMMITTEE REPORTS

Treasurers Report:

Treasurers Annual Summary Report: October 2015- August 2016

Cork: €3,318.48

Oct '15	Nov'15	Dec '15	Jan '16	Feb '16	Mar '16	April '16	May '16	Jun '16	July '16	Aug '16
€685	€150	€225	€341	€373.11	€462	€194.83	€210	€243.75	€217.50	€216.29

Kerry: €449.00

Oct '15	Nov'15	Dec '15	Jan '16	Feb '16	Mar '16	April '16	May '16	Jun '16	July '16	Aug '16
€70	€20	€20	€20	€80	€20	€20	€20	€29	€150	/

Limerick: €1,450.00

Oct '15	Nov'15	Dec '15	Jan '16	Feb '16	Mar '16	April '16	May '16	Jun '16	July '16	Aug '16
€350	/	/	€300	/	€100	/	€150	/	€300	€250

Clare: €210.00

Oct '15	Nov'15	Dec '15	Jan '16	Feb '16	Mar '16	April '16	May '16	Jun '16	July '16	Aug '16
/	€10	/	/	€150	/	/	/	€50	/	/

Waterford: €187.00

Oct '15	Nov'15	Dec '15	Jan '16	Feb '16	Mar '16	April '16	May '16	Jun '16	July '16	Aug '16
/	€60	€30	€30	€10	€20	€16	/	€11	/	€10

Tipperary: € 1,225.00

Oct '15	Nov'15	Dec '15	Jan '16	Feb '16	Mar '16	April '16	May '16	Jun '16	July '16	Aug '16
€20	€200	/	€5	€300	/	€400	/	€300	/	/

Summary of Annual Group Donations

• Cork	€ 3,318.48
• Kerry	€ 449.00
• Limerick	€ 1,450.00
• Clare	€ 210.00
• Waterford	€ 187.00
• Tipperary	€ 1,225.00

Total Group Donations: € 6,839.48

Summary of Annual Expenses

• Rent YMCA Office	€ 1,100.00
• Area Chairperson Travel Expenses	€ 285.00
• PR	€ 176.00
• H&I	€ 1,813.63
• Webmaster	€ 61.32
• Phone/ Office (Phone Credit)	€ 110.00
• Outreach	€ 431.00
• Literature (Ink)	€ 20.00
• Area Office Keys	€ 68.70
• Receipt Books for Treasurer x 10	€ 80.00
• GSR Travel Expenses	€ 40.00
• South Parish – Moving Office	€ 150.00
• Area Secretary Expenses	€ 37.15
• Literature Committee Stock Order	€ 1,000.00

Total Expenses: € 5,372.80

Notes

- As well as approving €1,100 to literature to bring their total stock order in stock to €1,500. The following was approved:
- €20 approved to buy new phone for H&I
- H&I Prudent reserve increased by €200 per month from €300 per month to €500 per month.
- Ring fenced our prudent at Southern Area to €5,670 per year and included a full listing of same in Southern Area Service Committee guidelines 2016 under article 25.0.
- Outreach prudent increased by €50 from €100 to €150 per month.
- Ring fenced our prudent reserve for the Convention Committee of €3,000 annually.
- Ring fenced our prudent reserve for Fundraising Committee and increased it by €500 to €1,000.
- Approved €100 per month for GSR Travel expenses for groups struggling to send their GSR's to Area monthly meeting.

Region Donations

The Southern Area also donated a total of €1,981.91 for the period of October 2015 to August 2016.

All of the above can be found in the Treasurer's Handbook from October 2015 to September 2016 as everything was recorded in this book at monthly Southern Area meeting along with all receipt books included and lodgement book.

Donations Received by NA Groups on 11th September 2016

Limerick City Group (Cheque)	€ 200
• Aisierí, Tipperary	€ 50
• John St., Dingle, Kerry	€ 70
• Talbot Grove, Sun, Kerry	€ 50
• Killarney, Tues & Sat, Co. Kerry	€ 20
• Easons Hill, Tues, Co. Cork	€ 20
• We Do Recover, Fri & Sun, Cork	€ 30
• La Verna, Thurs, Co. Cork	€ 20
• Strength & Hope, Wed & Sun, Cork	€ 40
• Churchfield, Wed & Sun, Co. Cork	€ 5
• Skibbereen, Fri, Co. Cork	€ 20
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Total Group Donations:	€ 525

Expenses Paid Out to Sub Committees:

Donations Received by NA Groups on 11th September 2016

H&I	€ 243
• Chair Expenses	€ 30
• Phone Line	€ 20
• Literature	€ 25
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Total Expenses:	€ 318

Literature Report:

All is going well. Daniel F has agreed to continue position of vice chair for another year. Total sales for Aug-Sept: €770

Thanks, Ciarán H.

Area Service Representative (ASR) Report:

Elections Please announce the following other positions at Region remained vacant after the lack of election process or AGM– Secretary, Vice-Chair, Vice-Treasurer, PR co-ordinator, R.D. Alt, H & I Chair, Parents & Carers Chair, Convention Chair '17 (IRCNA due to be held in the Eastern Area), Conv. Treasurer '17. All positions available at region but announced these particularly as they are currently

empty. Discussion re lack of quorum, regular lack of ASRs, lack of provision in IRSC Guidelines to cope with a repeated lack of quorum for an AGM. Literature chair to contact other members to put together a proposed new piece in the IRSC Guidelines to facilitate holding elections, to be discussed at the next region.

ASR's - The Chair particularly requested that the ASRs and all members of the IRSC are active in announcing the massive need for members to come to the next region and volunteer for the vacant positions! Literature chair to contact other members to put together a proposed new piece in the IRSC Guidelines to facilitate holding elections, to be discussed at the next region.

Convention '16 Report – Responses to questions/discussion –

1. No discounts given on the merchandise on the Sunday of the convention.
2. PayPal/pre-registration – None. Hospitality to allay concerns expressed by any member looking to pre-register.
3. Who pays registration? – focus on getting members to register rather than on attempting to get money from non-members. Members can make a contribution to the benevolent fund (on behalf of their partner) to help run the event if they wish...
4. €50 room deposit – the hotel have told IRCNA31 that this is their policy.
5. Disruptive behaviour – All committee members reading the I.P. and will think on how to handle issues such as fireworks.
6. Red Bull will be sold by the hotel!
7. Speaker request – ASRs please pass this request on at Area and pass nominations on to the IRCNA31 committee.
8. ASRs please push people to book the hotel!

Convention Raffle – Raffle for room/Spa/Hoodie. €3 Tickets to be sold using a line draw. Sold by IRCNA and IRSC, ISO and ASRs. Draw will be held at next region in September.

ISO Report –The IRSC Facebook page (run by the ISO) is a closed group, to build the opportunity to share information posted there we need to add members. Please ask your friends if they would like to be added before adding them! This was the first IRSC meeting to be held in the ISO and everyone agreed that it was a great venue and that the members involved had done a great job.

The Literature price list is now available on the website!

ISO Treasurer's Report - The cost to convert/decorate/furnish the new ISO venue - €4813.23
(The Insurance cert is available for any group needing it.)

IRSC Calendar – This is available on the website, we need to reference it as it has reminders, such as when to put out a call for the next convention chair/treasurer.

East – New ASR welcomed. No donation due to lack of time at Area to vote on amount and to give the new treasurer time to embrace the role. No ASR alt.

West –BBQ to be held after Area to attract members to attend and to create unity/fellowship. Donation €300 in cash. No ASR alt.

Events Report in October? (Might clash with Eastern Area event?) Some discussion but nothing conclusive.

Campout report – Lengthy discussion re a member being turned away from the event due to a court order.

Proposal 1. –region never hosts events on/in private property. (no 2nd) (Lit. chair objected)

Proposal 2. – Private legal issues that impact on our events (Lit. chair) (2nd IRCNA31 treas.)

We need to look at –

- Our traditions/Concepts when confronted with private legal issues. How can we uphold our spiritual principals and yet abide by the law.
- A clear line between principals and personalities inc. an atmosphere of recovery. To be mindful of acting on triggered emotions and the feelings of the members involved.
- No one member should be delegated single responsibility to handle this sort of situation.
- To review whether we should host events in/on private properties or businesses owned by members/their families.
- To carry this forward constructively and perhaps hold a concepts workshop – as this issue has a direct relationship to more than one concept.

RD Report – RD has requested agenda time for the September meeting to cover info in the EDM report and to discuss 'Zonal Forum'

World Unity day Sept. 3rd 6pm was not celebrated in Ireland

Treasurer's Report: Vice Treasurer Needed. There is now a prudent reserve! Balance after expenses €6,782.10

Proposal – To have the treasurer come next month with a suggested figure as an operational balance. (Lit. chair/2nd EASR)

Convention '17: We are seeking a chair and treasurer for IRCNA32. The convention can be anywhere in the Eastern Area, anyone interested needs to come to the next region in September. For addition information, www.na-ireland.org has the Irish Regional Convention Guidelines.

AOB –

1. IRSC Meeting Venue – This was the first meeting to be held in the new ISO.
2. AGM/Quorum – Lit chair to contact some members to work on a proposed wording for addition to the Guidelines to bring in September for discussion.

Carried over for the agenda at the next Region –

1. Discussion re NA and legal issues.
2. AGM/Quorum/Guidelines.
3. RD requested time.

Next Meeting – 12pm Sunday 25/9/16, in the Irish Service Office (ISO), 14a Kevin's St, Dublin 8

Outreach report:**Contact details for Southern Area Outreach:**Outreach email: southernareaoutreach@gmail.comChairperson: **Needed**Vice - Chairperson: **Needed**Secretary: **Needed**

Outreach made no visits to Southern Area meetings this month. All positions need to be filled.

Thanks, Anthony K.

Webmaster Report:

Just a reminder to members, let myself know of any changes are needed to NA meeting list to contact Paul N webmaster@nasouth.ie or 087 1386120.

Thanks, Paul N

Hospitals & Institutes (H&I) report:**Contact details for H&I:**

H&I number: 087 - 459 2117

H&I email: hospitals.institutes.nasouth@gmail.com

Chairperson: Patrick S

Vice-Chairperson: Joe E

Secretary: **Needed****WATERFORD****Ceim Eile Meeting****Sec:** Carmel**Speakers:** Anthony**Ave. Attendance:** 20**Expenses:** €35

Meeting Report: Ciem Eile has moved to new building which can accommodate more residents so meeting will be growing in near future. Relationship between NA and facility is very good.

Also had contact from the manager of women's secondary treatment house and they have requested that NA begin meetings there also have arranged a meeting with the manager on Thursday.

LIMERICK

Bruree Men's Unit Meeting

Sec: James F, Mark W

Speakers: Damien D, Russel C, Angus B, Tom H

Ave. Attendance: 24

Expenses: €30

Meeting Report: Centre is happy that NA is getting in on regular basis now relationship is really good. All is going well.

Bruree Women's Unit

Sec: Philomena

Speakers: Shauna

Ave. Attendance: 30

Expenses: €20

Meeting Report: Meeting went well. Still trying to find a secretary for a second meeting requested by Bruree finding it very difficult to fill this position.

Regional Hospital Limerick (5b)

Sec: Philip

Speakers:

Ave. Attendance:

Expenses: €0

Meeting Report: The meeting did not go ahead as Philip could not do it due to family commitments and the person he had arranged to cover got the day and time mixed up.

Limerick Prison Women's Unit Meeting

Sec: Tasha F

Speakers: Rebecca

Ave. Attendance: 3

Expenses: €10

Meeting Report: Meeting is going really well staff is getting used to NA and are friendly. One new comer attended along with two girls who attend every month. Aileen and Elizabeth have now been cleared and have done the induction so can now attend meetings in the prison.

Limerick Prison Men's Unit Meeting

Sec: Mark W

Speakers:

Expenses: €18 for laminated readings and preambles. Includes the ones for cork prison also.

Meeting Report: Waiting for Mark's prison clearance to come so that meetings in the men's unit can begin, time and date to be arranged. Paul has been cleared and has done his induction, 5 other people have been put forward for clearance. Should be in good shape going forward when meeting gets started.

CORK

Cork Prison Meeting

Will be contacting Cork prison as soon as limerick men's unit is up and running and can focus fully on Cork then.

St. Helens Meeting**Sec:** James, Dara**Speakers:** Tony, John**Ave. Attendance:** 11**Expenses:** €0**Meeting Report:** Meeting going well.**Cara Lodge Meeting****Sec:** Jamie, Joe**Speakers:****Ave. Attendance:****Expenses:** €**Meeting Report:** Meeting didn't go ahead as there is a lack of available speakers and confusion between secretaries.**Tabor Lodge Meeting****Sec:** Paul, Ciaran**Speakers:****Ave. Attendance:** 15**Expenses:** €0**Meeting Report:****Farnanes Meeting****Sec:** Michelle B**Speakers:** Olivia, Roseanna**Ave. Attendance:** 26**Expenses:** €0**Meeting Report:** Michelle has taken over secretary's position settled in fine and meeting went well.**Phone report:****Contact details for Southern Area Phone:**Southern Area Phoneline number: 087 - 138 6120 (*6pm - 9pm daily*)www.nasouth.ieinfo@nasouth.ie

Chairperson: Dermot M

Vice-Chairperson: **Needed**Secretary: **Needed**

- 8 calls from members
- 5 calls from newcomers
- 3 calls from professionals
- 2 calls from concerned persons

The voicemail has now been set up for the phone. Most calls are coming in during the day outside of the allocated time frame. The chairperson has no problem answering the phone at any time of the day and has been doing so whenever calls come through.

AREA GROUP MEETING REPORTS

CORK

Georges Quay Women's Group: (Mondays @ 6.30pm)

GSR: Needed

Ave. Attendance: 5

Group Report: Average attendance has reduced substantially since the women's treatment centre, Renewal, has started a meeting on Mondays.

Rutland Street Men's Group: (Mondays @ 7pm)

- No report given.

Schull- Living Clean By the Sea Group: (Mondays @ 8pm)

GSR: Joe E

Ave. Attendance: 4

Group Report: All positions filled. We are in the process of having one group in West Cork comprising of two meetings.

Hillside Solas Group: (Mondays @ 8.15pm & Saturdays @ 8pm)

- No report given.

Eason's Hill Group: (Tuesdays @ 6.15pm)

GSR: Steven M

Ave. Attendance: 10

Group Report: Group needs a GSR and a Treasurer. The group is also looking for support as it is only just covering their rent.

Donation: €20

Trinity Group: (Tuesdays @ 8.00pm)

- No report given.

We Do Recover Group: (Wednesdays @ 1pm & Friday @ 8pm)

GSR: Jamie B

Ave. Attendance: 25

Group Report: Group is going well and all positions are filled.

Donation: €30

Churchfield Group: (Wednesdays @ 6.30pm and Sundays 12pm) contact: churchfield@nasouth.ie

GSR: James O

Ave. Attendance: 10

Group Report: Group is going well. Average attendance is up in both meetings. All positions are filled.

Donation: €5

Strength & Hope Group: (Wednesdays @ 8pm & Sunday 2pm)

GSR: Valerie O D

Ave. Attendance: 20

Group Report: Meeting is going well. A secretary is needed for Wednesday meeting.

Donation: €40

More Will Be Revealed Group, Ballincollig: (Thursdays @ 7pm)

- No report given.

La Verna Group: (Thursdays @ 8.00pm) contact: laverna@nasouth.ie

GSR: Timmy O C

Ave. Attendance: 20

Group Report: Meeting is going well. All positions filled.

Donation: €20

Fermoy Group: (Thursdays @ 8pm)

- No report given.

Easons Hill: (Fridays @ 11.30am)

GSR: Rachel C

Ave. Attendance: 9

Group Report: Meeting is going well. Newcomers attending.

Skibbereen Group: (Fridays @ 8.00pm) contact: skibb@nasouth.ie

GSR: Dara L

Ave. Attendance: 5

Group Report: Meeting is going well. A secretary is needed for Wednesday meeting.

Donation: €40

Dominican Centre Group: (Saturdays @ 3.00pm)

- No report given

Community Centre, Sawmill Street: (Sundays @ 8pm)

- No report given

PoljaNA Group: (Sundays @ 10am)

- No report given

KERRY

Freedom Group, Tralee: (Mondays, Thursdays & Saturdays @ 8.00pm)

- No report given

Dingle Group, John Street: (Tuesdays @ 7:30pm & Fridays @ 8.30pm)

- No report given but provided donation of €70.

Killarney Group, Rock Road: (Tuesdays & Saturdays @ 8pm)

GSR: Dermot M

Ave. Attendance: 4

Group Report: Meeting is struggling. Could do with support

Donation: €20

Listowel Group: (Tuesdays @ 8pm) contact: listowel@nasouth.ie

- No report given

Unity Group in Tralee: (Saturdays @ 10am)

- No report given

Talbot Grove Group: (Sundays @ 8:00pm)

GSR: Stephen B

Ave. Attendance: 15-20

Group Report: Meeting is going well. All positions filled.

Donation: €50

WATERFORD

St. John's Group, Waterford: (Mondays @ 6pm, Tuesdays @ 8pm, Thursdays @ 7pm, Fridays @ 8pm, Saturdays @ 1pm and Sundays @ 8pm).

GSR: Carmel C

Ave. Attendance: 15-20

Group Report: Meeting is going well. The reserve on the rent has been increased.

Donation: €20

The Manor NA Group, Waterford: (Wednesdays @ 8pm).

- No report given

LIMERICK

Limerick City Group: (Mondays, Wednesdays & Fridays @ 8.30pm in Social Services, with Mondays, Tuesdays & Thursdays @ 11am, also Saturdays @ 1pm & Sundays @ 6.30pm in St. John's Parish Hall)

GSR: Damian D

Ave. Attendance: 15-20

Group Report: Meeting is going well and growing. All positions filled

Donation: €200 (cheque)

Abbeyfeale Group: (Mondays @ 8pm)

- No report given

TIPPERARY

Nenagh Group: (Mondays @ 8.00pm & Thursdays @ 8.30pm)

- No report given

Clonmel Group: (Sundays, Tuesdays & Fridays @ 8.30pm)

GSR: Annmarie H

Ave. Attendance: 9-10

Group Report: Group is going well. All positions filled

Aisieri, Cahir Group: (Wednesdays @ 8.30pm)

GSR: Caroline

Ave. Attendance: 15-20

Group Report: Group is going well.

Donation: €50

CLARE

Ennis & Bushy Park Group: (Mondays, Thursdays & Saturdays @8.30pm in Ennis Friary with Fridays @ 8.30pm in Bushy Park) contact: ennisfriarygroup@nasouth.ie

GSR: Mairead B

Ave. Attendance:

Group Report: Meeting is going well. We are holding an open day in Bushy Park Treatment Centre on Friday September 23rd @ 8.30 pm. There will be speakers from NA and Nar-Anon. All welcome.

Ennistymon – Just For Today Group: (Tuesdays @ 8pm & Saturdays @ 1pm)

- No report given.

Shannon Group: (Sundays & Wednesdays @ 8.30pm)

- No report given.

NEW BUSINESS AT AREA – 11th SEPTEMBER 2016

Southern Area will be moving in the coming month from YMCA to South Parish, Rutland Street, Cork. However, this move is yet to be confirmed.

The Southern Area have approved two cabinets for the literature committee and for frames and other subcommittees. The Southern Area have approved €150 already and a request for an additional €100 was made by Dan Joe.

It was also brought to the attention that South Parish, Rutland St. may not be wheelchair accessible. Members will look into the pricing of ramps to be made available if necessary.

Narcotics Anonymous Related Sites

World Service NA Site: www.na.org

Irish Regional NA Site: www.na-ireland.org

Southern Area NA Site: www.nasouth.ie

For those with Android or Apple devices 'NA Ireland' App is available for download in the PlayStore & the iTunes Store.

Next Southern Area Committee Meeting & AGM

(2nd Sunday of every month)

Sunday, 9th October - @ 3pm in YMCA, Marlboro Street, Cork City

Next Irish Regional Meeting:

(Last Sunday every second month - Jan, March, May, July, Sept, Nov.)

Next Meeting – 12pm Sunday 25/9/16, in the Irish Service Office (ISO), 14a Kevin's St, Dublin 8